



8 May / Mei 2024

Geagte Ouers

Gesondheid en Veiligheid

Ons is bewus van die griep wat tans die rondte doen en ons moet paraat wees. Neem u kind asseblief na u mediese diensverskaffer en hou hom/haar tuis indien nodig – moet asseblief nie 'n siek kind skool toe stuur nie. Dit is raadsaam om in die geval van matige simptome 'n masker te dra, en selfs as voorkomende maatreeël. Ons sal 'n kind met griepsimptome nie toelaat om aan sport deel te neem nie. In hierdie verband het ons u ondersteuning nodig.

Handontsmettingsmiddel is by die skool beskikbaar en ons sal die gebou meer gereeld ontsmet. Wees asseblief verantwoordelik en tree daadwerklik op om ons leerders se welstand te verseker, terwyl ons met ons program voortgaan.

Hemelvaart

Aangesien ons 'n Christelik-gebaseerde skool is, sal ons op Donderdag 9 Mei 2024 'n saalbyeenkoms hou. Die res van die dag is 'n normale skooldag. Ons respekteer alle gelowe en indien enige kind nie die saalbyeenkoms wil bywoon nie, sal ons reëlins vir daardie leerders tref.

Sunridge Build It 7's

Ons verwelkom Saterdag ongeveer agthonderd kinders en u ondersteuning sal hoog op prys gestel word. Kom ons kuier in die ware Sunridge-familiegees met ons besoekers en laat almal toe om die dag en al die geleenthede wat geskep is, te geniet. Baie dankie aan ouers, personeel en borge wat hierdie dag moontlik gemaak het.

Dear Parents

Health and Safety

We are aware of the current flu going around and we need to act responsibly. Please take your child to your medical service provider and keep him/her at home if needed - please do not send a sick child to school. The wearing of a mask with mild symptoms is advisable and even as a preventative measure. We will not allow a child with flu symptoms to participate in sport and need your support in this regard.

Hand sanitizer is available at school and we will sanitize the building more frequently. Please act responsibly and proactively to support the well being of all our learners, while we also follow through with our program.

Ascension Day

As we are a Christian based school we will have an assembly on Thursday, 9 May 2024 in celebration. The rest of the day will be a normal school day. We respect all other religions and should any child not wish to attend this assembly, we will make arrangements for them.

Sunridge Build It 7's

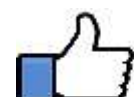
We look forward to welcoming about eight hundred children this Saturday and your support will be greatly appreciated. Let us welcome our visitors in the true Sunridge Family spirit and allow all to enjoy the day and the opportunities created. Many thanks to parents, staff and our sponsors for making the day possible.

Sonskyngroete/ Sunshine greetings

M DE VRIES
Skoolhoof/ Principal



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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

NETBALL: Lia van Rensburg, Peyton Nortjè, Incke Massyn, Jana van Rensburg and Nianè Potgieter have been selected for the final round of the Eastern Cape Netball trials on 18 May 2024.

LIFESAVING: Bellamé Mostert represented the Eastern Cape at the Lifesaving SA Inter Provincial Championships held in Port Elizabeth..

'Life doesn't come with a manual, it comes with a Mom'

Happy Mother's Day



A mother's heart never stops giving



PHOTO GALLERY / FOTOGALERY



KNOW YOUR STAFF

Staff Member: *Leandi Saaiman*

Early Life: I was born and raised in Port Elizabeth. I attended Rowallan Park Primary school from Grade R to Grade 1. Thereafter we moved and continued term 2 at Verkenner Primary School until I finished Grade 7. I attended Framesby High School from Grade 8 to Matric.

Family Life: I have a non-identical twin sister.

Career Life: : I worked as a Marketing Assistant at an Entertainment Company for 5 years. Thereafter, I was employed by Sunridge Primary School as a PT Teacher for the girls. After 4 years in the PT Department, I moved to the academic department. This year I have been working at Sunridge Primary School for 8 years.

Accomplishments: I received honorary colours for playing in the Women's 1st Cricket Team at Framesby High School for 5 consecutive years. I am an SA graded netball umpire.

Interesting facts about yourself: I am confident enough to say that I make the best Mexican food and braai pie. I also taught myself how to crochet via YouTube videos.

Please answer the following questions:

- 1. What was your favourite TV show when growing up?** My sister and I loved watching Pacific Blue.
- 2. Do you have any strange phobias?** I am claustrophobic.
- 3. Are you addicted to any strange hobbies/activities?** I like to clean on odd occasions as I am a neat-freak.
- 4. If you could have any one superpower, which would you choose?** To be invisible.
- 5. What is the first thing you notice about people?** How they speak to another person.
- 6. What was the worst punishment you received in school?** When I was in primary school, we threw little pieces of paper across the classroom to one another. The teacher caught us and we were on classroom cleaning duty for a full term.
- 7. What, or who, are you a secret fan of?** I love watching darts competitions on SuperSport.
- 8. What are the three things you still want to do in your life?** 1.) Watch a Manchester City match live at the Etihad Stadium, 2.) Watch a Coldplay concert live and 3.) Attend a darts competition.
- 9. What is the worst pet you have ever had?** We had a green Rose-ringed parakeet while we were growing up. He was very noisy and irritating. I was extremely relieved when this bird flew away.
- 10. What do you prefer?** **A. Beach** or Bush **B. Braai** or Pizza **C. Winter** or **Summer** **D. Movies** or Series



KEN U PERSONEEL

FOKUS OP: *Dorothy van Eeden*

VROEËRE LEWE: Ek is gebore in Burgersdorp en was daar op laerskool. In my gr.7 jaar het ek saam met my ouers en twee jonger broers na Port Elizabeth verhuis. Ek het my gr.7 jaar by Laerskool Mount Pleasant voltooi en is daarna na Hoërskool D.F. Malherbe toe waar ek gematrikuleer het.

GESINSLEWE: Ek is al tien jaar met my skoolliefde getroud en is 'n mamma van drie oulike lyfies – 'n sesjarige seuntjie, Ben, en 'n tweeling, Zak en Emma, wat aan die begin van die jaar drie geword het.

LOOPBAAN: Ek het onderwys by NMMU studeer en daarna my onderwysloopbaan by Laerskool Tjaart van der Walt begin as 'n gr.1 onderwyseres. Ek het dieselfde jaar 'n gr.2 pos by Sunridge gekry en dit is tans my vyftiende jaar van skoolhou by Sunridge hierdie jaar!

PRESTASIES: Op universiteit het ek die Golden Key toekenning ontvang vir my studies en om 'n Mamma te kan wees, is vir my 'n groot prestasie.

INTERESSANTE FEITE OOR MYSELF: Ek kan klavier speel en het al by Bloukrans gerekspring en oor die Switse Alpe gevalskerm spring. Ek was 'n uitruilstudent in Noorweë vir 'n paar maande en as ek kon sou ek beslis meer wou gaan toer en die wêreld gaan verken. Ek het glad nie groen vingers nie en is baie lief vir sterk koffie!

Beantwoord asseblief die volgende vrae:

1. **Wat was jou gunsteling TV-program toe jy grootgeword het?** Heidi
2. **Het jy enige vreemde fobies?** Ek hou niks van slange nie!
3. **Is jy verslaaf aan enige vreemde stokperdjies/ aktiwiteite?** As tyd dit toelaat, geniet ek dit om te Crossfit.
4. **As jy enige superkrag kan hê, wat sou jy kies?** Om tyd te kon manipuleer!
5. **Wat is die eerste ding wat jy van 'n mens raaksien?** Hulle glimlag
6. **Wat was die ergste straf wat jy op skool gekry het?** Ons moes een Vrydagmiddag die skool se vensters was.
7. **Wat, of wie, is jy 'n geheime aanhanger van?** My ouers – vir al die lewenslesse wat ek by hulle kan leer.
8. **Wat is die drie dinge wat jy nog in jou lewe wil doen?** Ons land en die wêreld meer te gaan verken!
9. **Wat is die ergste troeteldier wat jy ooit gehad het?** 'n Hasie wat alles in sy pad opgevrete het.
10. **Wat verkies jy?** A.Strand of Bos B.Braai or Pizza C.Winter of Somer D. Flieks of Reekse



RUGBY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	GILL	34 - 5	JADEN SASS
U/13A	HANGKLIP	7 - 13	ANRICH BREYTENBACH
U/13A	WESTERING	14 - 5	HANNO WINTER
U/13B	WINTERBERG	10 - 5	MARCUS SCOTT
U/13B			
U/13C			
U/13C			
U/13C			
U/11A	LORRAINE	15 - 0	KIAN ROBERSON
U/11A			
U/11B	HANDHAAF	5 - 5	ZAYDEN HENWICK
U/11B	WINTERBURG	0 - 10	ETHAN DICKS
U/11C			
U/11D			
U/11D			
U/9A	HANDHAAF	0 - 0	LE ROUX HEFER
U/9A	GILL COLLEGE	28 - 0	RIANCO BEKKER
U/9B	CHARLO 9A	0 - 19	CALEB FORTUIN
U/9B	SETLAARSPARK 9A	12 - 0	LIAM SCHOLTZ
U/9C			
U/8 BLUE	HANDHAAF	0 - 2	LIAM VINK
U/8 BLUE	COLLEGE HILL	2 - 5	LEMUEL VAN HEERDEN
U/8 BLUE	GILL	7 - 2	RAYYAN RASSOOL
U/7 BLUE			
U/7 ORANGE			



TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST TEAM MIXED	Newton park b	15 - 13	STEFAN VAN MOLENDORFF
2ND TEAM MIXED	HERBERT HURD B	13 - 7	TIENKE GERBER

NETBALL			
TEAM			
U/13A	HANDHAAF	16 - 18	KARIEN FERREIRA
U/13A	LORRAINE	26 - 8	NIANÉ POTGIETER
U/13A	WESTERING	44 -- 0	JANA VAN RENSBURG
U/13A	DR VILJOEN	36 - 2	NIANÉ POTGIETER
U/13A	STULTING	21 - 3	EMMA FERREIRA
U/13A	WALMER WEST	31 - 4	AMARISSA INGRAM
U/13B	WINTERBURG	1 - 7	SAMANGA FILINI
U/13B	SUSANNAH FOURIE	6 - 6	JESSICA VAN HEERDEN
U/13B	SONOP	4 - 7	LIZE-MAREE DE JONGH
U/13C	CLARENDON PARK	1 - 4	MARLIEN GROBLER
U/12A	RIEBEEK	24 - 1	EMMA STRYDOM
U/12A	STULTING	18 - 3	PEYTON NORTJE
U/12A	ALBERTYN	23 - 0	INCKE MASSYN
U/12A	WALMER WEST	22 - 4	INCKE MASSYN
U/12B	SUSANNAH FOURIE	8 - 3	ABIGAIL VERSTER
U/12B	HERMITAGE HOUSE A	4 - 1	CARMi GERBER
U/12B	WINTERBURG A	5 - 4	LIKA VAN DER MERWE
U/12C	CLARENDON PARK	3 - 2	KARA HEUNIS
U/11A	KIRKWOOD	5 - 5	ANÉ HEFER
U/11A	SONOP	3 - 5	KARIEN VAN RENSBURG
U/11A	HANDHAAF	1 - 11	LIANÉ MULLER
U/11A	WALMER WEST		
U/11B	SONOP	3 - 4	KIANÉ HERION
u/11c	CLARENDON PARK	8 - 1	SINGCWALISE MAHOBE
U/11B	COLLEGE HILL	1 - 1	LANDI JANSEN VAN RENSBURG
U/10A	COLLEGE HILL	9 - 1	DIJANI DU PREEZ
U/10A	HANDHAAF	1 - 7	LEILA SENEKAL
U/10A	FRANS CONRADIE	3 - 8	LEILA SENEKAL
U/10A	WALMER WEST		
U/10B	HANDHAAF	0 - 4	MIA SWANEPOEL
U/10B	HERMITAGE HOUSE	6 - 0	MIECKE KOLESKY
U/9A	ALBERTYN	5 - 1	AVA ELS
U/9A	VERKENNER	5 - 0	SCARLETT PRINSLOO
U/9A	WALMER WEST		
U/8A	GILL	5 - 2	LIANCé DICKS
U/8A	COLLEGE HILL	7 - 0	COURTNEY OOSTHUIZEN
U/8B	WALMER WEST	0 - 3	PAIGE VAN NIEKERK
U/7B	VOORBEREIDING	7 - 0	ALANI BOTHA
U/7B	HANDHAAF	1 - 4	ARIELLE SENEKAL

BOYS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A	MUIR	2 - 0	EZRA SCHOLTZ
U/14A	WESTERING	0 - 0	CONNOR SCHMIDT
U/14A	PRIORY	1 - 0	CALEB WIGHTMAN
U/14A	GEORGE SOUTH	0 - 0	HANU KOEN
U/14A	LORRAINE	0 - 1	JACK BOWLES
U/14A	GEORGE SOUTH	0 - 0	HANU KOEN
U/14B	SUMMERWOOD	1 - 4	JONATHAN CLARKE
U/11A	LORRAINE 11A	3 - 0	ANRICH VAN DER WESTHUIZEN
U/11A	OUTENIQUA 11A	2 - 3	CONNOR ANDERSON
U/11A	WESTERING 11A	1 - 1	JOHANNES VENTER
U/11B			
U/9A	WESTERING	3 - 1	HANRO VAN ROOYEN
U/9B	WESTERING A	0 - 3	JOHAN MULLER



GIRLS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A	SONOP	1 - 0	ABBYGAIL DE LANGE
U/14A	VP	2 - 0	EMMA VAN BAALEN
U/14A	WESTERING	0 - 2	LAIKEN MOOLMAN
U/14A	PRIORY	1 - 0	ARIN COETZER
U/14A	GILL	0 - 0	HAYLEY DU PREEZ
U/14B			
U/14C			
U/11A	WESTERING	0 - 0	BROGAN EKE
U/11A	LORRAINE	0 - 0	AMY BUCHLER
U/11A	SONOP	1 - 0	DANEL DU PLESSIS
U/11A	OUTENIQUA	0 - 1	TAYLOR VAN ROOYEN
U/11B			
U/10A	CHARLO	3 - 3	ANRI VAN ZYL
U/10B	CHARLO	3 - 2	KATRINA SUTTON
U/10C	WESTERING	1 - 0	CINTA JACOBSON
U/10D	WESTERING	2 - 1	LIENKE PEENS
U/9A	WESTERING	3 - 0	ANKE-MARI ROETS
U/9B	WESTERING	1 - 1	NATALI BRISTOW
U/9C	ST DOMINICS PRIORY	1 - 2	O-SHIN SLATER
U/9D	ST DOMINICS PRIORY	2 - 3	MILA ELS



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PRICE LIST 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R630.00/ R655.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R265.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R70.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R195.00 / R210.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R195.00/ R210.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R360.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R270.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R80.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R210.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R255.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00 (sold out)
SPORT TOG BAG	R310.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R85.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R85.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R60.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R60.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R295.00/ R305.00
RUGBY JERSEYS (SUBLIMATED)	R380.00/ R390.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R300.00/ R305.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00/ R240.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R300.00/ R305.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00/ R230.00

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY