

Dear Parents

Final Assessments/ Exams

The final assessments for Grade 4 - 7 learners begins on 8 November 2024 and will end on 22 November 2024. The final assessment mark for Grades 4 - 6 consists of 60% continuous evaluation and 40% examination mark - for Grade 7 40% continuous evaluation and 60% examination mark is the norm. You will therefore see that the final assessments/ examinations begin to play a very important role.

These final formal assessments (exams) are extremely important and no learner may be absent during this time. If a learner is absent we will be obliged to request a medical certificate. All learners go home earlier each day during assessments (exams). Gr.1 - 7 are all dismissed at 12:00. We offer a study class from 12:15 - 13:00 for learners with transport problems and who are not enrolled at an aftercare.

This gives learners the opportunity to eat, rest and then thoroughly prepare themselves for the next day's question paper. This is an extremely important time and we urge you to plan ahead. Please work out a study timetable with your child. We give guidance where we can and have already received a complete demarcation of work. Please motivate your child to work hard and ensure that they revise systematically and meaningfully.

Children need to learn self-pride and self-discipline and there is no better time than during an exam. The following timetable is only a suggestion/ guideline to assist you.

Leave for home and lunch	: 12:00 to 13:00
Rest	: 13:00 to 14:00
Study session 1	: 14:00 to 15:00
Rest and play time	: 15:00 to 15:30
Study session 2	: 15:30 to 16:30
Family time	: 16:30 to 18:30
Study session 3	: 18:30 to 19:30
Bath time	: 19:30 to 20:00
Quiet time	: 20:00 to 20:30
Bed time	: 20:30 to 06:00
Get up	: 06:00 to 06:30
Revision	: 06:30 to 07:00
Breakfast	: 07:00 tot 07:30
To School	: 07:30

We wish all of our learners an enjoyable assessment /exam time.

Sunshine greetings
M DE VRIES
Principal

TAVCOR



SUZUKI



Follow us on
FACEBOOK!



Like

Find us on
Facebook

Geagte Ouers

Finale assessering

Die finale assessering vir graad 4 tot 7 leerders begin op 8 November 2024 en sal op 22 November 2024 eindig. Die finale assesseringspunt vir 2024 bestaan vir graad 4 tot 6 uit 60% deurlopend en 40% eksamen en vir graad 7 is deurlopende evaluering uit 40% en 60% eksamen die norm. U sal dus merk dat die finale assessering of eksamen 'n baie belangrike rol begin speel.

Hierdie finale formele assessering (eksamen) is uiters belangrik en geen leerder mag gedurende die tydperk afwesig wees nie. Indien 'n leerder afwesig is, sal ons verplig wees om 'n mediese sertifikaat aan te vra. Alle leerders verdaag tydens hierdie tydperk elke dag vroeër. Gr.1 tot 7 verdaag om 12:00. Ons gaan 'n studiekلاس vanaf 12:15 tot 13:00 aanbied vir leerders met vervoerprobleme wat nie by 'n nasorg ingeskryf is nie.

Ons gee egter leerders geleentheid om eers te eet, rus en hulself dan deeglik voor te berei vir die volgende dag se vraestel. Dit is 'n uiters belangrike tyd en ons versoek u om betyds te beplan. Werk asseblief saam met u kind 'n studierooster uit. Ons gee leiding waar ons kan en het reeds 'n volledige afbakening van werk ontvang. Motiveer u kind egter nou reeds om hard te werk en sien asseblief toe dat hulle stelselmatig en sinvol hersiening doen.

Kinders moet selftrots en selfdisipline aanleer en daar is geen beter tyd as tydens 'n eksamen nie. Die volgende rooster kan voorgestel word, maar is net 'n riglyn.

Vertrek na huis en middagete	:	12:00 tot 13:00
Rus	:	13:00 tot 14:00
Studiesessie 1	:	14:00 tot 15:00
Rus- en speletyd	:	15:00 tot 15:30
Studiesessie 2	:	15:30 tot 16:30
Familietyd	:	16:30 tot 18:30
Studiesessie 3	:	18:30 tot 19:30
Badtyd	:	19:30 tot 20:00
Stiltetyd	:	20:00 tot 20:30
Slaaptyd	:	20:30 tot 06:00
Opstaan	:	06:00 tot 06:30
Hersieningsessie	:	06:30 tot 07:00
Ontbyt	:	07:00 tot 07:30
Skooltoe	:	07:30

Ons wens elkeen van ons leerders 'n genotvolle assesseringstydperk toe.

Sonskyngroete
M DE VRIES
Skoolhoof



Follow us on
FACEBOOK!



Like

Find us on
Facebook

LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

ATHLETICS: EPA Primary Schools Championships - Alyssa Seaman (7) 3rd 60m & 80m, Anke-Marie Roets (9) 3rd 600m, Tatum Strumpher (9) 2nd 80m, Kiane Herion (11) 2nd 100m & 3rd 80m, Wessel Jordaan (11) 3rd 100m, Braydin Halgreen (11) 1st long jump, Josslyn Suttion (13) 2nd high jump, & Ninke Scholtz (13) 3rd 800m.
SOCCER: Sherzhaard Edinberry received the trophy for the u/9 player of the season at the Caledonian Football club.



YEARBOOK 2024

TO ADVERTISE IN THE YEAR BOOK PLEASE EMAIL MRS GARDNER
wendy@sunridge.co.za

OPTIONS AND PRICES

FULL PAGE A4 COLOUR ADVERT (PORTRAIT)	R4,000.00
1/2 PAGE COLOUR ADVERT (LANDSCAPE)	R2,000.00
NAME ONLY ON THE BOTTOM OF THE PAGE	R300.00

EXTENDED TO WEDNESDAY, 6 NOVEMBER 2024

ALL OPTIONS INCLUDE A YEAR BOOK

ONE ONLY!

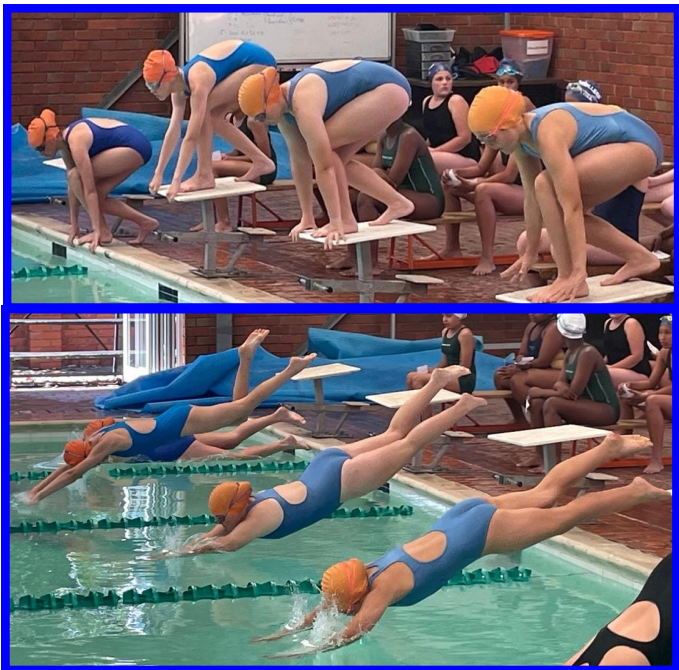
(FIRST COME)

FULL PAGE ADVERT ON THE BACK COVER OF THE YEAR BOOK R6,000.00

SOLD - THANK YOU!



PHOTO GALLERY / FOTOGALLERY



KNOW YOUR STAFF

Staff Member: *Wendy Gardner*

Early Life: I grew up in Cape Town and went to Loreto Convent in Sea Point from Sub A to Matric.

Family Life: I have three awesome children (plus two son-in-law's) and five even more awesome grandchildren. Two of my children and two grandchildren live in PE (Kayla is in Matric and Jaryd is going to Gr 8), they are past Sunridge pupils. My younger daughter, her husband and three children (Amber Year 11, Kylie Year 8 and Seth Year 1) live in Melbourne.

Career Life: I joined the bank straight from school but was lucky enough to be a stay at home mom while my children were in primary school. I coached swimming at Sunridge from 1988 and later netball and in 1998 started working here, in what was then supposed to be 'flexi' time, as the Sport Co-ordinator. The 'flexi' stretched and I am still here.

Accomplishments: I achieved a number of different sports, playing netball, tennis (yes, I played with a wooden racquet!) and swimming. My greatest accomplishment, that tops everything, is being a mom and granny.

Interesting facts about yourself: I am passionate about all sport, especially sport for the physically disabled - in the summer you will find me announcing at galas from C Age Group galas to Olympic trials and in the winter months watching any netball or rugby. I also enjoy taking photos - if you haven't already guessed that!.

Please answer the following questions:

1. **What was your favourite TV show when growing up?** No TV when I grew up, we listened to the radio but I loved watching Barney with my grandchildren.
2. **Do you have any strange phobias?** Believe it or not - thalassophobia (fear of drowning).
3. **Are you addicted to any strange hobbies/activities?** None but I do watch a lot of YouTube vloggers.
4. **If you could have any one superpower, which would you choose?** To be able to heal the world.
5. **What is the first thing you notice about people?** Whether they make eye contact with you or not.
6. **What was the worst punishment you received in school?** None, I was a good convent girl!!
7. **What, or who, are you a secret fan of?** Rachel Platten (Fight song) and if you have daughters listen to 'Girls'.
8. **What are the three things you still want to do in your life?** Watch my Aus grandchildren play basketball, attend the Australian Open (tennis) and the Paralympics - my son-in-law is a 3x Paralympic athlete, medal winner and world record holder.
9. **What is the worst pet you have ever had?** An Abyssinian guinea pig called Pepe that my Dad brought all the way from Cape Town for my children - I'm not sure if our love hate relationship was because I had to clean his cage (he liked to bite) or because I associated him with the last time I saw my Dad.
10. **What do you prefer?** A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



KEN U PERSONEEL

FOKUS OP: *Ria van Heerden*

VROEËRE LEWE: Ek het grootgeword op Somerset-Oos en is 'n oud-Gilliaan.

GESINSLEWE: Ek en Henry was vir amper 30 jaar getroud voor hy in 2008 in 'n motorfietsongeluk oorlede is. Dit het my hele perspektief op die lewe verander. Ek het 3 dogters en 'n seun en my aftree-dierekinders is een hondjie en 'n tamaai groot kat.

LOOPBAAN: Ná skool het ek as vertaler by die Oosterlig begin werk en is ná 'n jaar na Die Burger in Kaapstad verplaas. Ná ons troue het ons op 'n appelpaas by Elgin gebly, waar ek in die kantoor gewerk het. Toe ons Baai toe trek, het ek by Sunridge Primêre Skool as vrywilliger in die snoepie en biblioteek gewerk, is later as bibliotekaresse aangestel en van daar af het ek as ontvangsdame in die kantoor kom werk, waar ek ná 16 jaar aan die einde van 2024 die tuig neerlê.

PRESTASIES: Die geboorte van my kinders was die beste iets wat ooit met my gebeur het. Verder was dit 'n wonderlike dag toe ek in die skoolkantoor begin werk het en die 16 jaar was 'n absolute fees. Ek smelt vir kinders en dit was so lekker om hulle te help met alles wat hulle nodig gehad het.

INTERESSANTE FEITE OOR MYSELF: Ek is in besit van 'n stuurserifikaat vir 'n groot vragskip. Verder is my leuse bewonder en bewaar – ek is vreeslik lief vir die natuur en alles wat lewe .

Beantwoord asseblief die volgende vrae:

1. **Wat was jou gunsteling TV-program toe jy grootgeword het?** Daar was nog nie TV nie, ons het Die Du Plooy van Soetmelksvlei op die radio geluister.
2. **Het jy enige vreemde fobies?** Nie eintlik snaaks nie, maar engtevrees.
3. **Is jy verslaaf aan enige vreemde stokperdjies/ aktiwiteite?** Nee wat, ek is 'n leser .
4. **As jy enige superkrag kan hê, wat sou jy kies?** Om onsigbaar te wees.
5. **Wat is die eerste ding wat jy van 'n mens raaksien?** Hulle oë – die vensters van jou siel.
6. **Wat was die ergste straf wat jy op skool gekry het?** Nee wat, ek was 'n goody two shoes, nooit moeilikheid gemaak nie.
7. **Wat, of wie, is jy 'n geheime aanhanger van?** Rafael Nadal, sy linkerarm is ongelooflik mooi.
8. **Wat is die drie dinge wat jy nog in jou lewe wil doen?** Ek wil graag 'n eindstryd op Wimbledon bywoon, 'n lang treinreis onderneem en leer klavier speel.
9. **Wat is die ergste troeteldier wat jy ooit gehad het?** Al my troeteldiere was nog altyd 'n plesier vir my – ek hou meer van diere as van mense
10. **Wat verkies jy?** A.Strand of Bos B.Braai or Pizza C.Winter of Somer D. Fieks of Reekse



CRICKET RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	WESTERING	Lost 4 wickets	CHRISTIAAN BARNARD
U/13B	WESTERING	Won by 7 wickets	IVIWE ZULU
U/13B			
U/13C			
U/13D			
U/11A	WESTERING	Won by 300 runs	KIAN ROBERSON
U/11B	WESTERING	Won by 190 runs	CALEB BOSCH
U/11C			
U/10A	WESTERING	Won by 9 wickets	TY REDLINGHUIS
U/10B			
U/9A HARDBALL	WESTERING	Lost by 7 wickets	MARNUS MULLER
U/9A MINI			
U/9B MINI			
U/8A			
U/8B			



TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST TEAM BOYS			
2ND TEAM BOYS			
1ST TEAM GIRLS			
1ST TEAM GIRLS			

PRICE LIST OCTOBER 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R650.00/ R665.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R325.00 / R455.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R270.00/ R300.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R75.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R210.00 / R220.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R210.00 / R220.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R420.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R295.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R85.00
POLAR FLEECE BLANKETS	
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R255.00 / R270.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R255.00 / R270.00
RAMBLE SCHOOL BAG BRANDED	R760.00
RAMBLE SCHOOL BAG UNBRANDED	R720.00
LETTER LADY JUNIOR BAG	R460.00
SPORT TOG BAG	R325.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R85.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R65.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R90.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R90.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R65.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R65.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R305.00/ R315.00
RUGBY JERSEYS (SUBLIMATED)	R380.00/ R390.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R300.00/ R305.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00/ R240.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R300.00/ R305.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00/ R230.00

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY