

SUNRIDGE
VANDAG



SUNRIDGE
TODAY

23 February/ Februarie 2024

Geagte Ouers

“I am not young enough to know everything” – Oscar Wilde

U kind is bedags vyf tot sewe ure lank by ons by die skool. Uit baie jare se ondervinding het ons geleer om nie alles te glo wat die kinders vertel oor wat by die huis gebeur nie. Die-selwde behoort te geld vir dit wat by die skool gebeur.

Kom ons stem saam dat ons van mekaar sal verskil – MAAR kom ons doen dit met respek. Dissipline begin by die huis en by die skool probeer ons daarop voortbou.

Die Japannese word as een van die wysste en mees voor-aanstaande nasies in die wêreld beskou. Snaaks genoeg glo hulle dat kinders veel belangriker lesse kan leer as wat in enige toets voorkom. In die eerste plek word goeie gedrag en respek by hul kinders tuisgebring. Hulle koester onafhanklikheid en terselfdertyd die vermoë om as span saam te werk. Daar is geen skoonmakers in skole nie, want die student deel die verantwoordelikhede en is ten volle in beheer van die skoonmaakwerk. Studente leer die belangrikheid daarvan om die omgewing te bewonder en bewaar.

Hoflikheid en stiptelikheid is hoog op die prioriteitslys en hulle **het 'n groot belangstelling in hul studies. Die algemene ontwikkeling is van die mees gevorderde ter wêreld.**

Ons moet versigtig saai – want vir seker is dit wat ons in die toekoms gaan maai. Hier by die skool sal ons altyd by ons beginsels hou – ondersteun ons asseblief om te verseker dat ons **'n sonderlinge nalatenskap agterlaat.**

Dear Parents

“I am not young enough to know everything” – Oscar Wilde

We share five to seven hours daily with your child at school. From years of experience, we have learnt not to believe everything children tell us about what is happening at home. The same should apply as to what is happening at school.

Let us agree to disagree BUT to do so with respect. Discipline is instilled at home and at school we strive to build on it.

The Japanese are considered to be amongst the wisest and most distinguished nations in the world. Funnily enough, they believe that children can learn far more important lessons than can be found in any test. They first and foremost ensure that good behaviour and respect are instilled in their children. They foster independence and at the same time the ability to work as a team. There are no cleaners in schools and the students share the responsibilities and take full charge of cleaning. Students also learn the importance of valuing and conserving the environment.

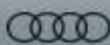
Courtesy and punctuality are emphasized and as a result they have a great interest in their studies. Their overall development ranks amongst the most advanced in the world.

We must look carefully at what we sow because this for sure is what we will reap in the future. At school we will always stick to our principles - please support us to ensure we leave an exceptional legacy.

Sonskyngroete / Sunshine greetings

M DE VRIES
Skoolhoof / Principal

TAVCOR MOTOR GROUP
Great Cars. Great People.



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FACEBOOK!

LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

BIATHLON: Results from EP Championships - Sherzhaard Edinberry 1st (u/9), Leandi Claassen 2nd (u/9), André Strydom 2nd (U/13) and Amalia van der Westhuizen 2nd (u/13)



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- TELKOM NETBALL LEAGUE/ NMU PLAYERS & COACHES
- INNOVATIVE COACHING
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EVERY FRIDAY !

3 Years - 13 Years

TIME: 16:00-17:00

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Registration : R220 (incl. Divas Shirt)
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For More information contact:
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071 683 4055

KNOW YOUR STAFF

Staff Member: *Natalie Smith*

Early Life: I was born in King Williams Town. We moved to Port Elizabeth when I was a year old, when my dad accepted the music position at Sunridge Primary School. I have an older brother and we both attended Sunridge. I attended Alexander Road High School. I am blessed to still have both my parents and we are a very close family.

Family Life: I met my husband Clinton, the year after I matriculated and we have been married for 13 years. We have two boys, Josh is in Grade 4 and James is in Grade 2.

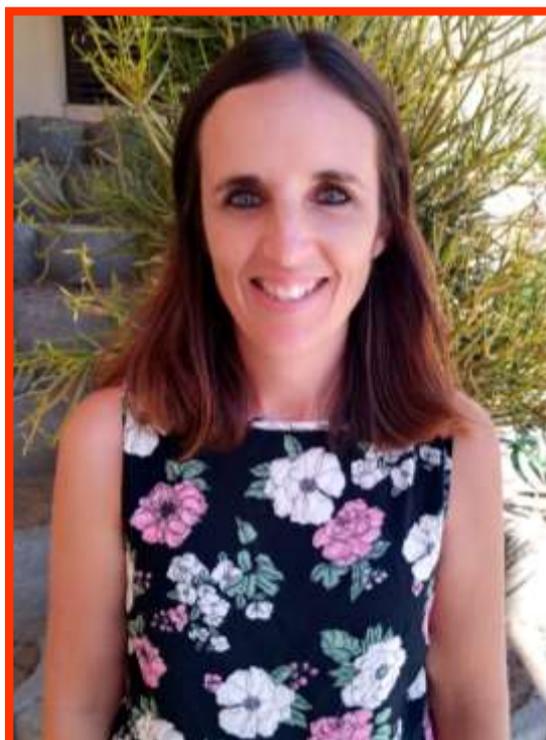
Career Life: I knew I wanted to be a teacher since the age of ten. After I matriculated my dad urged me to take a GAP year to see if teaching was the career I wanted to pursue, a year later I started studying at NMMU and completed my Bed degree at the end of 2008. I started teaching at Sunridge in 2009 and I have been teaching here for the past fifteen years.

Accomplishments: I accomplished many achievements while I studied but my greatest accomplishment is raising my two boys with my husband. Being a mom is by far my greatest achievement.

Interesting facts about yourself: I am not a morning person. I enjoy running and as a family we enjoy being outdoors and camping. I played hockey throughout my school career and water polo for the first two years at Alex. The most adventurous activity I have ever done, is to go sky diving in 2010. I believe in living life simply and having your priorities in order, putting God and my family first is important.

Please answer the following questions:

1. **What was your favourite TV show when growing up?** Full house
2. **Do you have any strange phobias?** I don't like wolves
3. **Are you addicted to any strange hobbies/activities?** Not addicted but I do enjoy running and reading.
4. **If you could have any one superpower, which would you choose?** To read minds.
5. **What is the first thing you notice about people?** Their eyes.
6. **What was the worst punishment you received in school?** I had to clean the school on a Friday afternoon as part of detention.
7. **What, or who, are you a secret fan of?** Nothing that I can think of.
8. **What are the three things you still want to do in your life?** Travel more, see snow again, we hiked for three days in the Tsitsikamma forest many years ago and I would like to do it again with my boys.
9. **What is the worst pet you have ever had?** None, we had many pets growing up and I enjoyed them all.
10. **What do you prefer?** A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



KNOW YOUR STAFF

Staff Member: *Eloise Landman*

Early Life: I was born and raised in Port Elizabeth and I matriculated at Framesby.

Family Life: I've been with my husband, Jacques since 2007 and we have two sons. Jeandré is 15 and Ewald is 13 so I'm officially a mom of two teenagers! As a family we love to camp at Van Stadens.

Career Life: I've been at Sunridge since 2007 and prior to that I worked in Cape Town. In 2020 I thought it was a good idea to study further again and enrolled at UJ where I completed a Post Graduate Advanced Diploma in Remedial Education in 2021.

Accomplishments: Keeping two teenagers alive (LOL). I love being a mom

Interesting facts about yourself: In my teens I did show jumping (C/B grade level) and owned two horses. We currently have two horses (one which we bred ourselves), three dogs, 19 chickens and a cow.

Please answer the following questions:

- 1. What was your favourite TV show when growing up?** Early morning: Grootbek en Katvis. Also loved Macgyver.
- 2. Do you have any strange phobias?** Not fond of heights, or should I say coming down from a high spot.
- 3. Are you addicted to any strange hobbies/activities?** SMS (Sondag Middag Slapie).
- 4. If you could have any one superpower, which would you choose?** To cure Type 1 diabetes.
- 5. What is the first thing you notice about people?** A person's eyes and hands and then how they treat others.
- 6. What was the worst punishment you received in school?** Nothing comes to mind. I was usually on the straight and narrow.
- 7. What, or who, are you a secret fan of?** All Type 1 Diabetes moms
- 8. What are the three things you still want to do in your life?** Visit the Kruger Park, drive a Mustang GT 5.0 and learn to do a J-turn.
- 9. What is the worst pet you have ever had?** A ram that kept head butting everybody.
- 10. What do you prefer? A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series Both**



PHOTO GALLERY / FOTOGALERI



METRO ATHLETICS			
U/10	1st	LONG JUMP	BRAYDIN HALGREEN
U/11	3RD	75M HURDLES	JOCELYN VENEBALES
	3RD 2ND	100M 80M	KIANE HERION
U/12	3RD 2ND	DISCUS SHOT PUT	HAILEY CILLIERS-RUDMAN
	1ST	100M	JANKO HAVENGA
U/13	3RD	SHOT PUT	SIENNA DELPORT

EAST CAPE SCHOOLS SWIMMING TRIALS		
12 YEARS	ELLE ROTH	1ST - 50M BACKSTROKE & 3RD 100M FREESTYLE
	ANDRÉ STRYDOM	1ST - 50M BREASTSTROKE 2ND - 50M BACKSTROKE, 50M & 100M BUTTERFLY, 3RD - 100M BREASTSTROKE, 100M FREESTYLE
13 YEARS	BELLAMÉ MOSTERT	2ND - 50M, 100M & 200M FREESTYLE, 100M BUTTERFLY & 50M BREASTSTROKE.



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CRICKET RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	CLARENDON PARK		
U/13B	GREY D		
U/13C	SUMMERWOOD		
U/13D	THEODOR HERZL	Lost by 8 wickets	JANKO HAVENGA
U/11A	SUMMERWOOD	Won by 214 runs	FLIPPIE SMIT
U/11A	HERBERT HURD	Won by 8 wickets	ANRICH VAN DER WESTHUIZEN
U/11A	CLARENDON PARK	Won by 137 runs	FLIPPIE SMIT
U/11B	ST GEORGES	Won by 126 runs	CALEB BOSCH
U/11C	GREENWOOD A		
U/10A	SUMMERWOOD	Won by 10 runs	KEEGAN JORDAAN
U/10A	CLARENDON PARK	Won by 97 runs	BRAYDIN HALGREEN
U/10A	GREY B	Won by 8 wickets	TY REDLINGHUIS
U/10B			
U/9 HARDBALL	SUMMERWOOD	Won by 6 wickets	LE ROUX HEFER
U/9 HARDBALL	WESTERING	Won by 5 wickets	ADAM ROTH
U/9A MINI	GREENWOOD	Lost by 2 runs	BRAYDEN VOGEL
U/9B MINI	GREENWOOD	Won by 22 runs	MALAN BARNARD
U/8A	LORRAINE	Won by 6 runs	CONLEY JONCK
U/8B	MOREGROVE A	Lost by 6 runs	LINCOLN MARSHALL

TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST TEAM BOYS			
1ST TEAM GIRLS	COLLEGIATE	1 - 36	EMILY ROBERT

LEARNER ACHIEVEMENTS FOR NON-SCHOOL ACTIVITIES

Please send your child's achievements and results, within one week, on the official letterhead of the sport or activity, to Mrs Gardner (wendy@sunridge.co.za). For National or Provincial representation the official letter of selection must be sent to school - recognition will only be given after the competition has taken place and the official results received.

LEERLINGPRESTASIES VIR NIE-SKOOLAKTIVITEITE

Stuur asseblief u kind se prestasies en resultate, op die amptelike briefhoof, binne een week vanaf die sport of aktiwiteit aan mev. Gardner (wendy@sunridge.co.za). Vir Nasionale of Provinsiale verteenwoordiging moet die amptelike keuringsbrief aan die skool gestuur word – erkenning sal slegs gegee word nadat die kompetisie plaasgevind het en amptelike resultate ontvang is.

PRICE LIST 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R630.00/ R655.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R265.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R70.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL, 2XL)	R195.00 / R210.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL, 2XL)	R195.00/ R210.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R360.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R270.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R80.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R210.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R255.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00
SPORT TOG BAG	R310.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R85.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R85.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R60.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R60.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R280.00/ R290.00
RUGBY JERSEYS (SUBLIMATED)	
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY