

Dear Parents

Stories to tell

I have been involved with children and their parents for almost 35 years and it has taught me a lot about our ever-changing world. Brand names, being cool and peer pressure go hand in hand with expectations from home or even the community. All this has an influence on children and how they develop.

Eyebrows were raised when a well known personality said that - **“Wearing unbranded and cheap clothes doesn't mean you're poor. Remember: you have a family to feed. Not a community to impress.”**

This lady definitely hit the nail on the head; a persons reputation has become more important than their character. Reputation is what people know about you BUT character is what God knows about you!

At Sunridge we work hard to ensure we build character; rules, regulations and policies are in place to prevent good people from making mistakes or wrong choices. It is a fact that we all make mistakes - it is important to learn from them and move on!

Toffee Sports Day

Grade 1 and 2 sports day was held on Friday, 20 October 2023. Thank you to all parents and grandparents who attended and supported the children. As always it was a great day and they had the opportunity to participate for fun. What a sight to see them in the pool and run in lanes with no real pressure to win and with the support from their parents and grandparents.

They are all winners for participating. Those who chose to rather be spectators are also winners - most of us will eventually only be spectators and this an important skill to learn.

Madness and crazy expectations cannot hide the fact that less than 3% will make it in the competitive extra mural world at high school and then only 1% will make it after school. This calls for special treatment, understanding and attention to allow children to enjoy, within the rules, the opportunities created for them. We will expose youngsters gradually to more and more competitive participation but winning can never be the measure for success. Many will love it while others will not. Again, not the end of the world nor a place to live our dreams for our children, in the lives of our children.

The day was a huge success and we would like to thank everyone for their attendance and support.

Prefects 2024

Congratulations to the 2024 prefects who were announced on Monday. Those pupils who were not selected still have the opportunity to develop and can be selected as a prefect in the future - it is an open system. There are lessons to be learnt and it is by no means final. **We will announce our head leaders on the 4 December 2023.** All newly selected prefects' parents will be invited to join us for the assembly.

Grade 7 Farewell

We have invited all Grade 7's as our guests to a farewell on the 4 December 2023. The venue will be the gymnasium and the dress code will be casual. The learners know the rules and are well aware this is a privilege and not a right. There will be a special assembly on 5 December to bid them farewell.

Sunshine greetings



M DE VRIES
Principal



Geagte Ouers

Hoor my lied

Ek is al bykans 35 jaar by kinders en hul ouers betrokke en dit het my baie geleer van ons immer veranderende wêreld. Handelsname, om “cool” te wees en groepsdruk gaan hand aan hand met verwagtinge vanuit die ouerhuis of selfs die gemeenskap. Dit alles het ‘n invloed op kinders en hoe hulle ontwikkel.

‘n Bekende persoon se aankondiging dat “om goedkoop klere sonder handelsname te dra, beteken nie jy is arm nie, maar wel dat jy ‘n gesin het om te versorg en nie die wêreld hoef te beïndruk nie,” het die oë laat rek.

Hierdie dame het die spyker op sy kop geslaan – mense se reputasie weeg veel swaarder as karakter. Reputasie is wat mense van jou dink, MAAR karakter is wat God van jou weet!

Ons hier by Sunridge hou voet by stuk om te verseker dat ons karakter bou – reëls, regulasies en beleide word in plek geplaas om te verhoed dat goeie mense foute begaan of verkeerde keuses maak. Ons almal maak foute en dit is ‘n feit – maar dit is belangrik om uit jou foute te leer en dan aan te beweeg!

Toffiesportdag

Vrydag 20 Oktober 2023 was sportdag vir Gr 1 en 2. Baie dankie aan al die ouers en grootouers wat dit kon bywoon en die kinders ondersteun het. Soos altyd was dit ‘n groot dag vir die kinders en het hulle die geleentheid gehad om vir die pret deel te neem. Wat ‘n plesier om hulle in die swembad te sien baljaar en die rieme neer te lê sonder enige druk om eerste te kom – en met die ondersteuning van hul ouers en grootouers.

Hulle is almal wenners, want hulle was waaghalsig genoeg om deel te neem. Diegene wat verkies het om liever toeskouers te wees, was ook in ‘n wensituasie, want die meeste van ons gaan uiteindelik toeskouers wees en dit is ‘n belangrike vaardigheid om op te skerp.

Ongeag hoë verwagtinge sal minder as 3% in die mededingende wêreld van buitemuurse aktiwiteite op hoërskool oorleef, met slegs 1% ná skool. Dit vereis spesiale behandeling, begrip en aandag wat kinders sal toelaat om die geleenthede wat gebied word, binne die reëls te geniet. Ons sal leerders geleidelik aan meer mededingende geleenthede blootstel, maar sukses kan nooit bepaal word deur te wen nie. Baie mense sal hiervan hou, terwyl ander nie sal nie. Weereens nie die einde van die wêreld nie en ook nie ‘n plek waar ons ons drome vir ons kinders moet uitleef nie.

Die toffiesportdag was ‘n groot sukses en ons wil almal hartlik bedank vir hul bywoning en ondersteuning.

Prefekte 2024

Die prefekte vir 2024 is op Maandag 23 Oktober aangekondig en ons wil hulle hartlik geluk wens. Daardie leerlinge wat nie gekies is nie, het steeds die geleentheid om te ontwikkel en dan in die toekoms as prefek gekies te word – dit is ‘n ope stelsel, daar is lesse uit te leer en dit is geensins finaal nie. Ons hoofleiers word op 4 Desember 2023 aangekondig en al die ouers van die nuutgekose prefekte is welkom om vir saalbyeenkoms by ons aan te sluit.

Graad 7-afskeid

Ons het al ons Gr 7's as ons gaste na die afskeid op 4 Desember 2023 genooi. Drag is informeel en ons sal in die gimnasium saamkuier. Hierdie leerders weet dat hulle die reëls moet gehoorsaam en hulle is terdeë bewus daarvan dat dit ‘n voorreg is en nie ‘n reg nie. By ‘n spesiale saalbyeenkoms op 5 Desember sal ons finaal van hulle afskeid neem.

Sonskyngroete



M DE VRIES
Skoolhoof

RAMBLE®

High5

LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

DANCE: Anika Steyn and Leah Price took part at the Talent Africa Nationals. Anika received 2 gold awards for modern dance (9 - 11). Leah (group Jump Shot—hip hop) received a high silver at regionals and a silver medal at nationals. They both received Eastern Cape colours.

SWIMMING: Results from NMBA 4th A League gala. Elle Roth came second in the following events - 100m backstroke, 100m butterfly, 200m IM and 200m backstroke.

EQUESTRIAN: Skyla Seymour represented the Eastern Cape Childrens Level 1 Team at the SAWMGA National Championships.

RADIKALE REDENAARS: The following learners represented the Eastern Cape at Nationals - Dantè Fourie, Brendon Wright, Reghardt van Zyl, Karlie Janse van Rensburg and Minke Nel.

RADIKALE REDENAARS ~ NATIONAL RESULTS / POSITION IN SOUTH AFRICA		
GRADE 4	BRENDON WRIGHT	3 RD IN ENGLISH POETRY & 3 RD IN AFRIKAANS REDENAARS
	REGHARDT VAN ZYL	3 RD IN AFRIKAANS PROSA
GRADE 6	DANTÉ FOURIE	3 RD IN AFRIKAANS PROSA & 5 TH IN AFRIKAANS REDENAARS
GRADE 7	KARLIE JANSE VAN RENSBURG	3 RD IN ENGLISH POETRY
	MINKE NEL	4 TH IN AFRIKAANS PROSA



SUMMER SPORT PHOTOS/SOMERSPORTFOTO'S



Summer sport photos will be taken on Tuesday 31 October 2023. Learners must please come to school dressed in their correct summer uniform (some culture photos will also be taken) and bring their sport clothes with. The following sport photos will be taken: Swimming, Athletics, Tennis, Cricket, Netball (U/12A, B, C, D) and U/11A rugby.

Somersportfotodag is Dinsdag 31 Oktober 2023. Leerders moet asseblief skool toe kom met korrekte someruniform (daar word ook kultuurfoto's geneem) en hul sportklere saambring. Die volgende sportfoto's word geneem: Swem, Atletiek, Tennis, Krieket, Netbal (O/12A, B, C, D) en O/11A rugby.



2023 YEAR BOOK

TO ADVERTISE IN THE YEAR BOOK PLEASE CONTACT WENDY GARDNER
wendy@sunridge.co.za

OPTIONS AND PRICES

FULL PAGE A4 COLOUR ADVERT (PORTRAIT)	R4,000.00
1/2 PAGE COLOUR ADVERT (LANDSCAPE)	R2,000.00
NAME ONLY ON THE BOTTOM OF THE PAGE	R300.00

ALL PAYMENTS AND ARTWORK TO BE
RECEIVED BY WEDNESDAY, 8 NOVEMBER 2022

ALL OPTIONS INCLUDE A YEAR BOOK

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PHOTO GALLERY / FOTOGALERY



CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	HERBERT HURD	Won by 99 runs	CHRISTIAAN BARNARD
U/13B	SUMMERWOOD	Won by 5 wickets	JAN HENDRIK TERBLANCHE
U/13C	WESTERING B	Won by 4 wickets	TRAVIS ANDERSON
U/13D	EXCELSIOR A	Won by 3 wickets	TYLER SIN-HIDGE
U/11A	FRANS CONRADIE	Won by 32 runs	BRADY KRETZMANN
U/11B	ST DOMINICS PRIORY	Loat by 16 runs	MICHAEL VAN ZYL
U/11B	CHARLO	Won by 56 runs	SCHALK KEMP
U/11C	THEODOR HERZL A	Lost by 9 wickets	LOGAN CLAASSEN
U/11C	PARSONS HILL B	Won by 5 runs	KOLBY HARMSE
U/10A	SUMMERWOOD	Won by 8 wickets	NAUDE MEIRING
U/10A	GREY B	Won by 36 runs	KADEN NORTJE
U/10B	HERBERT HURD	Lost by 10 wickets	EMMETT SMIT
U/9A HARDBALL			
U/9A MINI	LORRAINE	7 - 7.6	RIKUS LABUSCHAGNE
U/9B MINI	LORRAINE	21 - 24	JOSH SMITH
U/8 MINI	PARSONS HILL	Won by 2 runs	LE ROUX HEFER

TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST GIRLS	SUMMERWOOD	39 - 24	EMILY ROBERT
MIXED	GONUBIE	16 - 12	MADISON RIESEBERG
1ST GIRLS	GONUBIE	11 - 3	EMILY FERREIRA
1ST BOYS	GONUBIE	6 - 8	DANIEL NELL
1ST BOYS	CLARENDON PARK C	26 - 16	DANIEL NELL

ATHLETICS - KWAGGA TOP 10			
GIRLS U/13	3RD	75M HURDLES	KARLIE JANSE VAN RENSBURG
GIRLS U/12	3RD	HIGH JUMP	BELLAMÉ MOSTERT
GIRLS U/11	1ST	HIGH JUMP	JOSSLYN SUTTON

PRICE LIST 2023/ 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R630.00/ R655.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R265.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R70.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R195.00 / R210.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R195.00/ R210.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R360.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R270.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R80.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R200.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R250.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00
SPORT TOG BAG	R310.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R85.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R85.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R60.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R60.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R280.00/ R290.00
RUGBY JERSEYS (SUBLIMATED)	
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY