

Dear Parents

We sometimes get to celebrate change and progress as we expose and develop our children by creating opportunities. Winning and losing is part of life and we move forward without making too much of it. We seldom publish results in the media - announcing results is not our aim, nor our way.

We rather keep to the high moral ground than to shout out about winning as this would surely require the same when losing? Amidst many comments made in 2022 we won the EP Super 14 Rugby u/11 and u/13 competition. Our netball took part in the SA Primary Schools Championships and our hockey is gradually taking part and becoming successful at a higher level. We have already seen extraordinary success this year which has been achieved through hard work, creative and different coaching styles and not always to the liking of all.

Attitude remains the key - sometimes the referee or umpire plays a vital roll **BUT** as spectators, supporters, coaches or parents we need to stay out of it. Bite your tongue and swallow your pride as a decision on the playing field cannot be changed after the whistle had gone. The only way to do this with dignity is to play yourself into a team and beat the referee or umpire with result.

Be better by practicing harder, playing smarter, changing your way of thinking, changing your habits and outsmarting those who threaten your joy of victory. You can never keep a good player down.

Positive thinking, positive thoughts and a positive attitude will always overcome challenges. Maybe not today, maybe not on your terms BUT when you least expect it. Well done to all the boys and girls at Sunridge Primary school for their positive attitude and for creating "WOW" moments. Thank you to every coach for their hard work.

Exams and Sport

As we enter the fourth day this is now a reality and the empty sport fields and music classes leave a silence of a different kind. However, Saturday is our Strelitzia Day here at Sunridge and our u/7 and u/8 teams will play rugby, netball and hockey. A thousand young stars will enjoy the opportunities created by Sunridge.

The Family Club will once again step up in support of the day and will be selling our new breakfast bun, pancakes, piping hot coffee as well as something sweet. Many thanks to those moms who have availed of their time to work - heartfelt thanks too, to our staff who give up their Saturday to serve the school.

"We do not need magic to transform our world. We carry all the power we need inside ourselves already. " J.K. Rowling

Sunshine greetings



M DE VRIES
Principal



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Geagte Ouers

Terwyl ons geleenthede skep vir ons kinders om blootstelling te kry en te groei, is daar soms 'n kans om verandering en vooruitgang te vier. Wen en verloor is deel van groei en ons stap die pad sonder veel fanfare – uitslae word selde aan die groot klok gehang, want ons kondig nie graag ons resultate aan nie.

Ons bewaar liefds die stilswe – as oorwinnings in die media uitgebasuin word, geld dieselfde tog vir wanneer die span aan die verloorant is? Te midde van vele kommentaar het ons in 2022 stil-stil die OP o/11 en o/13 Super 14-rugbywedstryde gewen. Ons netbal het aan die SA Kampioenskap deelgeneem en ons hokkie raak geleidelik op 'n hoër vlak meer suksesvol. Ons het vanjaar reeds buitengewone welslae behaal - deur harde werk en kreatiewe, alternatiewe afrigtingstegnieke wat nie almal se goedkeuring wegdra nie.

Ingesteldheid bly die wagwoord en die skeidsregter speel soms 'n rol van kardinale belang, **MAAR** as ondersteuners, afrigters of ouers moet ons nie hierby inmeng nie. Bly tjoepstil en sluk u trots – niemand kan 'n besluit op die sportveld verander nadat die eindfluitjie geblaas het nie. Om 'n plek in die span oop te speel en selfs die skeidsregter met resultate te troef, is die enigste manier om dit met waardigheid te doen.

Oefen meer, speel slimmer, verander jou denkwysie en gewoontes. Wees 'n beter mens – laat niemand toe om jou van jou oorwinningsvreugde te beroof nie. 'n Goeie speler sal altyd bo uitkom.

Met 'n positiewe denkwysie, positiewe gedagtes en 'n positiewe ingesteldheid kan alle uitdagings te bowe gekom word – miskien nie vandag nie, miskien nie op jou voorwaardes nie, **MAAR** beslis wanneer jy dit die minste verwag. Ek haal my hoed af vir alle seuns en dogters by Sunridge Primêre Skool wat 'n positiewe ingesteldheid het en “asemrowende” oomblikke optower. Baie dankie aan elke afrigter vir die harde werk.

Eksamen en Sport

Dit is nou die vierde dag van die eksamen en die stilte vanaf die sportvelde en musiekklesse is oorverdowend. Saterdag, op ons Strelitziadag, sal ons onder sewe- en onder agtspelers egter hier by Sunridge op die rugby-, netbal- en hokkieveld uitdraf. 'n Duisend jong sterre sal die geleenthede wat deur Sunridge geskep word, kan benut.

Ons nuwe ontbytrolletjie, asook pannekoek, saam met 'n lekker koppie boeretroos, is die ware Jakob op 'n koue wintersoggend. Ons Famelielub gaan weer hulle kant bring met ietsie vir die soettand. Baie dankie aan al die mamas wat skouer aan die wiel sit – hartlike dank ook aan al ons personeel wat hul Saterdag opoffer om die skool te dien.

“We do not need magic to transform our world. We carry all the power we need inside ourselves already.” J.K. Rowling

Sonskyngroete



M DE VRIES
Skoolhoof



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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

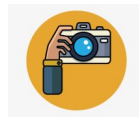
KARATE: Caden Duncan competed in the WJKA karate Nationals on Saturday and won a silver medal for Kumite and a bronze medal for Kata. At the same competition Mieke Jordaan won silver medals for Kumite and Kata.

PHOTO DAY - INDIVIDUAL PHOTOS/FOTODAG - INDIVIDUELE FOTO'S

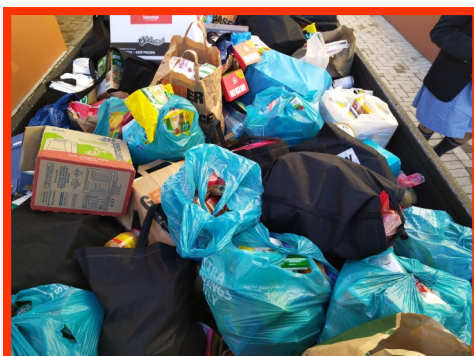


Individual/family photos will be taken on Tuesday, 20 June 2023.
Learners must please wear their correct winter uniform – Gr 4 – 7 with a blazer.
The last day for orders is Wednesday 14 June – no exceptions.

Die individuele/familiefoto's word op Dinsdag 20 Junie 2023 geneem.
Leerders moet asseblief hul korrekte winteruniform dra – Gr 4 – 7 met 'n kleurbaadjie.
Die laaste dag vir bestellings is Woensdag 14 Junie – geen uitsonderings.



THANK YOU!



GIRLS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A	CRADOCK	3 - 0	KARLIE JANSE VAN RENSBURG
U/14B	CRADOCK	2 - 0	AMELIE VLOK
U/14C	CRADOCK	1 - 0	LEILA SEARLE
U/11A			
U/11B			
U/10A MINI	CRADOCK	6 - 8	ANIKA STEYN
U/10A MINI	ASTRA	4 - 0	BROGAN EKE
U/10A MINI	WESTERING	1 - 0	ANIKA STEYN
U/10B MINI	ASTRA	11 - 0	CYPRUS NICHOLAS
U/10B MINI	HERBERT HIURD	3 - 1	LIANÉ MULLER
U/10B MINI	CRADOCK	5 - 3	LARA JANSE VAN RENSBURG
U/9A MINI	WESTERING	0 - 0	ANRI VAN ZYL
U/9A MINI	1HERBERT HURD	1 - 0	MAKAYLA DE LANGE
U/9A MINI	COLLEGIATE	2 - 1	CHELSEY DE WET
U/9B MINI	WESTERING	5 - 0	KARA STRYDOM
U/9B MINI	HERBERT HURD	3 - 0	MICHAELA NEL
U/9B MINI	COLLEGIATE	1 - 2	EMILY GERBER



BOYS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A	LORRAINE	2 - 0	TYLER BUHAGIAR
U/14B	GREY D	0 - 3	COLE WILLIAMS
U/11A	LORRAINE B		ANRICH VAN DER WESTHUIZEN
U/11B	LORRAINE C	2 - 0	DANIEL NELL
U/9A MINI	HERBERT HURD	0 - 5	TY REDLINGHUIS
U/9A MINI	HERBERT HURD B	4 - 1	RIKUS LABUSCHAGNE
U/9A MINI	ASTRA	2 - 1	ETHAN NIENABER
U/9B MINI	HERBERT HURD C	1 - 0	LUKE THEUNISSEN
U/9B MINI	HERBERT HURD D	2 - 0	MARTHINUS LE ROUX
U/9B MINI	ASTRA	4 - 0	MARTHINUS LE ROUX

RUGBY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	GREY	29 - 15	BEVUYA KLAAS
U/13B	GREY	31 - 5	DANTÉ FOURIE
U/13C	GREY	12 - 15	JOHANNES BUYS
U/11A	GREY	5 - 10	FRANCO DU TOIT
U/11B	GREY B	7 - 34	KIAN ROBERSON
U/11C	GREY E	0 - 20	BAYNARD RADEMEYER
U/11D	GREY 10D	46 - 0	HOUGHARDT DE VILLIERS
U/9A	GREY	34 - 7	DIVAN FOURIE
U/9B	GREY C	17 - 0	LIAN ODENDAAL
U/9C	GREY D	5 - 50	JUNIOR GQABOTI
U/8 BLUE			
U/8 ORANGE			
U/7 BLUE			
U/7 ORANGE			

SUPER RUGBY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A			
U/11A			

CHESS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
SENIOR			
JUNIOR			

TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST MIXED			
2ND MIXED			



NETBALL			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13 INV	KIRKWOOD	15 - 10	ACHUMILE MKOBA
U/13B			
U/12A	KIRKWOOD	12 - 4	NIANÉ POTGIETER
U/12B			
U/11A	KIRKWOOD	16 - 2	PEYTON NORTJE
U/11B			
U/10A	KIRKWOOD	1 - 14	LIANÉ MULLER
U/10B			
U/9A	KIRKWOOD	10 - 4	ELIANA TUCKER
U/9B			
U/8A			
U/8A			
U/8B			
U/8B			
U/7A			
U/7A			
U/7B			
U/7B			



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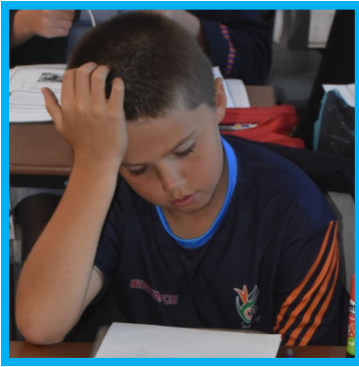
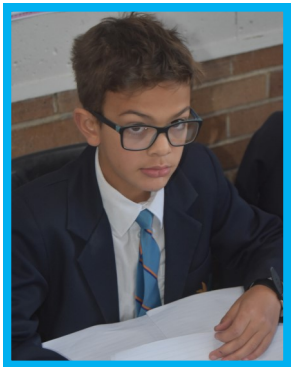
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NEW ITEMS FOR SALE	PRICE
BLAZERS	R600.00/ R620.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R255.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R25.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R65.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL, 2XL)	R185.00 / R200.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL, 2XL)	R185.00/ R200.00
RIPSTOP JACKETS (4-6, 6-8, 8-10, 10-12, 13-14, S, M, L,XL)	R320.00/ 390.00
RIPSTOP PANTS (4-6, 6-8, 8-10, 10-12, 13 –14, S, M, L, XL)	R230.00/ R300.00
GIRLS PT SHORTS	R155.00 / R175.00
RUGBY SHORTS	R165.00 / R180.00
GIRLS HOT PANTS	R100.00
GIRLS SKI PANTS	R110.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R75.00
POLAR FLEECE BLANKETS	R150.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R200.00/ R200.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R225.00/ R235.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE JUNIOR BAG BRANDED	R500.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R375.00
SPORT TOG BAG	R285.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R75.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R55.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R75.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R75.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R55.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R55.00
RUGBY JERSEYS (SUBLIMATED)	R360.00 – R370.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R260.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R250.00 – R260.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R280.00/ R290.00

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY

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