

Dear Parents

Tuck Shop

Please note that the tuck shop will only take orders for next Friday, 20 October 2023 as this is our Toffee Sports Day for Grades 1 & 2. Grades 3 - 7 will not be allowed to buy anything during break due to parents and visitors being served. Please place your orders before or on Thursday, 19 October 2023.

Lice Outbreak

This is not something new nor anything to be ashamed of. Lice like clean hair but unfortunately needs to be treated. Please check your child, inform us and keep him/her at home until cleared. We will publish tips on the matter but need your support as it is not nice to have to phone a parent and ask for a child to be fetched.

General

As we create opportunities for all our learners we find many who 'grab' these with both hands while others choose to let them pass by. We have great respect for those who try and never give up - they can be proud of themselves.

Team participation is of the utmost importance and team players never become bigger than the team. As there is no "I" in the word team we all need to acknowledge the value of the team.

When a team plays and wins, we will always find "backing" and an ownership attitude while when they lose it becomes a "blame game" with fingers pointing! We can never compare one year or group with another as we do not "buy in" learners or players to achieve outcomes. The mere fact that people compare players or teams on primary school level shows ignorance.

2023 was a good year on the sports field for hockey, cricket, netball, and rugby while on the cultural and academic front we "shake and move" way beyond the normal. Our very first WOW spelling SA Champion, Reghardt van Zyl, deserves an accolade while Lu-Ann Janse van Rensburg's third place also needs to be commended. Well done!

We have to acknowledge our u/12 EP rugby players after receiving a phone call from a prominent province to congratulate you on their high standard of rugby. We look forward to acknowledging and publishing the results of all achievements and kindly request parents to email results to info@sunridge.co.za and wendy@sunridge.co.za to allow us to give the relevant recognition.

As our Grade 7's face their last hurdle at primary school level we wish them all the best with the upcoming exams. They will seldom return to the nest (primary school) where the foundation is solid and the cornerstone for their future is laid. We seldom pay attention to the foundations of buildings, so we accept that our goal in life as primary school teachers is to ensure they can continue to build with confidence.

May Term 4 be a great one for all - make time for the small things in life and ensure that your "Thank you's" and smiles reach out to uplift others - anyone can break down but only a few can build.

"The thing that is really hard, and really amazing, is giving up on being perfect and beginning the work of becoming yourself." – Anna Quindlen

Sunshine greetings



M DE VRIES
Principal



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Geagte Ouers

Snoepie

Neem asseblief kennis dat die snoepie slegs bestellings sal neem vir Vrydag 20 Oktober 2023, want dit is ook ons Toffie-sportdag vir Gr 1 en 2. Gr 3 tot 7 sal nie toegelaat word om gedurende pouse by die snoepie te koop nie, omdat die ouers en besoekers dan bedien moet word. Alle bestellings moet asseblief voor of op 19 Oktober geplaas word.

Kopluse

Dis so oud soos die berge en niks om oor skaam te wees nie. Luise hou van skoon hare en dit moet ongelukkig behandel word. Monitor asseblief u kind se hare, stel ons in kennis en hou hom/haar tuis totdat die kop heeltemal skoon is. Ons sal wenke aanbied om hierdie probleem die hoof te bied, maar ons het u ondersteuning nodig – **dit is nie lekker om 'n ouer te skakel en te vra dat die kind gehaal word nie.**

Algemeen

Terwyl ons geleenthede vir leerders skep, ervaar ons dat sommige die geleenthede met albei hande aangryp, terwyl ander verkies om dit te laat verbygaan. Ons het die grootste waardering vir daardie mense wat probeer en nooit tou opgooi nie – hulle mag maar trots wees.

Spandeelname is uiters belangrik en spanspelers word nooit belangriker as die span nie. Daar is geen “ek” in die woord span nie, daarom moet ons almal die waarde van die span insien.

Wanneer 'n span wen, kry ons altyd ondersteuning en 'n gevoel van eienaarskap, terwyl daar verwyte rondvlieg wanneer 'n span verloor – die skuld moet op iemand gepak word! Ons kan nie die een jaar of die een groep met die ander vergelyk nie, want ons “koop” nie leerders of spelers om 'n gunstige uitkoms te kry nie. Die blote feit dat mense spelers of spanne op laerskoolvlak vergelyk, toon hul onkunde.

2023 was 'n goeie jaar op die sportveld wat betref hokkie, krieket, netbal en rugby, terwyl ons die krane op kulturele en akademiese gebied oopdraai. Ons is so trots op ons heel eerste SA WOW-spelkampioen, Reghardt van Zyl, terwyl Lu-Ann Janse van Rensburg se derde plek ook vermelding verdien. Knap gedaan!

'n Mens weet jou O/12 OP-rugbyspelers is uit die boonste rakke as jy 'n telefoonoproep van gelukwense van 'n prominente provinsie ontvang. Ons erken en publiseer graag uitslae van alle prestasies en ouers word vriendelik versoek om ons deur middel van info@sunridge.co.za en wendy@sunridge.co.za hiervan in kennis te stel.

Ons Gr 7's is nou in die pylvak van hul laerskoolloopbaan – ons beste wense vergesel hulle met die jaareind-eksamen. Hulle keer selde na die nes (laerskool) terug, waar die fondament stewig is en die hoeksteen vir hul toekoms gelê is. Ons gee min aandag aan die fondament van 'n gebou, maar ons kan aanvaar dat dit stewig is en dat daar met vertroue verder gebou kan word.

Mag kwartaal vier die beste wees vir 'n ieder en 'n elk – maak tyd vir die klein dingetjies in die lewe en werk aan die “dankiesê” en glimlag. Almal kan afbreek, maar bitter min kan bou.

“The thing that is really hard, and really amazing, is giving up on being perfect and beginning the work of becoming yourself.” – Anna Quindlen

Sonskyngroete



M DE VRIES
Skoolhoof



LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

WOW SPELFEEES: The following learners represented the Eastern Cape at the National Finals at Stellenbosch University - Reghardt van Zyl (1st overall Gr 4), Lu-Ann Janse van Rensburg (3rd overall Gr 2), Elle Roth and Danté Fourie.

ATKV-REDENAARS: Jessica Coetzer represented the Eastern Cape at the National finals.

CRICKET: Dandré Henwick represented South Africa in the u13 World Series Indoor cricket team at the WICF Indoor Cricket Junior World Series in Dubai. They finished as runners up after they lost in the finals against Australia. **Kian Roberson** (u/10) and **Hanru Hayward** (u/12) represented the National Indoor Cricket South Africa teams at the National In-land/ Coastal Tour.

CHESS: Liam Prinsloo (U/12) represented NMB Chess at the EC Chess Championships and finished in the top 10 - the u/12 team finished in 1st position.

WRESTLING: Ross Vuyk participated in the EP Invitation Tournament and finished 1st in the Presidents division and 2nd in the Schools division.

GYMNASTICS: Chloe Muller represented EC Gymnastics at Gymnastics South Africa's National Gym Games 2023.

CHOIR: The following learners were successful members of the Eastern Cape Junior Children's Choir - **Liam Prinsloo** (100% attendance over the 5 years he has been a member of the choir), **Stian Gerber**, **Zander Gerber**, **Mijanje le Roux** and **Juané Stander**.

SWIMMING: Bellamé Mostert won the following medals at the Freda Barnard Gala in Oudtshoorn – Gold medals for 50m, 100m & 200m freestyle and silver medals for 50m, 100m & 200m breaststroke and 200m mixed medley relay.

ANGLING: Lara Potgieter (9) has been awarded full Eastern Province colours for Light Tackle Boat Angling - she represented the EP u/16 team at the All Coastal Estuary competition and came first overall.

SHOOTING: Franco du Toit (11) represented the Eastern Cape at the SA Precision Sport Shooting Federation Nationals and achieved 3rd place in the Juniors age group (u/18) in the 50m Unlimited class.



NB

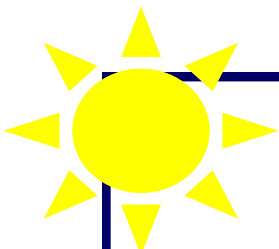
Summer uniform

**Summer uniform is compulsory
from Monday, 16 October 2023**

LW

somer uniform

**Someruniform is verpligtend
vanaf Maandag 16 Oktober 2023**



ORDERS FOR WINTER SPORT PHOTOS/ WINTERSPORTFOTOBESTELLINGS

The closing date for winter sport photo orders is 09:00 on Friday 20 October 2023. NO LATE ORDERS WILL BE ACCEPTED.

Die sluitingsdatum vir wintersportfotobestellings is 09:00 op Vrydag 20 Oktober 2023. GEEN LAAT BESTELLINGS SAL AANVAAR WORD NIE.

PHOTO GALLERY / FOTOGALERIJ



CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	EIKESTAD	Won by 8 wickets	DANDRÉ HENWICK
U/13A	CAMBRIDGE	Won by 5 wickets	STEVAN TRYTSMAN
U/13A	CREWE	Won by 9 wickets	STEVAN TRYTSMAN
U/10A	HANDHAAF	Won by 9 wickets	KIAN ROBERSON
U/11A	HANGKLIP	Won by 56 runs	COLE HENDRICKS
U/11A	WOODRIDGE	Won by 1 run	JACK FERREIRA
U/11A	KINGSWOOD	Lost by 6 runs	DYLAN TERBLANCHE
U/10A	WESTERING	Won by 102 runs	FLIPPIE SMIT
U/9A HARDBALL	BULLS ACADEMY	Won by 9 wickets	WIANDRÉ MASSYN
U/9A HARDBALL	LORRAINE	Won by 3 runs	BRAYDIN HALGREEN



TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST GIRLS	COLLEGIATE A	12 - 33	EMILY FERREIRA
1ST BOYS			



PRICE LIST 2023

NEW ITEMS FOR SALE	PRICE
BLAZERS	R600.00/ R620.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R255.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R65.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R185.00 / R200.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R185.00/ R200.00
RIPSTOP JACKETS (4-6, 6-8, 8-10, 10-12, 13-14, S, M, L,XL)	R350.00/ 430.00
RIPSTOP PANTS (4-6, 6-8, 8-10, 10-12, 13 -14, S, M, L, XL)	R270.00/ R300.00
GIRLS PT SHORTS	R155.00 / R175.00
BOYS PT/ RUGBY SHORTS	R165.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R80.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R200.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R225.00/ R235.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00
SPORT TOG BAG	R295.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R75.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R75.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R55.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R55.00
RUGBY JERSEYS (SUBLIMATED)	R360.00 – R370.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R260.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R250.00 – R260.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R280.00/ R290.00

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY

PER PILLAR ~ R1,000.00 ~ PER

Our aim : 200 pillars!

Ons doelwit : 200 pilare!

