



Geagte Ouers

Met verloop van tyd het ons tot die besef gekom dat ons Gr 7's nou reeds hul laerskooljare ontgroei het. Dit is hoe dit moet wees en dit is wat ons verwag. Dit is egter ook die "lawwe seisoen" want hulle vang allerhande lawwe goed aan. Stories word versin en skinder is aan die orde van die dag. Alles is net hoorsê en dit is 'n nagmerrie om agter die kap van die byl te kom. Alle stories begin met ek hoor hy/sy het dit of dat gesê of gedoen. Wanneer ondersoek ingestel word, verander dit eensklaps in iemand anders het gesê of gehoor dat hy/sy dit of dat gesê of gedoen het.

Die onaangename werklikheid is dat dit dan op ons skouers rus om dit te hanteer en ook die blaam te dra vir wat kinders gesê of nie gesê het nie!

Ons rig 'n vriendelike versoek aan ouers om ons te ondersteun en by u kind tuis te bring dat hy/sy in warm water kan beland wanneer skinderstories versprei word. Wanneer iemand sien dat iets verkeerds gebeur, moet dit asseblief by die onderwyser aangemeld word, MAAR om skinderstories te versprei, kan mens duur te staan kom.

Ons sien ook al hoe meer dat kinders onvanpas optree en lelige taal gebruik – dit word dan heftig ontken en ouers is blind vir die waarheid. In werklikheid kan dit die norm word en die skuld kan nie voor die skool se deur gelê word nie. Discipline begin tuis en ons sal vir seker 'n belangrike morele stryd verloor as bogenoemde toegelaat word om voort te duur.

'n Brief wat ons reeds vroeër vanjaar wou uitstuur, word hierby aangeheg. Ons het dit teruggehou om die uitwerking te monitor, MAAR met die inligting wat nou tot ons beskikking is, versoek ons dringend dat ouers dit sorgvuldig lees en goed ingeligte besluite neem – dit is van die uiterste belang vir u kind se gesondheid en veiligheid.

Laerskoolleerders hoort nie op die sportveld saam met hoërskoolleerders en volwassenes nie.

Skoolvakansie

'n Welverdiende kort blaaskans is net om die draai. Geniet dit asseblief en rus lekker uit, want slegs drie weke ná die begin van die nuwe kwartaal is die eksamen op ons. Hoewel ons reeds baie bereik het, is daar regtig geen tyd om te mors nie. Talle leerders wat die nagevolge van Covid-19 moes trotseer, het die agterstand ingehaal en ons kan met trots bekend maak dat ons wonderlike welslae, ver bo verwagting, behaal het.

Rapporte

Raporte word by die skool aan leerlinge oorhandig. Die skool sluit om 11:00 en vanaf 11:15 is die skool agter slot en grenzel. Die neiging om 'n kind tuis te hou en hom/haar dan te stuur om die rapport af te haal, is onaanvaarbaar ingevolge ons uitsonderingsbeleid. Owers wat voor 14:30 op Donderdag 29 September 2022 weens uitdagings reëlings getref het deur info@sunridge.co.za, kan rapporte Vrydag tussen 11:00 en 11:15 by die kantoor afhaal.

Geen reëlings, geen rapport – in hierdie geval sal dit dan op die eerste skooldag van die vierde kwartaal aan die kind oorhandig word.

Dear Parents

Over time we have realized that by now Grade 7's have outgrown primary school - expected and well deserved. It is also the "silly season" and a few of them will start to do strange things. Stories are made up and gossiping becomes the order of the day. It all boils down to hearsay and to establish the truth becomes a nightmare. It is all about I heard that he/she did or said that. When investigated it suddenly becomes someone else said or heard that he/she did or said that.

This is not a nice reality as the school then needs to deal with it and also take the blame for what children supposedly said or did not say!

We kindly ask parents to support us and make it clear to your child that by spreading a rumour or being part of gossiping will land them in trouble. If you hear or see something wrong happening, please report it to your teacher BUT to spread stories can get you into serious trouble.

We also find that more and more children act inappropriately, use foul language - it is then bluntly denied and parents are blind to the truth. The reality is that this could become the norm and the school cannot be blamed. Discipline starts at home and we will lose a vital moral battle if we allow the above to continue.

Attached is a letter we intended to release earlier in the year; we withheld it to observe the impact BUT with the current information forwarded to us we urge parents to read it carefully and make well informed decisions - it is of utmost importance for your child's health and safety.

Primary school learners do not belong on the sports field with high school learners or adults.

School Holiday

A well deserved holiday, although short, is almost here. Please enjoy and rest if you can as there are only three weeks in the new term before the year-end exams are upon us. Although we have already achieved a lot, there is no time to waste. Many learners who battled with the gaps created during Covid-19 have caught up and we are proud to report a very high success rate - well above any expectations.

Reports

Reports will be handed out to learners at school. School will close at 11:00 and there will be a total shutdown by 11:15. A trend not to send a child to school and to then send him/her to collect their report within our exception policy is out of line. Parents who make arrangements via info@sunridge.co.za before 14:30 on Thursday, 29 September 2022 due to challenges, can collect reports at the front office from 11:00 - 11:15 on Friday.

No arrangements, No report - it will be handed to the child on the first school day of the fourth term.

SPORT

We have found that a number of Sunridge learners have been approached by or that they have approached sport clubs to participate in their practices and league matches.

Please note that when a learner plays for Sunridge, the player should **preferably** not participate in additional club sport practices, matches and competitions of any kind which are in direct conflict with the school and primary school objectives.

During 2022 we have encountered serious misbehavior in teams, unwelcome and inappropriate playing techniques which have brought our school into disrepute. Disrespectful behavior towards players, coaches and referees was also encountered. Sadly, the origin was not from school. It is imperative that we minimize the possible influences beyond our control.

The coaching strategies of primary school sport differs from club sport. Players tend to adopt a culture of playing for themselves instead of for the team with winning at all cost. They are taught to defend and play extremely aggressively and this reflects as bad sportsmanship when brought into their primary school teams.

There is a huge age difference within the teams, as teams consist of primary and high school players as well as adults in some sport codes. As primary school players, these children are physically and emotionally not ready to participate at such an aggressive and physical level.

Without touching on the fact that primary school children are still growing and that within regulated school sport codes they are not allowed to play up or down in age groups.

Players trying to participate in both club and primary school sport, especially within a short interval, run the risk of burn-out and serious injuries. Stress levels also increase due to the added pressure of having to perform in two separate teams. Taking on two teams in the same season leaves very little time and energy for strength training which can aggravate the issue and result in the player being weak and rundown for crucial pre-season trials taking place as well as in-season league matches which could have an effect on play-offs for regional and national championship tournaments.

Opportunities are created by the school and coaches for learners to learn skills, fitness, conditioning and in-play strategies within their correct age group. There is no need for outside coaching and participation in club leagues as these learners still have many years ahead of them.

A "well-hidden" study in a sport code revealed that less than 3% of primary school learners who perform at a high level reach the same level in high school. With a very high emphasis on winning, many children from high performing schools will stop sport participation as soon as they lose a match or two! This is not healthy or promoting sport and it is not what we promote.

Yes, we play to win and yes we are competitive BUT never at all costs nor in ways not appropriate for primary school learners. If a learner would like to participate in club sport practices, matches and competitions and it clashes or interferes with school sport, we will ask the learner to withdraw from the school sport and team. It is extremely difficult for a coach to try and teach sport strategies to half a team, due to players missing school practice sessions because they are attending a club sport session. We can control and manage internal practices.

The goal for coaches in primary school sport is to promote team effort, participation and harvest a culture of good sportsmanship.

Players are allowed to attend sport clinics, preferably supported by the school and coach, in support of primary school objectives. Kindly provide us (the coach) with the information as we keep a record of players doing so.

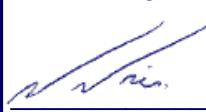
Our first team players are not allowed to participate in or for any other school, club or facility in the specific sport code they represent the school without the consent of the school and coach.

We support players who receive individual and professional training/coaching like in tennis, cricket, chess, athletics, swimming or skills development as in rugby, netball, hockey etc.

We appreciate your understanding and co-operation in this regard.



Sunshine greetings



M DE VRIES
Principal



SPORT

Ons is daarvan bewus dat 'n aantal Sunridge-leerders deur sportklubverteenwoordigers genader is, of hulle self genader het, om aan hul liga-oefeninge en –wedstryde deel te neem.

Neem asseblief daarvan kennis dat, wanneer 'n leerder vir Sunridge speel, hy/sy **verkieslik** nie aan enige bykomende klubsportoeferinge, -wedstryde en -kompetisies wat regstreeks teenstrydig met die skool en laerskooldoelwitte is, mag deelneem nie.

Gedurende 2022 is ons aan ernstige wangedrag in spanne, asook onwelkome en onvanpaste speeltegnieke bloopgestel, wat ons skool in oneer gebring het. Daar was oneerbiedige gedrag teenoor spelers, afrigters en skeidsregters, wat ongelukkig nie sy ontstaan by die skool gehad het nie. Dit is egter van die uiterste belang dat ons die moontlike gevolge, wat buite ons beheer is, tot die minimum beperk.

Die afrigtingstegnieke van laerskoolsport verskil van dié van sportklubs. Spelers is geneig om vir hulself in plaas daarvan om vir die span te speel. Dié spelers het ten doel om ten alle koste te wen. Hulle word geleer om uiters aggressief te verdedig en te speel - en dit word as swak sportmanskap in die laerskoolspan gesien.

Daar is groot ouderdomsverskille binne die spanne, wat bestaan uit laer- en hoërskoolspelers, asook volwassenes in sommige sportkodes. Hierdie laerskoolkinders is nie fisies of emosioneel gereed om op so 'n aggressiewe en fisiese vlak deel te neem nie.

Spelers wat poog om aan beide klub- en laerskoolsport, veral met 'n kort tussenpose, deel te neem, loop die gevær van uitbranding of ernstige beserings. Die stresvlakte word ook verhoog a.g.v. die bykomende druk om in twee afsonderlike spanne te speel. Wanneer iemand in dieselfde seisoen in twee spanne speel, bly daar weinig tyd en energie oor vir kragoefeninge, wat 'n knuppel in die hoenderhok gooi en tot gevolg het dat die spelers swak en uitgeput is tydens beslissende voorseisoenproewe, asook ligawedstryde gedurende die seisoen. Dit kan 'n nadelige uitwerking op uitspeelwedstryde vir Nasionale en Streekskampioenskapstoernooie hê.

Boonop is dit 'n feit dat laerskoolkinders steeds groei en binne gereguleerde skoolsportkodes word hulle nie toegelaat om buite hul ouderdomsgroep deel te neem nie.

Die skool en afrigters skep geleenthede vir leerders vir die aanleer van vaardighede, fiksheid- kondisionering en speelveldstrategieë binne hul korrekte ouerdomsgroep. Daar is geen rede vir buite-afrigting en deelname aan klubligas nie, want hierdie leerders het nog 'n lang pad om te stap.

'n "Deeglik verskuilde" studie binne 'n sportkode het onthul dat minder as 3% van laerskoolleerders wat op hoë vlak deelneem, selde dieselfde vlak op hoërskool bereik het. Omdat die klem daarop is om te wen, sal talle kinders van hoëprestasieskole ophou deelneem sodra hulle 'n wedstryd of twee verloor! Dit is beslis 'n ongesonde toedrag van sake, nie in die belang van sport nie en die skool is beslis nie ten gunste hiervan nie.

Ja, ons speel om te wen en ja, ons is mededingend, MAAR nie ten alle koste nie en slegs op 'n wyse wat vir laerskoolleerders geskik is. Indien 'n leerder aan klubsportoeferinge en -wedstryde wil deelneem, maar dit bots met skolesport, sal ons die leerder vra om uit die skoolsport en span te onttrek. Dit is ongelooflik moeilik vir 'n afrigter om sportstrategieë aan 'n halwe span te verduidelik weens die awesigheid van spelers wat aan 'n klubsportsessie deelneem. Ons kan egter interne oefeninge hanteer en bestuur.

Laerskoolsportafrigters streef daarna om spanwerk, deelname en 'n kultuur van sportmanskap te vestig.

Spelers word beslis toegelaat om sportklinieke by te woon – verkieslik deur die skool en afrigter goedgekeur ter ondersteuning van laerskooldoelwitte. Deel die inligting asseblief met die afrigter, want ons hou rekord van die spelers wat hierdie besluit neem.

Ons eerstespanspelers mag nie sonder toestemming van die skool en afrigter in of vir 'n ander skool, klub of fasiliteit deelneem in dieselfde sportkode waarin hulle die skool verteenwoordig nie.

Ons ondersteun spelers wat individuele en professionele oefening/afrigting in tennis, krieket, skaak, atletiek of vaardigheidsontwikkeling soos in rugby, netbal, hokkie, ens. ontvang en ons is nie gekant teen klubsportoeferinge nie.

Ons hoop dat u begrip het en met ons in hierdie verband sal saamwerk.



Sonskyngroete



M DE VRIES
Skoolhoof



LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word

CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	HERMANUS	Won by 3 wickets	MALAN MEIRING
U/13B	VERKENNER	Lost by 165 runs	JORDAN NELL
U/11A			
U/11B			
U/9A HARDBALL	WESTERING	Won by 181 runs	LIEHAN BARNARD

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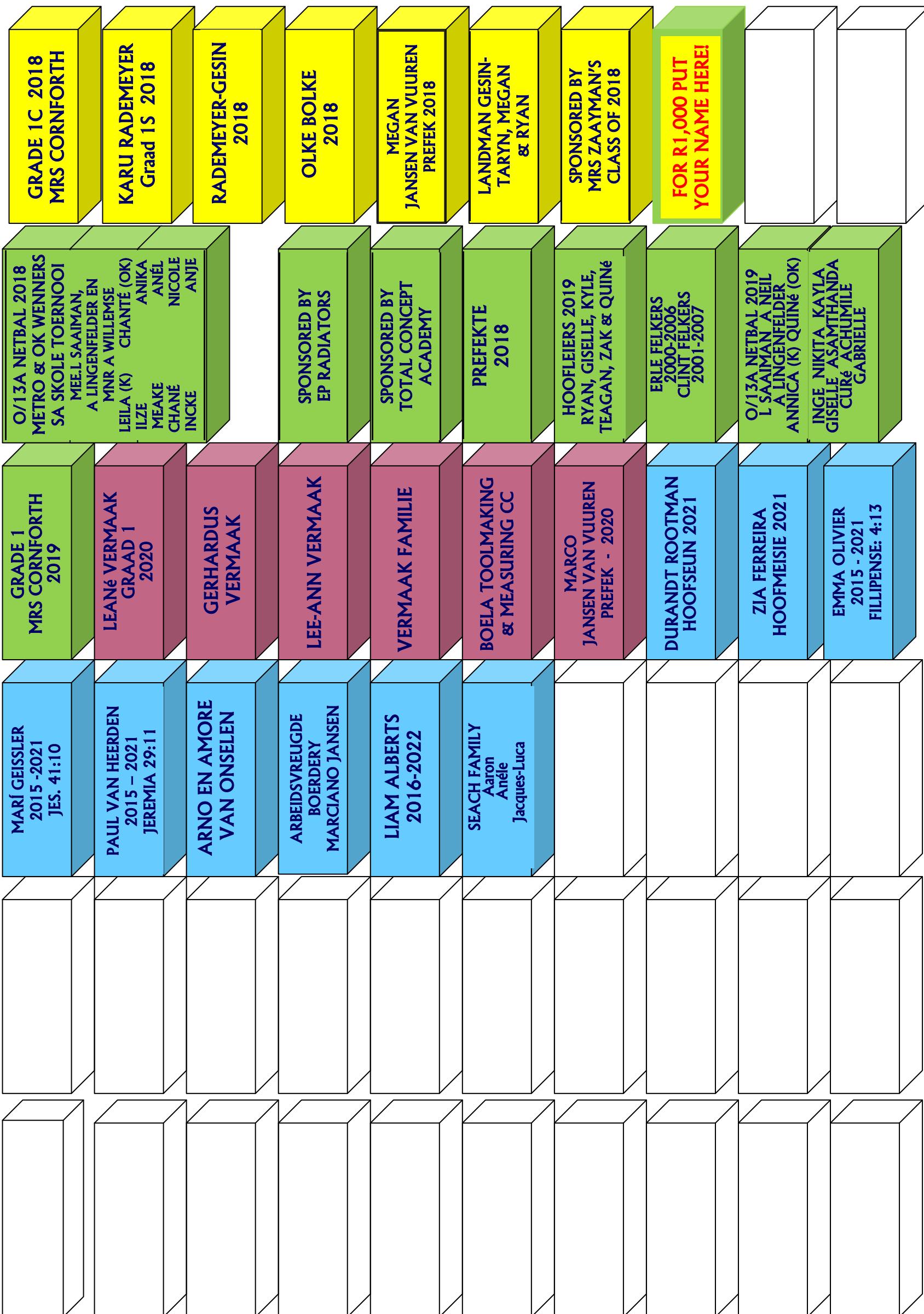
Monday	Appointments only from 12:00 to 14:00 (Gate 14A only) No appointments needed from 14:15 to 17:00 - use Gate 12 only
Tuesday	Appointments only from 08:15 to 13:45 (Gate 14A only)
Wednesday	Appointments only from 08:15 to 13:45 (Gate 14A only)
Thursday	Appointments only from 08:15 to 13:45 (Gate 14A only)
Friday	Appointments only from 07:15 to 12:45 (Gate 14A only)

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Our aim : 200 pillars!

Ons doelwit : 200 pilare!



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HEATHER ARNOTT	MISS C ARNOTT	MISS C ARNOTT	MISS C ARNOTT	MOOLMAN FAMILY TANIELLE & CLARISE	EVERTSE FAMILY JEVANKA	OPPERMAN FAMILY LANCE & DYLAN	WESSELS FAMILY LEANDRI	EICHBAUER FAMILY JADE	CLARK FAMILY REECE
FERRARI FAMILY NATALIE	SLABBERT FAMILY CORNé & TWANé	ALLOWAY FAMILY MONIQUE	VERSTER FAMILY MINYONINE & ZEYTKA	EVERTSE FAMILY JEVANKA	OPPERMAN FAMILY LANCE & DYLAN	VAN DER MERWE FAMILY	WESSELS FAMILY LEANDRI	EICHBAUER FAMILY JADE	ALEX JAMNECK SUNé DU PREZ

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NELL FAMILIE DEAN & LEAH	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	TAIT GESIN STEPHEN & MEGAN	STRYDOM FAMILY MEGAN & MINKE	SLABBERT FAMILY JORDYN-LEE GR 7 2012	SLABBERT FAMILY GABRIEL GR 3 2014	GELDENHUYSEN LIANCA & CHANTE	RETIEF GESIN ANé & LIZE	KLEINHANS GESIN LARA	ROYLE FAMILY JORDAN, DAMON & ASHTON
JOSHUA CHOWLES SHAUN FORD	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	DIVAN & IZAAN LAMPRECHT	KLAAS FAMILY HUMMOLO DEPUTY HEADBOY 2014	GREYLING FAMILY JEAN-PIERRE & SHANEL	LUKE WILSON GRADE 7 - 2014	THE TALBOT FAMILY THABISO - GR 5R	TER HERINNINGER AAN SARIE MARAIS	TER HERINNINGER AAN HENRY VAN HEERDEN	MRS RICHARDSON GR 2 CLASS OF 2015
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HEUGH FAMILY ANDREW & JASON	GRADE 3 HUGO CLASS OF 2016	THE ELLIOTT FAMILY KEEGAN AND ANDI	HARRIS FAMILY DAVID & JUDY	HARRIS FAMILY CHELSEA	HARRIS FAMILY LEXI	HARRIS FAMILY AYVA	GRAAD 7 HATTINGH 2016	HEATHER GESIN LIZE	COETZER FAMILY LUKE AND JESSICA
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