

Dear Parents

Using APE points our athletics A team finished fourth and our B team thirteenth at the Outeniqua Athletics meeting. This was in the Big School section - an excellent result and with a few minor changes we can better our performance in the future. The bottom line was that we created exposure and our children enjoyed the opportunity. A special thanks to staff for creating this opportunity.

On Saturday, 5 November 2022 we will be hosting a 'know your school day' for our 2023 Grade 1 learners as well as new learners joining us in 2023. Gate 17 will open at 08:00 and we will start at 08:30 sharp.

We are currently monitoring our children and their progress closely after our full return and hectic circumstances in 2020 and 2021. Measuring it with pre-Covid we are glad to report a huge and positive improvement. We will deal with the details at a later stage BUT can reveal that the number of learners meeting the Departmental Standard and our internal minimum standard has improved beyond the figures pre-Covid. The number of learners achieving higher than 80% has also increased substantially. Our boys are suddenly performing way more on the same level as our girls than ever before. Where previously there were only 10% of boys amongst the Top Achievers this has increased dramatically while our girls have not rested on their laurels. The level and standard has changed positively and a much more desirable representation is creating a positive learning environment.

Critical social skills for boys and girls has improved and although we still need to better our moral skills it is clear that lessons learnt and measures implemented are working in the best interest of our learners. If we can only combat the influence of social media and strengthen respect and integrity, we will achieve even more.

On the front page of the PE Express, we read about four young women who have been friends for 12 years - they shared a Sunridge Grade 1 photo from 2011 and their Framesby Matric 2022 photo! This is about nothing else other than positive living - thank you for sharing this with us. Well done girls, we are proud on you. Thank you too for your example and WOW you have grown into beautiful women.

Prefects 2023

The first and most important aspect to keep in mind is that we have an open system which allows any child to be included as a prefect at any time during the year. All Grade 6 learners were on the ballot papers and our Grade 5 and 6 learners as well as the teachers were able to vote.

Leadership qualities and requirements were explained to all during the year and we are happy with the outcome of the process. The democratic process allowed for learners and staff to vote and it is pleasing to see that the votes cast correlated with each other. Please note that the process does not allow for the discussion of any child. As Principal I never vote as it is my work to ensure a free and fair election. Although I am required to approve the elected children, I also ensure that any conflict of interest has been addressed.

It gives me great pleasure to inform all Grade 6 parents and learners that we will announce the newly elected prefects early next week. It is imperative to deal with the joy and disappointment as a skill. The reality is that any elected prefect can still lose the privilege to serve BUT any learner not elected can be nominated to serve at any time this year or next year.

The prefects will be exposed to leadership development and the staff will be able to vote for the head leaders - they will be announced at the last assembly in 2022.

Sunshine greetings



M DE VRIES
Principal



Geagte Ouers

Op die APE-punteleer het ons Atletiek A-span by die Outeniqua Atletiekbyeenkoms die vierde plek behaal en ons B-span was dertiende. Dit was die Grootskoolafdeling – **veels geluk aan hulle en met 'n paar geringe wysigings sal ons in die toekoms beter kan presteer.** Die belangrikste is dat ons kinders blootstelling ontvang het en dat ons aan ons kinders geleenthede gebied het wat hulle kon geniet. **'n Spesiale woord van dank aan ons personeel wat dit moontlik gemaak het.** Ons bied op Saterdag 5 November 2022 'n ken-jou-skooldag aan vir alle 2023 Gr 1-leerders, asook alle nuwe leerders wat in 2023 by ons aansluit. Hek 17 word om 08:00 oopgesluit en ons begin stiptelik om 08:30.

Ons hou 'n wakende oë oor ons kinders en hul vordering ná die buitengewone omstandighede gedurende 2020 en 2021 en die daaropvolgende terugkeer. Wanneer ons huidige omstandighede met pre-Covid vergelyk, is daar 'n enorme en positiewe verbetering. Ons sal die besonderhede te geleentheid bespreek, MAAR kan bekend maak dat die aantal leerders wat aan die Departementele Standaard en dan ons interne minimum standaard voldoen, ver bo die pre-Covid getalle is. Dan was daar ook 'n aansienlike toename in leerders met meer as 80% behaal het, terwyl ons seuns meer as ooit tevore op dieselfde vlakke as ons meisies presteer. Waar daar voorheen slegs 10% seuns onder die Toppresteerders was, het ons 'n drastiese toename waargeneem, terwyl die meisies ook nie laat slaplê het nie. Die vlak en standaard het op positiewe wyse verbeter en 'n veel meer aanvaarbare voorstelling sorg vir 'n positiewe leeromgewing.

Broodnodige sosiale vaardighede vir seuns en meisies het verbeter en hoewel daar nog bietjie skaafwerk aan die morele vaardighede gedoen moet word, is dit duidelik dat lesse wat geleer is en maatreëls wat toegepas is, die leerders goed te pas gekom het. Ons sal selfs meer kan bereik as ons die invloed van sosiale media kan bekamp en respek en integriteit kan opskerp.

Op die voorblad van die PE Express lees ons van vier vriendinne wat foto's deel van Sunridge Gr 1 2011 en Framesby Matriek 2022 – **steeds vriende ná 12 jaar.** Wat 'n pragtige positiewe verhaal – dankie dat ons dit met julle kon deel. Knap gedaan, dames, ons is met reg trots op julle. Baie dankie vir die mooi voorbeeld en SJOE, julle is vier pragtige jong vroue.

Prefekte 2023

Die eerste en belangrikste aspek om in gedagte te hou, is dat ons 'n ope stelsel het wat toelaat dat enige kind gedurende enige tyd van die jaar as prefek ingesluit kan word. Die name van alle Gr 6-leerders is op die stembrief aangebring en ons Gr 5- en 6-leerders, asook die onderwysers, is toegelaat om te stem.

Aangesien leierseienskappe en –vereistes gedurende die loop van die jaar aan almal verduidelik is, was ons tevrede met die uitkoms van die proses. Ingevolge die demokratiese proses was leerders en personeel toegelaat om te stem en dit was verblydend om te sien dat daar 'n verband was tussen die stemme wat uitgebring is. **Neem asseblief kennis dat die proses nie toelaat dat enige kind bespreek mag word nie.** Ek as Skoolhoof bring nooit 'n stem uit nie, want dit is my werk om toe te sien dat die verkiesing vry en regverdig geskied. Hoewel ook van my verwag word om die gekose kinders goed te keur, moet ek verseker dat enige belangebotsing aangespreek word.

Gr 6-ouers en –leerders word hiermee in kennis gestel dat die name van die nuutverkose prefekte vroeg aanstaande week bekend gemaak sal word. Dit is uiters belangrik om te leer hoe om vreugde en teleurstelling te hanteer. Die werklikheid is dat enige verkose prefek steeds die voorreg om te dien, kan verloor, MAAR enige leerder wat nie gekies is nie, kan op enige stadium gedurende hierdie jaar of aanstaande jaar verkies word om te dien.

Die prefekte sal leierskapontwikkeling ondergaan en personeel sal vir die hooftleiers kan stem, wat gedurende die laaste saalbyeenkoms van 2022 aangekondig sal word.

Sonskyngroete



M DE VRIES
Skoolhoof



LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word*

TALENT AFRICA: Lianie Grobler represented the EC at the 2022 Talent Africa National competition as part of a ballet group (A Million Dreams) and won a silver medal.

RADIKALE REDENAARS: Die volgende leerders het aan die Nasionale Radikale Redenaarskompetisie deelgeneem - Reghardt van Zyl, Rieke Jooste, Marciano Jansen, Elizabeth Roth, Amalia van der Westhuizen, Arin Coetzer & Makayla de Lange.

SOMERSPORTFOTO'S/SUMMER SPORT PHOTOS

Die sluitingsdatum vir ontvangs van bestellings vir Somersport- en Kultuur-FOTO'S IS MAANDAG 7 NOVEMBER 2022.

GEEN LAAT BESTELLINGS SAL AANVAAR WORD NIE.

The closing date for submitting orders for Summer Sport and Culture photos is Monday 7 November 2022.
NO LATE ORDERS WILL BE ACCEPTED.

SPAR KWAGGA TOP 10 ATHLETICS - GEORGE		
U/11	HANNO WINTER	3RD LONG JUMP
	SIENNA DELPORT	2ND 70M HURDLES
U/12	KARLIE JANSE VAN RENSBURG	2ND 100M & 2ND 75M HURDLES
U/13	KAYLA DU PREEZ	1ST 200M & 75M HURDLES, 3RD 100M
	MIA VAN MOLENDORFF	3RD HIGH JUMP

ACE THE SCHOOL YEAR
Hey there!

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Anson ("Junior") Backpack
Sunridge branded Ace Backpack
Unbranded Ace Backpack

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R720 (NOT INCLUDED)
R700 (NOT INCLUDED)

CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	HERBERT HURD	Won by 9 wickets	STEVAN TRYTSMAN
U/13A	LORRIANE	Won by 8 wickets	FRANCO OLIVIER
U/13A	MUIR	Won by 9 wickets	REGHARDT KEMP
U/13A	CLARENDON PARK	Lost by 3 runs	JOEL HORAK
U/13B	LORRAINE	Won by 15 runs	DIAN DERBYSHIRE
U/13B	WESTERING	Won by 3 wickets	REECE HAYWARD
U/13C	MOREGROVE	Won by 23 runs	DARION BOUW
U/13C	GREY F	Lost by 7 wickets	ANRICO KLEYN
U/11A (2)	VERKENNER	Won by 222 runs	HANNO WINTER
U/11B	CLARENDON PARK	Lost by 3 wickets	KEANU WOODS
U/11C			
U/10A	GREENWOOD	Won by 6 wickets	HANRU HAYWARD
U/10B			
U/9A HARDBALL	CLARENDON PARK	Won by 103 runs	CALEB BOSCH
U/9A MINI CRICKET	HERBERT HURD	Won by 3 runs	BLAKE GOMES
U/9A MINI CRICKET	ST GEORGES	Won by 1 run	WIHAN ERASMUS
U/9A MINI CRICKET	ST GEORGES	Won by 25 runs	DANIEL NEL
U/9B MINI CRICKET	ST GEORGES	Lost by 3 runs	JOSHUA MARITZ
U/9B MINI CRICKET	BETHELSDORP	Won by 4 wickets	NEAL VAN DER WALT
U/9B MINI CRICKET	WESTERING	Lost by 2 runs	NOAH MARTIN
U/8 MINI CRICKET	HERBERT HURD	Won by 22 runs	BRAYDIN HALGREEN
U/8 MINI CRICKET	HERBERT HURD A	Won by 6 runs	TY REDLINGHUYS
U/8 MINI CRICKET	SUMMERWOOD	Won by 2 wickets	CODY SAAIMAN
U/7 MINI CRICKET	SUMMERWOOD	Won by 3 runs	ADAM ROTH
U/7 MINI CRICKET	WESTERING	Won by 1 run	RILEY ACKERMAN



TENNIS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST BOYS	SONOP B	Won by 5 games	STEFAN VAN MOLENDORFF
1ST GIRLS	COLLEGIATE A	Lost by 12 games	LIZE RETIEF



	EXAMINATION TIME TABLE NOVEMBER 2022			
Date	Grade 4	Grade 5	Grade 6	Grade 7
Thursday 10 November	English Visual and Summary	English Visual and Summary	English Visual and Summary	English Visual and Summary
Friday 11 November	English Language	English Language	English Language	EMS
				Afrikaans Visueel en Opsomming
Monday 14 November	Mathematics	Mathematics	Mathematics	Mathematics
Tuesday 15 November	Afrikaans Visueel en Opsomming	Afrikaans Visueel en Opsomming	Afrikaans Visueel en Opsomming	English Language
Wednesday 16 November	Afrikaans Taalwerk	Afrikaans Taalwerk	Afrikaans Taalwerk	SS History
Thursday 17 November	English Comprehension	English Comprehension	English Comprehension	Afrikaans Taalwerk
Friday 18 November	SS History	SS History	SS History	Natural Sciences
				English Comprehension
Monday 21 November	NS / Tech	NS / Tech	NS / Tech	SS Geography
Tuesday 22 November	Afrikaans Begrip	Afrikaans Begrip	Afrikaans Begrip	Creative Arts
				Afrikaans Begrip
Wednesday 23 November	SS Geography	SS Geography	SS Geography	Life Orientation
Thursday 24 November	PSW	PSW	PSW	Technology
Friday 25 November	Mathematics Problem solving	Mathematics Problem solving	Mathematics Problem solving	Mathematics Problem solving

	EKSAMENROOSTER NOVEMBER 2022			
Datum	Graad 4	Graad 5	Graad 6	Graad 7
Donderdag 10 November	English Visual and Summary	English Visual and Summary	English Visual and Summary	English Visual and Summary
Vrydag 11 November	English Language	English Language	English Language	EBW
				Afrikaans Visueel en Opsomming
Maandag 14 November	Wiskunde	Wiskunde	Wiskunde	Wiskunde
Dinsdag 15 November	Afrikaans Visueel en Opsomming	Afrikaans Visueel en Opsomming	Afrikaans Visueel en Opsomming	English Language
Woensdag 16 November	Afrikaans Taalwerk	Afrikaans Taalwerk	Afrikaans Taalwerk	SW Gesiedenis
Donderdag 17 November	English Comprehension	English Comprehension	English Comprehension	Afrikaans Taalwerk
Vrydag 18 November	SW Gesiedenis	SW Gesiedenis	SW Gesiedenis	Natuurwetenskappe
				English Comprehension
Maandag 21 November	NW / Teg	NW / Teg	NW / Teg	SW Aardrykskunde
Dinsdag 22 November	Afrikaans Begrip	Afrikaans Begrip	Afrikaans Begrip	Kreatiewe Kunste
				Afrikaans Begrip
Woensdag 23 November	SW Aardrykskunde	SW Aardrykskunde	SW Aardrykskunde	Lewensorientering
Donderdag 24 November	PSW	PSW	PSW	Tegnologie
Vrydag 25 November	Wiskunde Probleemoplossing	Wiskunde Probleemoplossing	Wiskunde Probleemoplossing	Wiskunde Probleemoplossing

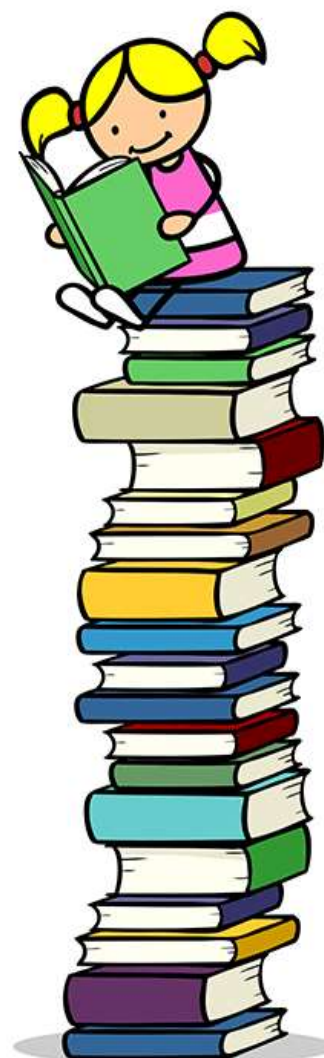
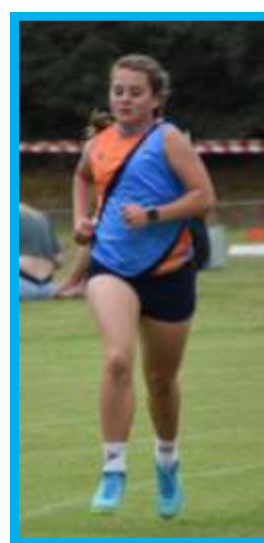


PHOTO GALLERY / FOTOGALERY



PRICE LIST

NEW ITEMS FOR SALE	PRICE
BLAZERS	R580.00 - R600.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18)	R290.00 – R415.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R240.00 – R280.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R25.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12))	R60.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R165.00 / R175.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R165.00/ R175.00
IPSTOP JACKETS (4-6, 6-8, 8-10, 10-12, XS, S, M, L,XL)	R320 – R380
RIPSTOP PANTS (4-6, 6-8, 8-10, 10-12, XS, S, M, L,XL)	R230 – R290
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R70.00
POLAR FLEECE BLANKETS	R150.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R180.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R180.00
RAMBLE SCHOOL BAG BRANDED	R650.00
RAMBLE JUNIOR BAG BRANDED	R475.00
RAMBLE SCHOOL BAG UNBRANDED	R620.00
LETTER LADY JUNIOR BAG	R375.00
SPORT TOG BAG	R260.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R75.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R55.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R55.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R65.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R30.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R30.00
RUGBY JERSEYS (SUBLIMATED)	R360.00 – R370.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R260.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R250.00 – R260.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R250.00 - R260.00

TERMS AND CONDITIONS

- NO CASH – DEBIT OR CREDIT CARD PAYMENTS ONLY
- ALL PRICES SUBJECT TO CHANGE
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- NO RETURNS/ EXCHANGES AFTER 30 DAYS

SPECIAL OFFER

‘OLD’STOCK HOUSE SHIRTS - R110.00

LIMITED SIZES AND HOUSE COLOURS AVAILABLE

SHOP HOURS

Monday	Appointments only from 08:15 to 13:30 (Gate 14A only)
Tuesday	Appointments only from 08:15 to 13:45 (Gate 14A only)
	No appointments needed from 14:15 to 16:45 - use Gate 12 only
Wednesday	Appointments only from 08:15 to 13:30 (Gate 14A only)
Thursday	Appointments only from 08:15 to 15:00 (Gate 14A only)
Friday	Appointments only from 07:15 to 13:00 (Gate 14A only)

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Ons doelwit : 200 pilare!

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Ons doelwit : 200 pilare!

GRADE 1 CORNFORTH 2017	HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
GRADE 3 VD MESCHT CLASS OF 2017	GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
GRADE 7 BRADSHAW CLASS OF 2017	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
GRADE 4 SMITH CLASS OF 2017	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
JUDE ERASMUS HEAD BOY 2017 SUNRIDGE 50TH	HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
COETZER FAMILIE MILA & ZANIKE	HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
Karlie Janse van Rensburg Graad 1 2017	HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
MRS HUGO CLASS OF 2017	GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
SIMON GREYLING HOOFSEUN 2018	HEATHER GESIN LIZE	STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
CHLOé CRITCHLOW HEAD GIRL 2018	COETZER FAMILY LUKE AND JESSICA	STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES