



Geagte Ouers

Dit is van die uiterste belang vir ons as ouers om ons kinders te beheer. In gewone omstandighede sal 'n kind baie besig wees met akademiese werk en buitemuurse bedrywighede. Wanneer ons in ag neem dat kinders by die skool aan een winteraktiwiteit en een someraktiwiteit moet deelneem en dat sommige van hulle aan meer as een aktiwiteit deelneem, is dit tyd om voorraadopname van al hul ander aktiwiteite te doen.

Dit wat ons aanbied, is meer as genoeg om 'n kind besig te hou en hulle word aan genoegsame vaardighede wat vir ontwikkeling nodig is, blootgestel. Ons kontroleer die aktiwiteite wat ons aanbied sorgvuldig en wanneer nodig, bestuur ons die behoeftes van individuele kinders ook.

Ongelukkig merk ons op dat al hoe meer kinders aan buite-aktiwiteite deelneem en dan probeer om al die balle in die lug te hou. In die meeste gevalle ly die skoolaktiwiteite daaronder want die ouers betaal vir buite-aktiwiteite. Kinders hou dan nie by ons verpligte inskrywingsreël dat elke enkele kind aan minstens een somer- en een winteraktiwiteit wat by die skool aangebied word, moet deelneem nie.

"The future belongs to those who believe in the beauty of their dreams."

Kinders word onder soveel druk geplaas dat in 'n onlangse studie bevind is dat ooreising onder leerlinge besig is om toe te neem. Dit geld selfs vir laerskoolleerlinge en is beslis nie in die beste belang van ons kinders nie. Ons kan nie die buite-aktiwiteite beheer nie, maar ons kan ook nie toelaat dat ons kinders nie aan die verpligte reël voldoen nie. Skoolaktiwiteite moet altyd eerste kom. Ons doen ons bes om te verseker dat alle spanne goeie en regverdige afrigting ontvang en die geleentheid kry om aan wedstryde, ens. deel te neem.

Dit is belangrik om te verstaan dat om in 'n E, D, C of B –span te speel net so belangrik vir ontwikkeling is, hoewel die A-span waarskynlik meer blootstelling kry. Ons E- tot B-spanne speel gereeld teen ander skole se A-spanne. Dit gebeur omdat die vaardigheids- en ontwikkelingsvlakke soms grootliks verskil. Dit is vanselfsprekend dat nie alle kinders in die sogenaamde 'eerste span' kan speel nie, maar dit is ook 'n gegewe dat toeskouers baie belangrik is by enige geleentheid, daarom moet die impak van toeskouers nooit onderskat word nie. Die punt is dat om deel van die E-span te wees of net te oefen, deel van die lewe is. Ondersteuning deur toeskouers is uiteindelik soos om deel te wees van die 'eerste span' of geleentheid. Om na die orkes, koor ens. te luister of in die stort by die huis soos ABBA te sing, is alles deel van die lewe. Die feit dat 'n kind in die kollig mag wees of nie mag wees nie, beteken nie dat hy/sy nie as ondersteuner of toeskouer nie waarde tot die geleentheid kan toevoeg nie.

"Life can only be understood backwards; but it must be lived forwards."

Sonder toeskouers by die Wêreldbekerrugby in 2019, sou die Springbokke se oorwinning niks beteken het nie. Neem deel aan die Straatmyl, geniet dit ondanks die uitkoms. Of ondersteun die een wat hardloop om te wen of selfs die een wat net klaarmaak en sy/haar eie persoonlike doelwit behaal.

Laat die son oor al ons leerlinge skyn – hetsy 'n wenner van die goue medalje of 'n toeskouer. 'n Positiewe ingesteldheid bly steeds die belangrikste aspek.

"I know not with what weapons World War III will be fought, but World War IV will be fought with sticks and stones."



Sonskyngroete

M DE VRIES
Skoolhoof



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13 February 2020

Dear Parents

It is very important to ensure that we as parents manage our children. With academic and school extra mural activities a child, under normal circumstances, will already be quite busy. Taking into account that children must participate in one summer and one winter extra mural activity at school and some who take part in more than one sport at school level, we need to re-evaluate other activities.

What we offer is already more than enough for a child to cope with and the skills to deal with it as part of the development of the child is adequate. We carefully monitor the activities we offer and when needed we manage individual children.

Unfortunately we see children taking up more and more outside activities and then try to juggle them all. In most cases the school activities get dumped as parents are paying for the outside activities. Children then find themselves failing to comply with our compulsory enrolment rule that each and every child must take part in at least one summer and one winter extra mural activity offered at school.

"The future belongs to those who believe in the beauty of their dreams."

The pressure is accumulating in such a way that a recent study revealed that burnout amongst learners has increased. This even affects primary school learners and is surely not in the best interest of children. We cannot manage the outside activities nor can we allow that learners neglect to comply with our compulsory rule. School activities always come first. We do our utmost to ensure that all our teams get good and fair coaching and the opportunity to participate in matches etc.

It is important to understand that to be in an E, D, C or B team is just as important for development although the exposure for the A team might be more. We are dealing with our E to B teams playing other schools A teams. This gets managed as the skill and development levels sometimes differ substantially. It is a fact that not all children can be in the so called "first team", it is also a fact that without spectators a game or event is null and void. It is a fact that there are always more spectators than participants. The importance of spectators is therefore never to be underestimated. The point, participating in the E team or just practicing is part of life. Supporting as a spectator is eventually being part of the "first team" or event. Listening to the band, choir, etc. while singing in the shower at home like ABBA is all part of life. The fact that a child may or may not be in the lime light does not mean he/she cannot be the supporter or spectator giving value to the event.

"Life can only be understood backwards; but it must be lived forwards."

With no spectators at the World Cup Rugby in 2019 the achievement of our Springboks would have been worth nothing. So run the street mile, enjoy it whatever the result or support the one running for gold or maybe the one only finishing and reaching a personal goal.

Let the Sun Shine on all our learners, may it be the gold medallist or spectator. A positive attitude remains the most important aspect.

"I know not with what weapons World War III will be fought, but World War IV will be fought with sticks and stones."



Sunshine greetings

M DE VRIES
Skoolhoof



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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

FANCY PIGEON: Cara-Lee van den Berg has qualified for EC colours in the show and breeding of Fancy Pigeons for 2020.
CHESS: Daniel Jeppe participated in the Brandwag Open 2020 chess tournament - won all his games in Section C and ended in first place.

ANIMAL CARE WEEK 24 TO 28 FEBRUARY 2020

1. Please bring cash for bottles in classes – each child in winning class receives a R10 voucher.
2. Pay R10 and bring your favourite pet photo to the office. The winner will get a huge big dog (view at the office), 2nd R50, 3rd R30.
3. COLOURING IN COMPETITION: Gr 1, 2 and 3 and Gr 4 - 7. R5 per picture. Pictures will be judged and the winners in Gr 1, 2 and 3 will each receive R50, 2nd prize R35, 3rd prize R20. There will be three prizes for Gr 4 – 7, 1st prize R100, 2nd R50 and 3rd R30.
4. Pet food, blankets etc. to office.

DIERESORGWEEK 24 TOT 28 FEBRUARIE 2020

1. Bring asseblief kontant vir bottels in elke klas – elke kind in wenklas kry 'n R10 koopbewys.
2. Betaal R5 en bring jou gunstelingfoto van jou troeteldier skool toe. Wenner kry 'n groot wolhond (kom kyk in die kantoor), 2de prys R50, 3de prys R30.
3. INKLEURKOMPETISIE: Gr 1, 2 en 3 en Gr 4 - 7. R5 per prent. Wenners in Gr 1, 2 en 3 ontvang elk R50, 2de prys R35 en 3de prys R20. Gr 4 – 7 1ste prys R100, 2de R50, 3de R30.
4. Troeteldierkos, kombersies ens. kantoor toe.



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RAMBLE
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FOR SPORT
R350.00
AVAILABLE AT
THE OFFICE**

AANSOEKVORMS VIR 2021/ APPLICATION FORMS FOR 2021

Aansoekvorms vir 2021 is nou by die skoolkantoor beskikbaar.
Sluitingsdatum 12 Maart 2020.
DOEN ASSEBLIEF BETYDS AANSOEK

Application forms for 2021 are now available at the school office. Closing date 12 March 2020.
PLEASE APPLY TIMEOUSLY

GENERAL MATCH CLOTHES U/9 - U/13

The order for general match clothes will be placed on Monday morning. Please make sure your child has checked their clothes from last year still fit or have been to the coaches in their sport code to try on or order new clothes (they must give the coach the old size so they know what size to order). We only order once a year and order limited extra sizes.

**A – Z, QUALITY OF
THE HIGHEST DEGREE.**

Douw Wessels | 084 800 0773

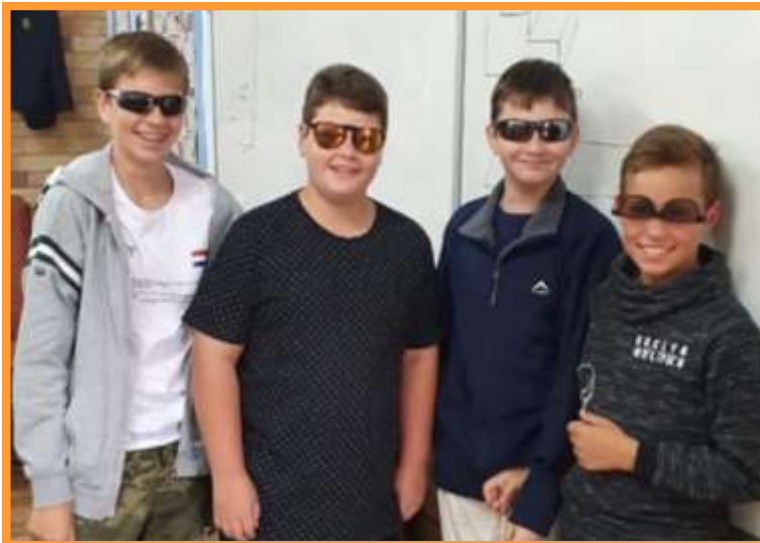


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SCHOOL BAGS & LAPTOP BAGS



Tavcor Commercial Vehicles
Delivering the Benchmark.

PHOTO GALLERY / FOTOGALERY



SPORT RESULTS / UITSLAE

CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A			
U/13B	ALTONA A	Won by 6 wickets	DURANDT ROOTMAN
U/13C			
U/13D			
U/11A			
U/11B	LORRAINE	Won by 8 wickets	LUCAS WHEELER
U/11C			
U/10A	WESTERING	Won	DANDRÉ HENWICK
U/9A	BULLS ACADEMY	Won by 9 wickets	TIELMAN NIEUWOUDT
MINI U/9A	CURRO WESTBROOK	1 - 34	THOMAS LENNIE
MINI U/9B			
MINI U/8	MT PLEASANT	8 - 5.25	JACK FERREIRA



TENNIS -			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST TEAM BOYS	GREY D	18 - 4	STEVEN SCHEFFER
U/10 BOYS	SUMMERWOOD	9 - 3	SIMON LANDSBERG
U/10			
1ST TEAM GIRLS			
1ST TEAM GIRLS			
U/10 GIRLS			

SPORT RESULTS / UITSLAE

PE WEST ATHLETICS MEETING		
AGE	NAME	RESULT
U/9	CHRISTOPH JORDAAN	1ST 80M
U/10	JAIMIE AUKETT	1ST 100M & 2ND 80M
	LEANNE VAN HEERDEN	1ST 100M & 2ND 80M
	ARCHIE RABIE	2ND 100M & 1200M
	KARLIE JANSE VAN RENSBURG	1ST 70M HURDLES AND LONG JUMP
	GEMMA BRADLEY	3RD 1200M
U/11	KAYLA DU PREEZ	2ND 80M & 100M AND 3RD 70M HURDLES
	REGHARDT KEMP	2ND LONG JUMP & 3RD 80M
	BRUWER AGENBAG	1ST 70M HURDLES
	ZACK SLABBERT	2ND 70M HURDLES
	RONE STRYDOM	1ST HIGH JUMP & LONG JUMP
U/12	TRAVIS PHEIFFER	1ST 100M, 150M & 75M HURDLES
	IZAAN LAMPRECHT	1ST 100M & 150M
	KADIN KRETZMANN	1ST 1200M
	ESRI LE GRANGE	2ND SHOT PUT
U/13	LOGAN FERREIRA	1ST 80M HURDLES
	BEA-Nè SCHOEMAN	3RD 200M
	CHELSEA STREET	1ST 200M & 2ND LONG JUMP



SPORT FIXTURES / WEDSTRYDDATUMS
DATE/DATUM: 17 - 22 FEBRUARY 2020

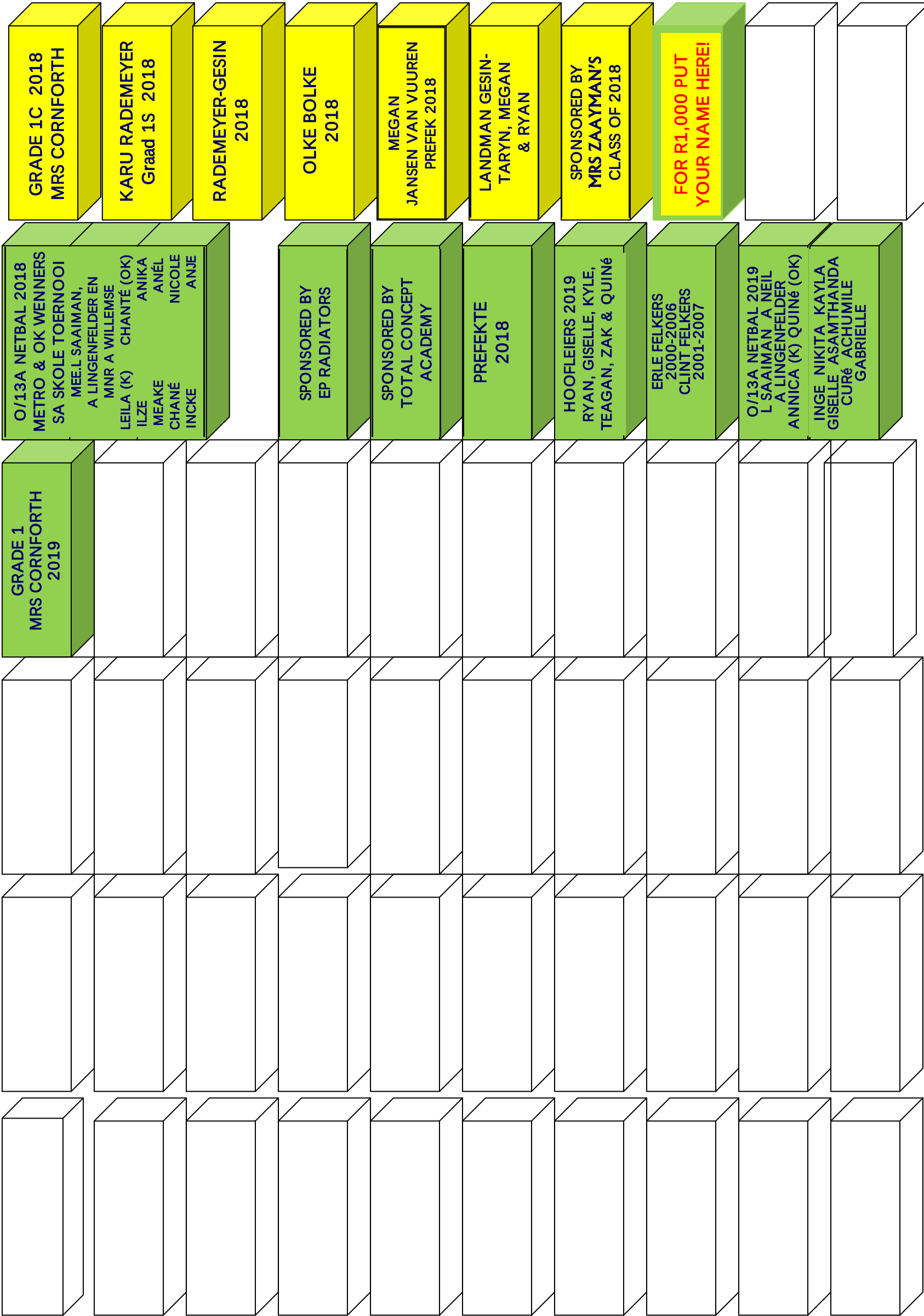
MAANDAG	KRIEKET:
TUESDAY	CRICKET: u/10A vs GREENWOOD (AWAY) u/13B vs HERBERT HURD (HOME) BOYS MINI CRICKET: u/8A vs CURRO (HOME) u/9A & B vs THEODOR HERZL (AWAY) BOYS TENNIS: 1ST TEAM vs VICTORY (HOME) u/10 vs SONOP (HOME)
WOENSDAG	KRIEKET: o/13A vs o/13B vs <i>sien Dinsdag</i> o/13C vs ZWIDE HUB (WEG) o/13D vs ASTRA (WEG) o/9A vs FRANS CONRADIE (WEG)
THURSDAY	u/10A vs VERKENNER (AWAY) u/10B vs ASTRA (AWAY) u/11A vs WESTERING (AWAY) u/11B vs HANDHAAF B (AWAY) u/11C vs ROWALLAN PARK B (HOME) GIRLS TENNIS: 1st TEAM vs CLARENDON D (AWAY) u/10 vs
VRYDAG	
SATURDAY	C AGE GROUP GALA @ CURRO WESTBROOK CHESS PECC GRANDPRIX LEG 1 @ DIAZ CLUB



PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!



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ANTONIOU FAMILY JHON-NICLAS	STOKES FAMILY KAI	WATERS FAMILY MICA YLA	HEATHER ARNOTT	FERRARIS FAMILY NATALIE
ANTONIOU FAMILY JHON-NICLAS	SMAILES FAMILY CHRISTOPHER & STEVEN	VORSTER FAMILY FRANCOIS & HEINRICH	MISS C ARNOTT	SLABBERT FAMILY CORN� & TWAN�
ANTONIOU FAMILY JHON-NICLAS	BUYS FAMILY EMILY	VAN DER WATT FAMILY HANRI	MISS C ARNOTT	ALLOWAY FAMILY MONIQUE
ANTONIOU FAMILY JHON-NICLAS	NEL FAMILY CHRISTIAAN & HANRI	JANSE VAN RENSBURG TARA AND RONIN	MISS C ARNOTT	VERSTER FAMILY MINYONNE & ZEYTKA
ANTONIOU FAMILY JHON-NICLAS	HANBIDGE FAMILY RYAN	KRUGER FAMILY CARUS & MIEKE	MOOLMAN FAMILY TANIELLE & CLARISE	EVERTSE FAMILY JEVANKA
ANTONIOU FAMILY JHON-NICLAS	DIELMANN FAMILY KARL	CORNELIUS FAMILY NICOLE	EVANS FAMILY MADISON & KYRA	OPPERMAN FAMILY LANCE & DYLAN
ANTONIOU FAMILY JHON-NICLAS	BEEFORTH FAMILY ALEX, AMBER & JASMINE	IBHAYI WINDSCREEN SERVICES	VAN DER MERWE FAMILY	WESSELS FAMILY LEANDRI
ANTONIOU FAMILY JHON-NICLAS	PARKER FAMILY MAXINE	MINNIE FAMILY LYDIA	LANDMAN FAMILY CARLA & LEAH	EICHBAUER FAMILY JADE
ANTONIOU FAMILY JHON-NICLAS	GWM EVERTSE FAMILY	VAN JAARSVELD FAMILY RUAN & STEPHAN	VOLLENHOVEN FAMILY JARED	CLARK FAMILY REECE
ANTONIOU FAMILY JHON-NICLAS	FERRARIS FAMILY NATALIE	WEYERS FAMILY MARJA & ANYA	FERREIRA FAMILY EZA & LOREN	ALEX JAMNECK SUN� DU PREEZ

PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!

GRADE 1 CORNFORTH 2017	HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
GRADE 3 VD MESCHT CLASS OF 2017	GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
GRADE 7 BRADSHAW CLASS OF 2017	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
GRADE 4 SMITH CLASS OF 2017	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
JUDE ERASMUS HEAD BOY 2017 SUNRIDGE 50TH	HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
COETZER FAMILIE MILA & ZANIKE	HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
Karlle Janse van Rensburg Graad 1 2017	HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
MRS HUGO CLASS OF 2017	GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
SIMON GREYLING HOOFSEUN 2018	HEATHER GESIN LIZE	STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
CHLOé CRITCHLOW HEAD GIRL 2018	COETZER FAMILY LUKE AND JESSICA	STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES