



Geagte Ouers

Disipline

By die skool ervaar ons van tyd tot tyd dat seuns, en tot 'n mindere mate meisies, hulself aan afknouery skuldig maak. Dit is uiters belangrik om tussen afknouery (bullying) en 'n ander vorm van onbeskofte en gemene gedrag te onderskei. Ons hoop dat die volgende sal help om te bepaal hoe om hierdie kwessies te hanteer.

Is dit Afknouery?

- Wanneer iemand iets onopsetlik kwetsend doen of sê en dit slegs een keer doen, is dit **ONBESKOF!**
- Wanneer iemand iets opsetlik kwetsend doen of sê en dit slegs een keer doen, is dit **GEMEEN!**
- Wanneer iemand iets opsetlik kwetsend doen of sê en daarmee volhou - selfs wanneer hy/sy gevra word om op te hou, of as hy/sy kan sien dat die ander persoon ontsteld is, is dit **AFKNOUERY!**

Dit is ook 'n gegewe dat kinders verskillend voel oor wat gebeur het en in die meeste gevalle word die "afknou"-etiket verkeerd gebruik. Dit is ook belangrik om te onthou dat emosies soms hoog loop en die "eintlike" waarheid kom dikwels eers later na vore. In sommige gevalle speel die kinders reeds weer saam terwyl die volwassenes nog worstel om die kwessie uit te sorteer, aantygings ongedaan te maak en besluit wie reg en wie verkeerd is.

Dit is ook waar dat daar partykeer wel afknouery is en soms is dit moeilik om te bepaal wie in werklikheid die afknouer is. Dit is hiermee in gedagte dat ons 'n nederige versoek aan almal rig om met die skool saam te werk en ons beleide te respekteer, aangesien dit tydrowend is om te bepaal wie die afknouer is. Dan is daar boonop die kwessie van onbeskofte en gemene gedrag wat in ag geneem moet word.

Warm Baadjies

Onthou asseblief dat kommentaar (positief of negatief) nog tot Vrydag 15 Februarie 2019 na info@sunridge.co.za gestuur kan word. Die reaksie was tot dusver 98% positief, maar ons respekteer alle kommentaar. Die sweetpak mag steeds gebruik word.

Dear Parents

Discipline

From time to time, within a school, you find that boys and not so often girls make themselves guilty of bullying. The main question is to differentiate bullying from other rude and mean behaviour. We hope that the following can assist you to determine and deal with different issues.

Is it Bullying?

- When someone says or does something unintentionally hurtful and they do it once - that's **RUDE!**
- When someone says or does something intentionally hurtful and they do it once - that's **MEAN!**
- When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show that you're upset - that's **BULLYING!**

It is a certainty that children will have different opinions on what has happened and in most cases the "bully" brand is used incorrectly. It is also important to note that emotions sometimes run high and only after a while the "real" truth comes out. In most cases the children will be playing and talking while adults are still struggling get to the bottom, sort things out, try to undo accusations and deal with who is wrong or right.

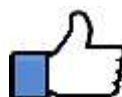
It is true that sometimes it is bullying and sometimes it is difficult to determine who the actual bully is. It is within this scenario that we humbly request all to work together with the school and our policies - it takes time to determine who the bully is. On top of this we also need to take into consideration the rude and mean matters.

Warm Jackets

Please note that comments (positive or negative) can be forwarded to info@sunridge.co.za until Friday, 15 February 2019. Currently 98% received have been positive - we however respect all comments. Please note that at this stage the track suit may still be used.

Sonskyngroete/ Sunshine greetings

M DE VRIES
Skoolhoof/ Principal



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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

GYMNASTICS: At the All Starz prize giving, Lua Posthumus received medals for competing in the South Zone Competition, outstanding achievement at the South Zone competition, best festival group and the Trophy for the highest mark at a competition in Level 2.



Proposed sport jacket and pants



LEARNER ACHIEVEMENTS FOR NON-SCHOOL ACTIVITIES

Please send your child's achievements and results, within one week, on the official letterhead of the sport or activity, to Mrs Gardner (wendy@sunridge.co.za).

For National or Provincial representation the official letter of selection must be sent to school - recognition will only be given after the competition has taken place and the official results received.



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LegalExperts

*The content of adverts placed in the newsletter does not necessarily reflect the views or approval of the school.
Die inhoud van die advertensies wat in die nuusbrieff verskyn, weerspieël nie noodwendig die siening en goedkeuring van die skool nie.*

PHOTO GALLERY / FOTOGALLERY



SPORT RESULTS / UITSLAE



CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	GRAEME COLLEGE	Won by 6 wickets	IWAN JORDAAN
U/13A	WOODRIDGE	Won by 7 wickets	ZEPHYR SMITH
U/13B	MT PLEASANT	Won by 72 runs	RUAN OOSTHUIZEN
U/13B	GRAEME COLLEGE	Lost by 53 runs	JOSHUA SMITH
U/13C	Match in progress	Match in progress	
U/11A	GRAEME COLLEGE	Lost by 4 wickets	HEINRICH VOLSCHENK
U/11B	ST GEORGES A	Lost by 6 wickets	KWEZI LANDELLA
U/11B	GRAEME COLLEGE	Lost by 151 runs	JARED GOMES
U/10A			
U/10B			
U/9	GRAEME COLLEGE	Lost by 3 runs	CHRISTIAAN BARNARD
MINI 9A	VERKENNER	6.3 - 6.6	NKOSIVILE NGXOZA
MINI 9B	VERKENNER	8.5 - 8.7	ARNO VAN DER MERWE



BOYS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST	GREY C	36—5	TIAAN PEENS

GIRLS TENNIS			
TEAM	OPPONENT	SCORE	PLAYER OF THE MATCH
1ST	HERBERT HURD B	32 - 16	RONé STRYDOM
U/10	THEODOR HERZL	6 - 7	MADISON RIESEBERG

PE WEST ATHLETICS		
AGE	NAME	RESULT
U/9	KARLIE JANSE VAN RENSBURG	2ND 60M
U/10	KAYLA DU PREEZ	2ND 80M & 1ST 100M
	BRUWER AGENBAG	1ST 70M HURDLES
	JEAN CAPES	2ND 70M HURDLES
	PIERRE DANIEL JACOBS	1ST 1200M
	RONé STRYDOM	2ND 70M HURDLES & LONG JUMP
U/11	KADIN KRETZMANN	2ND 1200M & 70M HURDLES and 3RD LONG JUMP
	XANDER MULDER	2ND LONG JUMP
	MARONY JACOBS	2ND 1200M
	IZAAN LAMPRECHT	2ND 70M HURDLES
	ESRI LE GRANGE	2ND SHOT PUT
U/12	CHELSEA STREET	2ND 75M HURDLES AND LONG JUMP
U/13	LUCCA WIEHART	1ST 80M HURDLES
	GISELLE PHEIFFER	2ND 75M HURDLES & 2ND 200M
	KAYLA STRYDOM	1ST SHOT PUT

SPORT FIXTURES / WEDSTRYDDATUMS

DATE/DATUM: **11 - 16** FEBRUARY/FEBRUARIE 2019

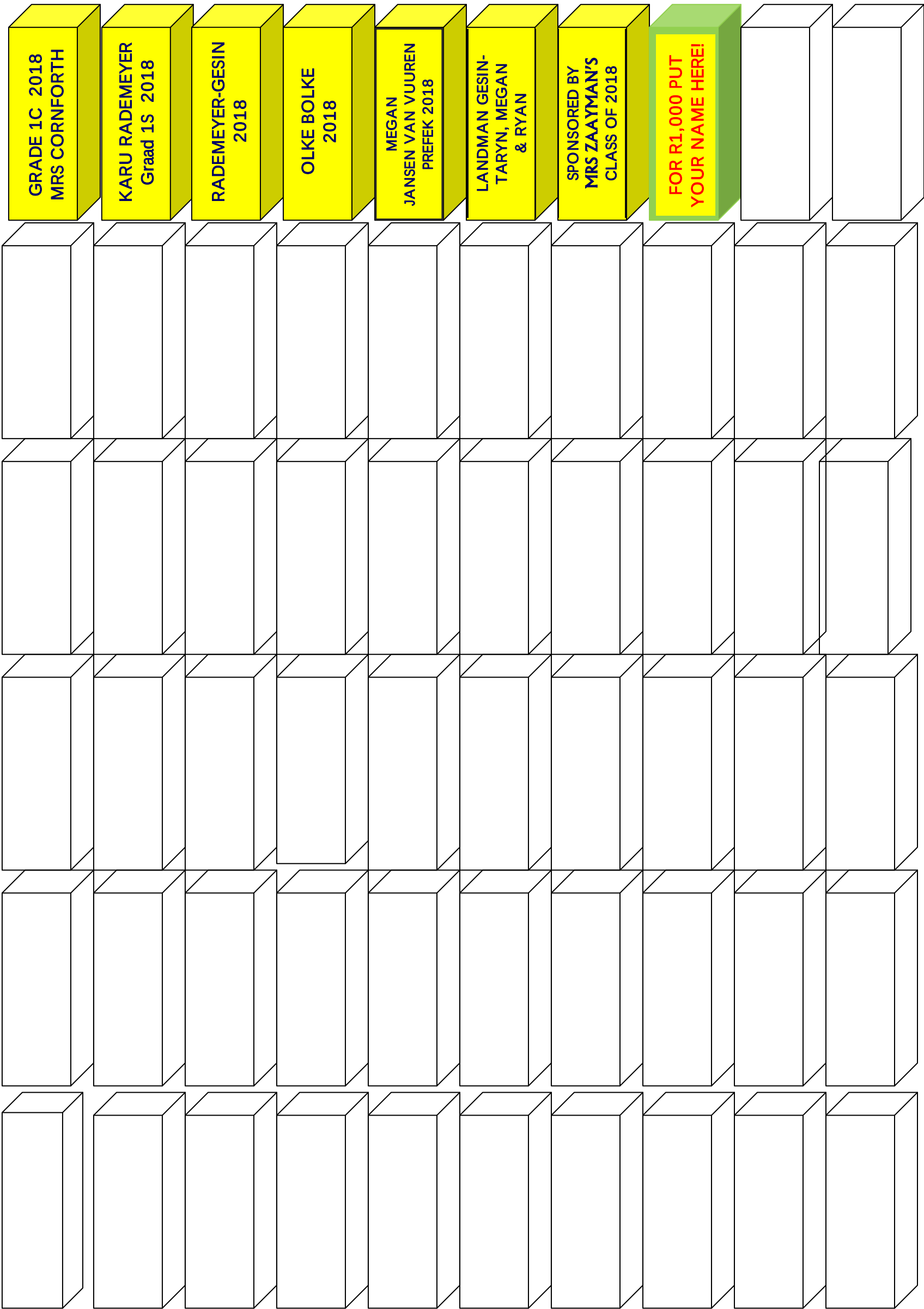
MAANDAG	
TUESDAY	CRICKET: u/13D vs VERKENNER B (AWAY) u/10A vs HANDHAAF (HOME) BOYS MINI CRICKET: u/9A & B vs CHARLO (HOME) BOYS TENNIS: 1ST TEAM vs CHARLO B (HOME)
WOENSDAG	KRIEKET: o/13A vs WOODRIDGE (AWAY) o/13B vs MÔREWAG (WEG) o/13C vs TJAART VAN DER WALT (TUIS) o/9A vs CLARENDON B (WEG)
THURSDAY	u/10A vs <i>see Tuesday</i> u/10B vs GREENWOOD (AWAY) u/11A vs KCPC (HOME) u/11B vs CLARENDON (AWAY) u/11C vs HERBERT HURD B (AWAY) U/13A vs ST DAVIDS (AWAY) GIRLS TENNIS: 1st TEAM vs COLLEGIATE A (HOME) u/10 vs COLLEGIATE B (HOME)
VRYDAG	SWEM: AFLOSGALA (COLLEGIATE) RUGBYKAMP: o/9A, o/11A en o/13A (ADDO) EP Rugby Schools Coaches Forum
SATURDAY	C AGE GROUP GALA AT PRIORY CHESS: SCHOOLS SWISS TOURNAMENT @ CILLIE HIGH SCHOOL RUGBYKAMP: o/9A, o/11A en o/13A (ADDO) EP RUGBY SCHOOLS COACHES FORUM



PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!



PER PILLAR ~ R1,000.00 ~ PER PILAAR

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Ons doelwit : 200 pilare!

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Our aim : 200 pillars!

Ons doelwit : 200 pilare!

GRADE 1 CORNFORTH 2017	HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
GRADE 3 VD MESCHT CLASS OF 2017	GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
GRADE 7 BRADSHAW CLASS OF 2017	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
GRADE 4 SMITH CLASS OF 2017	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
JUDE ERASMUS HEAD BOY 2017 SUNRIDGE 50TH	HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
COETZER FAMILIE MILA & ZANIKE	HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
Karlle Janse van Rensburg Graad 1 2017	HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
MRS HUGO CLASS OF 2017	GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
SIMON GREYLING HOOFSEUN 2018	HEATHER GESIN LIZE	STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
CHLOé CRITCHLOW HEAD GIRL 2018	COETZER FAMILY LUKE AND JESSICA	STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES