



Geagte Ouers

Snoepie

Ons het ons deel gedaan om te verseker dat ons snoepie die veldtog om minder suiker te gebruik, binne redelike perke ondersteun. **Jenny ondersteun ons op 'n wonderlike wyse en ons rig 'n vriendelike versoek aan ouers om dieselfde huis te doen.** Dit is nie slegs 'n gesonde leefwyse nie, maar ook 'n belegging in u kind se toekoms en gesondheid.

Dit gaan alles oor ingesteldheid en die keuses wat ons maak. Kosblikke en peuselhappies moet beplan word en dit help as 'n mens die effens meer gesonde opsie kies. Die verskeidenheid by die snoepie sal ook help en mettertyd kan ons 'n verskil maak.

Ons sal nog soms tydens spesiale geleenthede eetgoed met 'n hoër suikerinhoud verkoop, maar dit sal nie die reël wees nie.

Projekte

Stuur asseblief 'n epos aan info@sunridge.co.za indien u by enige van ons projekte betrokke wil raak en ons sal die regte persoon kry om u te kontak. Dit is weereens u keuse en die vraag is nie wat Sunridge vir u kan doen nie, maar wat u vir Sunridge kan doen.

Nuusbriewe

Die inhoud van nuusbriewe is dalk nie wat u graag wil lees of hoe u daarvan wil hoor nie. Gelukkig kies 99% van ons ouers hierdie medium en soms is dit skokkend om te sien hoe swak of verkeerd ouers lees. Dit laat my wonder waar die leesprobleem eintlik lê. Terwyl lees ter sprake is – maak asseblief seker dat u kind meer lees as wat ons voorsien. Dit is belangrik, **aangesien lees die vernaamste vaardigheid is om sukses te verseker. Om met begrip te lees, verg 'n bietjie meer inspanning** en weereens is dit u ondersteuning huis wat die verskil aan u kind se toekoms sal maak.

Kanale

Dit is 'n sensitiewe aangeleentheid, aangesien 3% van probleme (uitdagings) wat ons by die skool ervaar, regstreeks daarmee verband hou. Wanneer ouers 'n spesifieke uitkoms najaag, eien hulle hulself die reg toe om disrespekvol te wees. Met meer as 300 ouers wat daarop wag om hul kinders by ons in te skryf, wonder ek waarom ons dit verdra.

Hierdie gedrag sal egter nie 'n gunstige uitkoms tot gevolg hê nie en ek dink ons moet die boodskap duidelik uitstuur.

Skoolfoole

Dit word vinnig 'n bemarkingsinstrument soos ouers daarvan bewus raak dat hulle met ons fooie heelwat meer as elders kry. Binne drie weke het ek gesien dat meer aansoekers as ooit tevore dit onder my aandag bring. Ek moet die SBL bedank vir die positiewe wyse waarop hulle die skoolbestuur ondersteun.

Sunridge is die toekoms en ons is die leiers op verskillende onderwysgebiede. Ons sal foute maak, maar ons is bereid om dit te erken en stappe te neem om dit reg te stel. Soos wanneer kinders foute maak, ons hulle nooitoordeel nie, maar sterk daarin glo om gepaste stappe deur onderwysprogramme te neem om hulle reg te help.

Ons maak graag bekend dat toelatingsvorms vir 2019 vanaf Maandag 12 Februarie 2018 tussen 07:00 en 14:30 by die skolkantoor afgehaal kan word.

Die voltooide oorspronklike aansoekvorms, tesame met verpligte gewaarmerkte dokumente, moet teen 15:00 op 12 Maart 2018 terugbesorg word.

Positiewe leefstyl is nie 'n opsie nie – dit is die toekoms!



Sonskyngroete

M DE VRIES
Skoolhoof



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FACEBOOK!



8 February 2018

Dear Parents

Tuck Shop

We have done our share to ensure that our tuck shop stays within reasonable requirements to support the 'less sugar' drive. Jenny has done a marvellous job in support thereof and we kindly request you to support us from home. It's not only a healthy lifestyle but also a contribution to your child's future and health.

It's all about attitude and choices we make. Lunch boxes and snack packs need to be planned, and to choose a slightly healthier item is helping. The options at the tuck shop will help and with time we can make a difference. On certain occasions we will sell the higher sugar content stuff but it will not be the rule.

Projects

Should you wish to get involved with any of our projects, please pop an e-mail to info@sunridge.co.za and we will get the right person to contact you. Again this is your choice and the question should not be what is Sunridge doing for you but rather what you are doing for Sunridge.

Newsletters

The content of newsletters might not always be what you want to read or how you want to hear about it. Fortunately 99% of parents choose this medium and it's sometimes shocking to see how badly parents read or misread. It makes me wonder where the reading problem might really be. While on the topic of reading; please ensure your child reads more than just what we provide, this is essential as reading is the most important skill to ensure success. Reading with understanding takes a bit more effort and again your input at home will make the difference in the future of your child.

Channels

This is a sensitive issue as 3% problems (challenges) we encounter at school are directly related to this. While chasing a specific outcome some parent's grant themselves the right to be disrespectful. With over 300 parents waiting for any vacancy to enrol their children, I do wonder why we tolerate this.

This behaviour will however not achieve any favourable treatment and I believe we need to send this message out clearly.

School Fees

This is fast becoming a huge marketing tool as parents find that our fees are giving you much more than they were getting elsewhere. Within 3 weeks I had seen more applicants pointing this out than ever before. I need to thank the SGB for the positive way in which they support management.

Sunridge is the future and we are leading in different areas of education. We will make mistakes but we are willing to recognise them and apply steps to rectify them. As with children making mistakes, we never condemn but firmly believe in appropriate steps through educational programs to put them right.

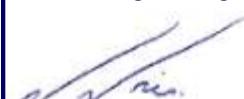
It gives us great pleasure to announce that from Monday, 12 February 2018 Application Documents for Admission in 2019 will be available at the office from 07:00 to 14:30.

The original application plus documents need to be returned, fully completed, together with the necessary certified attachments by Monday, 12 March 2018 at 15:00.

Positive living is not an option, it's the future!



Sunshine greetings



M DE VRIES
Principal



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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.

Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.

BIATHLON: The following athletes represented EP at the Inter Provincial Meet in Oudtshoorn: Daniel Jacobs (U9A), Caitlin Rademakers (U13A), Elmé Vermaak (U8A) · Simon Landsberg (U8A), Minette van Zyl (U8A), Jeandre Hattingh (U11A), Rico le Roux (U11A), Ilze Hattingh (U13A), Monique Alloway (U13B) and Arno van Onselen (U11B).

EQUESTRIAN: Results from the Sanesa Western Mounted Games: **Hayley Ferreira** - Level 0 ,10 and over off lead : 1st place - Barrel race, Poles 1, Figure 8 stake, Speed ball and Keyhole. She was the over all winner for Level 1 10 and over off lead. **Mia Ferreira** - Level 0, 10 and under lead rein: 1st place - Barrel race and Figure 8 stake and 2nd place - Poles 1 and Speed ball. She was 2nd over all for level 0 , 10 and under lead rein. **Gabrielle Kay-van Vliet**, riding 2 horses (School) - Barrel Race, Fig 8 Stakes and Speed Ball (1st & 2nd), Keyhole and Poles 1(1st & 4th) and Overall 1st & 2nd. In the Open SWAMGA Division - Barrel Race and Speed Ball (1st & 2nd), Fig 8 Stakes (1st & 4th), Keyhole (3rd & 5th), Poles 1 (1st & 5th) and Overall 1st & 4th

EASTERN CAPE JUNIOR CHILDREN'S CHOIR: The following learners successfully auditioned for the choir: Catherine Grebe, Matthew Grebe, Jean-Louis Greeff (choir monitor), Karlie Janse van Rensburg, Kyle Jarvis, Lise-Mari Kemp, Lisenathi Manyika, Karu Rademeyer, Jaco Strydom (choir monitor) and Henré Swanepoel.

ANIMAL CARE WEEK/ DIERESORGWEEK 12 – 16 FEB

- Please send cash for the bottles in each class. Vouchers to winning class/ Stuur asb. kontant vir die bottels in elke klas. Koopbewyse aan wenklas.
- Bring pet photos at R5 each. Cash prizes to be won/ Bring troeteldierfoto's teen R5 elk. Kontantpryse op die spel.
- Colouring-in competition Gr 1 – 3, R5 per entry. Cash prizes to be won/ Inkleurkompetisie Gr 1 – 3, R5 per inskrywing. Kontantpryse op die spel.
- Pet food, blankets, towels etc. to the office please/ Troeteldierkos, komberse, handdoeke ens. kantoor toe, asseblief.



IMPORTANT NOTICE

Please make sure that anything that is dropped off at the office, has a clearly marked note with your **child's name, grade and class on it. Money must** please be in an envelope/ bank bag with same on it.

BELANGRIKE KENNISGEWING

Maak asseblief seker dat alles wat by die kantoor afgegee word, duidelik met u kind se naam, graad en klas gemerk is. Geld moet asseblief in 'n koevert/banksakkie wees wat ook duidelik gemerk is.



2019
GRADE 1 APPLICATIONS
OPEN ON MONDAY,
12 FEBRUARY 2018

Twizza
Feel the beat, love the flavour

Tiger
wheel&tyre



Tavcor Commercial Vehicles
Delivering the Benchmark.



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PHOTO GALLERY / FOTOGALERY



SWIMMING



ATHLETICS



FOKUS OP: *Roelof Meyer*

VROEËRE LEWE: Ek is in George gebore. Ek het op 'n vroeë ouerdom na Port Elizabeth verhuis. Ek was in Laerskool Lorraine vanaf gr R tot gr 7. Ek het in 2013 my skoolloopbaan by Hoërskool Framesby begin. In 2017 het ek met een onderskeiding matrikuleer.

GESINSLEWE: My ouers is geskei toe ek drie jaar oud was, maar al twee is sedertdien gelukkig getroud. Ek het een jonger broer. My twee stiefbroers en twee stiefsusters is ouer as ek.

LOOPBAAN: Ek het 'n internskap by Sunridge Primêr ontvang en het my studies by UNISA in 2018 begin.

PRESTASIES: Ek was 'n monitor in gr 7 by Lorraine en het o/13A-rugby gespeel. In Hoërskool was ek 'n VCSV- Kringleier, 'n prefek en het ook in die eerstespan rugby gespeel.

INTERESSANTE FEITE OOR MYSELF: Ek het 'n goeie sin van humor. Ek dink aan myself as 'n vriendelike en positiewe mens.

Beantwoord asseblief die volgende 5 vrae:

1. Wat was jou gunsteling TV-program toe jy 'n kind was? Pokemon.
2. Het jy enige vreemde fobies? Hoogtevrees.
3. Is jy verslaaf aan enige vreemde stokperdjies/aktiwiteite? Ek geniet dit baie om TV - speletjies te speel (verkieslik playstation) en ek hou besonders baie van oefening (CrossFit).
4. Wat is jou gunstelingvleis vir middagete? Biefstuk.
5. Wat is die eerste ding wat jy in mense raaksien? Hoe hulle jou en ander mense hanteer.



SPORT RESULTS / UITSLAE

CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	GELVANDALE HUB	Won by 8 wickets	DIVAN LAMPRECHT
U/13A	ROWALLAN PARK	Won by 148 runs	OWEN MITCHELL
U/13A	HANDHAAF	Won by 7 wickets	GABRIEL SLABBERT
U/13A	HERBERT HURD	Won by 9 wickets	GABRIEL SLABBERT
U/13B	HANDHAAF	Won by 83 runs	HENNIE BOTES
U/13C	GREY	Lost by 33 runs	ETHAN JONKER
U/13D	MOREWAG	Lost by 3 wickets	NATHAN PUTZIER
U/11A	HANDHAAF	Won by 7 wickets	TYLER DU PLOOY
U/11B			
U/11C			
U/10A	HANDHAAF	Won by 50 runs	CALEB FOONG
U/10B			
U/9			
MINI 9A			
MINI 9B			



GIRLS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD



BOYS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST			

DIRK BRAND ATHLETICS		
AGE	NAME	RESULT
U/9	KAYLA DU PREEZ	1ST 80M
	RONé STRYDOM	3RD 60M & 60M
	BRUWER AGENBAG	3RD 80M
	REGARDT KEMP	2ND 80M
U/10	KADIN KRETZMANN	1ST 1200M
	XANDER MULDER	2ND LONG JUMP & 1ST 80M
	MICHAEL NYANDORO	1ST 100M & 3RD 80M
	MARONY JACOBS	3RD 100M
	IZAAN LAMPRECHT	1ST 70M HURDLES & 100M AND 2ND 80M
U/11	ESRI LE GRANGE	1ST SHOT PUT
	MARCO J VAN VUUREN	1ST LONG JUMP
	TIMOTHY TREU	3RD 70M HURDLES AND 100M
	DU PREEZ VERMAAK	1ST 1200M
	AMBER LISTER	3RD 70M HURDLES
U/12	CHELSEA STREET	3RD 100M & 1ST HIGH JUMP
	KYLE CALLAGHAN	3RD 75M HURDLES & 1ST LONG JUMP
	HERMANUS STEYN	3RD SHOT PUT
	LUCCA WIEHART	2ND 75M HURDLES, 1ST 100M AND 3RD 150M
	ZANIKE COETZER	1ST LONG JUMP
U/13	GISELLE PHEIFFER	1ST 75M HURDLES & 150M, 2ND HIGH JUMP AND 3RD 100M
	KAYLA STRYDOM	1ST SHOT PUT
	INGE VAN EYK	3RD 1200M & 75M HURDLES
	JHON-NICLAS ANTONIOU	3RD 1500M
	AIDAN BARNARD	2ND 80M HURDLES
	ZADRIAAN GOUWS	1ST 1500M & 3RD 800M
	DIVAN LAMPRECHT	2ND JAVELIN, 3RD 200M & 100M
	ARNO VOSLOO	1ST 200M HURDLES
	ANIKA DE RIDDER	1ST 75M HURDLES & 3RD 200M HURDLES
	MIA-CARA HART	2ND 800M & 1500M
	LARA KLEINHANS	2ND 200M HURDLES, 75M HURDLES & LONG JUMP
	LEILA NEL	2ND SHOT PUT



SPORT FIXTURES / WEDSTRYDDATUMS
DATE/DATUM: 12 - 17 February / Februarie 2018

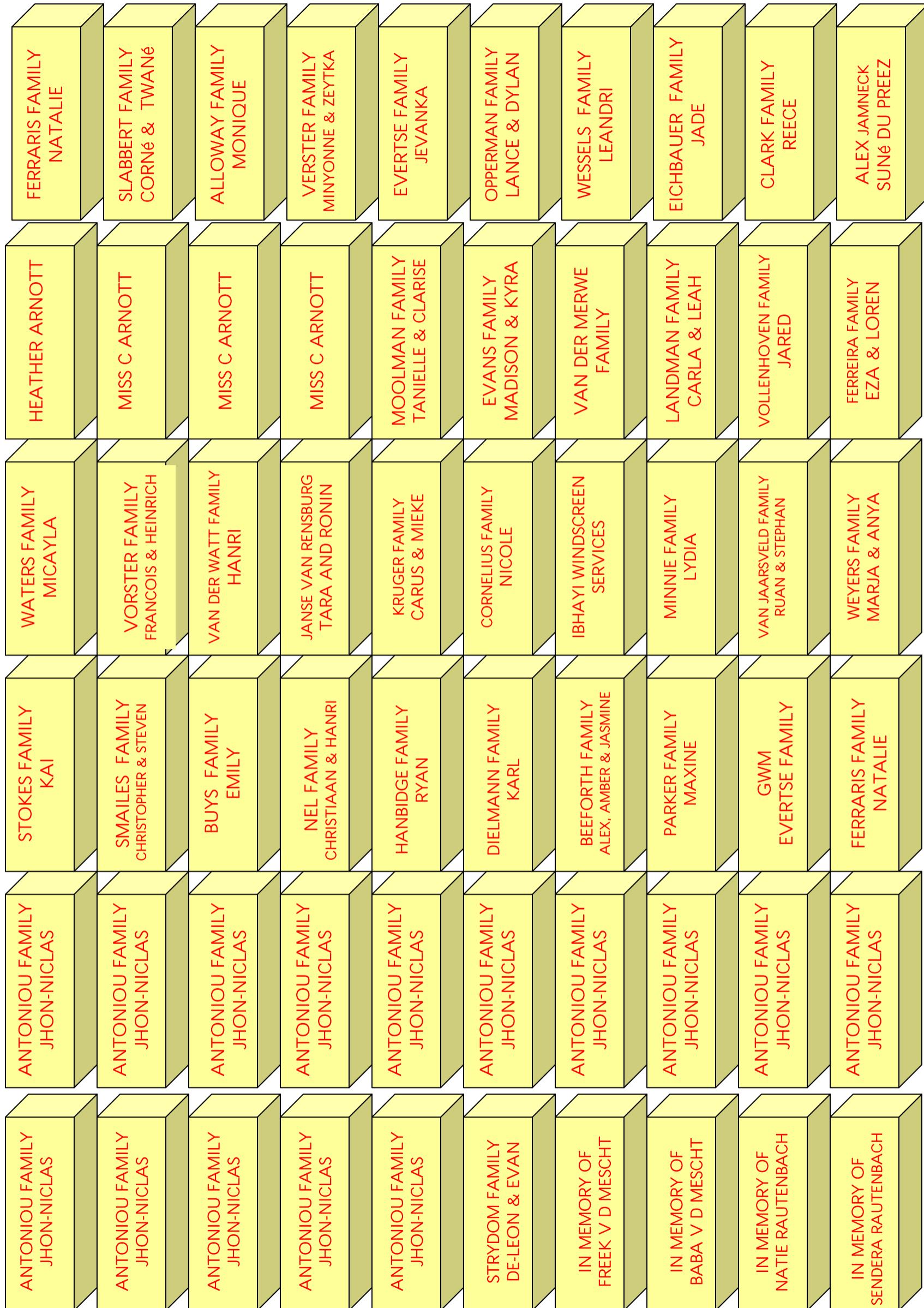
MAANDAG	
TUESDAY	<p>CRICKET: u/10C - LORRAINE 10B (HOME)</p> <p>MINI CRICKET: u/9A & B - HERBERT HURD (AWAY)</p> <p>BOYS TENNIS: vs HERBERT HURD (HOME)</p>
WOENSDAG	<p>KRIEKET: o/13A vs WESTERING (AWAY) o/13B vs GREY 13 C (HOME) o/13C vs ST JOSEPHS 13A (AWAY) o/13D vs ROWALLAN PARK 13B (AWAY) o/9A vs WESTERING (AWAY)</p>
THURSDAY	<p>u/10A vs LORRAINE (AWAY) u/10B vs WESTERING 10A (AWAY) u/10C vs (see Tuesday) u/11A vs GREY (HOME) u/11B vs GARRET 11A (AWAY) u/11C vs HERBERT HURD B (AWAY)</p> <p>GIRLS TENNIS: 1st TEAM vs COLLEGIATE (HOME) u/10 vs SUMMERWOOD (AWAY)</p>
VRYDAG	<p>KRIEKET: o/13A - JEFFREYS BAY (HOME) o/11A - JEFFREYS BAY (AWAY)</p> <p>SWEM: o/9 - o/13 AFLOSGALA (COLLEGIATE)</p>
SATURDAY	<p style="text-align: center;">ATHLETICS - METRO @ THE OVAL CRICKET - U/13A SUMMERWOOD 7-A-SIDE SWIMMING - C AGE GROUP GALA @ PRIORY ECSAFF COACHES WORKSHOP @ DIAZ</p>



PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!



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