

Ouers en Onderwysers, neem asseblief kennis van die volgende:

Indien 'n kind lewe met ...

kritiek, leer hy om te veroordeel.
vyandigheid, leer hy om te baklei.
vrees, leer hy om bang te wees.
bejammering, leer hy om homself jammer te kry.
jaloesie, leer hy om skuldig te voel.

Maar as 'n kind lewe met ...

verdraagsaamheid, leer hy om geduldig te wees.
aanmoediging, leer hy om selfvertroue te hê.
komplimente, leer hy om te waardeer.
erkenning, leer hy dat dit goed is om 'n doelwit te hê.
goedkeuring, leer hy om van homself te hou.
eerlikheid, leer hy wat die waarheid is.
regverdigheid, leer hy om regverdig te wees.
aanvaarding, leer hy om lief te hê.
sekuriteit, leer hy om vertroue in homself en die mense rondom hom te hê.
vriendelikheid, leer hy dat die wêreld 'n lekker plek is om in te woon.

Kom ons aanvaar weer dat ons van mekaar sal verskil – die vraag is net hoe ons dit gaan hanteer. Respek is die antwoord, ook om kanale te volg ongeag ons gevoelens. Kom ons koel eers af, of soos my kinders sê “Chill” voordat ons instorm. Oplossings is belangriker as probleme en besluite wat geneem word wanneer ons kalmer is, is altyd meer produktief. Ondersteun ons asseblief in hierdie verband.

Die akademie is ons vernaamste besigheid by Sunridge. U sal ondervind dat ek net die beste verwag en nie middelmatigheid aanvaar nie. Ons skool bied die beste moontlike voorbereiding en ons streef daarna om voortdurend ons punte te verbeter. Ons wil slegs die beste lewer en dit is dan ook wat ons verwag.

Parents and Teachers please take note of the following:

If a child lives with ...

criticism, a child learns to condemn.
hostility, a child learns to fight.
fear, a child learns to be apprehensive.
pity, a child learns to feel sorry for himself.
jealousy, a child learns to feel guilty.

But if a child lives with ...

tolerance, a child learns to be patient.
encouragement, a child learns to be confident.
praise, a child learns to be appreciative.
recognition, a child learns it is good to have a goal.
approval, a child learns to like himself.
honesty, a child learns what truth is.
fairness, a child learns justice.
acceptance, a child learns to love.
security, a child learns to have faith in himself and those around him.
friendliness, a child learns that the world is a nice place in which to live.

Let us again agree that we will disagree - the question is how we are going to address it. Respect will be the answer and by following channels irrespective of our feelings. Let us first **cool down** or as my children say: “Chill” before we rush in. Solutions are more important than problems and decisions taken when we are calm are always more productive. Please support us in this matter.

Academic matters are the core business at Sunridge. You will find that I will drive a hard bargain and do not accept mediocrity. This school offers the best possible preparation and we will strive to improve and better our results. We want to deliver the very best and that is also what we expect.

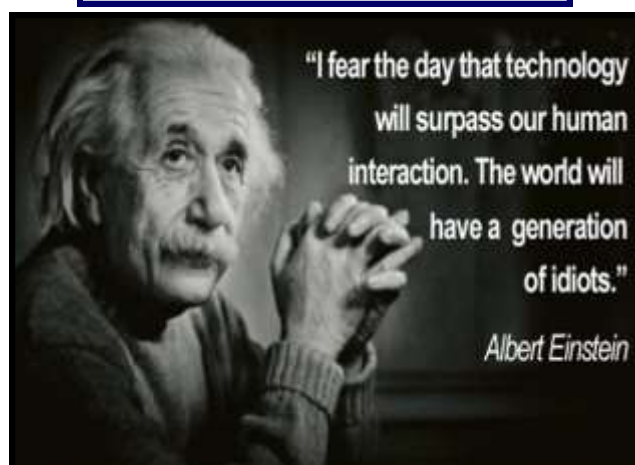


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M DE VRIES
Skoolhoof/ Principal



LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

SWIMMING: At EP Championships Caitlin Rademakers won a silver medal for 50m freestyle and 2 gold and 2 silver medals in the relays.

ATHLETICS: Zадriaan Gouws (3rd 1500m), Anél Strauss, Francois Vosloo (3rd 200m hurdles), Divan Lamprecht (3rd 200m), Anika de Ridder (1st 75m hurdles), Inge van Eyk, Mia-Cara Hart (1st 1500m & 2nd 800m), Tyler Doyle and Kadin Kretzmann (2nd 200m) represented EP and the Inter Provincial meeting held at the Oval.

GYMNASTICS: Kay-Lee Swanepoel came 1st in Tumbling and trampoline and 2nd in Double mini at Andersons Voluntary Competition.



4TH TERM DATES 4DE KWARTAAL DATUMS

6 DECEMBER:

GALA-AAND SPORT EN KULTUUR

10 DECEMBER:

ACADEMIC AWARD EVENING

11 DECEMBER:

GRADE 7 SOCIAL

12 DECEMBER:

FINAL ASSEMBLY



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PHOTO GALLERY / FOTOGALERI



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PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!

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PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!

ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS
STRYDOM FAMILY DE-LEON & EVAN	IN MEMORY OF FREEK V D MESCHT	IN MEMORY OF BABA V D MESCHT	IN MEMORY OF NATIE RAUTENBACH	IN MEMORY OF SENDERA RAUTENBACH	FERRARIS FAMILY NATALIE	STOKES FAMILY KAI	SMAILES FAMILY CHRISTOPHER & STEVEN	BUYS FAMILY EMILY	NEL FAMILY CHRISTIAAN & HANRI
KRUGER FAMILY CARUS & MIEKE	CORNELIUS FAMILY NICOLE	IBHAYI WINDSCREEN SERVICES	MINNIE FAMILY LYDIA	VAN JAARSVELD FAMILY RUAN & STEPHAN	WATERS FAMILY MICAYLA	VORSTER FAMILY FRANCOIS & HEINRICH	VAN DER WATT FAMILY HANRI	JANSE VAN RENSBURG TARA AND RONIN	KRUGER FAMILY CARUS & MIEKE
EVANS FAMILY MADISON & KYRA	VAN DER MERWE FAMILY	LANDMAN FAMILY CARLA & LEAH	VOLLENHOVEN FAMILY JARED	FERREIRA FAMILY EZA & LOREN	HEATHER ARNOTT	MISS C ARNOTT	MISS C ARNOTT	MISS C ARNOTT	MOOLMAN FAMILY TANIELLE & CLARISE
OPPERMAN FAMILY LANCE & DYLAN	WESSELS FAMILY LEANDRI	EICHBAUER FAMILY JADE	CLARK FAMILY REECE	ALEX JAMNECK SUNé DU PREEZ	FERRARIS FAMILY NATALIE	SLABBERT FAMILY CORNé & TWANé	ALLOWAY FAMILY MONIQUE	VERSTER FAMILY MINYONNE & ZEYTKA	EVERTSE FAMILY JEVANKA

PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!

GRADE 1 CORNFORTH 2017	HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
GRADE 3 VD MESCHT CLASS OF 2017	GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
GRADE 7 BRADSHAW CLASS OF 2017	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
GRADE 4 SMITH CLASS OF 2017	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
JUDE ERASMUS HEAD BOY 2017 SUNRIDGE 50TH	HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
COETZER FAMILIE MILA & ZANIKE	HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
Karlle Janse van Rensburg Graad 1 2017	HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
MRS HUGO CLASS OF 2017	GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
SIMON GREYLING HOOFSEUN 2018	HEATHER GESIN LIZE	STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
CHLOé CRITCHLOW HEAD GIRL 2018	COETZER FAMILY LUKE AND JESSICA	STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES