

Geagte Ouers

Die pad vorentoe word sorgvuldig beplan om seker te maak dat die 2018-akademiese jaar vlot en suksesvol afloop. Die eksamenrooster, hersienings- en studiewerk, asook al die ander betrokke inligting wat nog nie aan u deurgegee is nie, sal binnekort aan u gestuur word.

Soos in die verlede verskaf ons 'n moontlike program vir die eksamen, asook praktiese ondersteuning om 'n daaglikse skedule vir u kind uit te werk. Behoorlike beplanning en vroegtydige voorbereiding sal help dat die eksamen meer suksesvol en minder stresvol verloop. Ons verstaan die uitdagings wat u tuis die hoof moet bied en ons glo dat ons u met grondige raad kan ondersteun.

Dit is raadsaam om nou reeds 'n hersieningsrooster in plek te stel sodat u kind die eksamen rustig tegemoet kan gaan.

Alhoewel bogenoemde meer belangrik vir Gr 4 – 7 leerlinge is, is ons van mening dat 'n uiters ontspanne, maar vaste gids-program vir Gr 1 – 3 leerlinge saamgestel moet word om hulle te help sodat hulle hierdie vaardigheid mettertyd kan aanleer en bemeester.

Hierdie vaardigheid kan deel word van u kind se skoolloopbaan en met goeie ondersteuning kan dit 'n uiters positiewe ervaring word, wat spanning vir kinders, asook hul ouers kan beperk. Alhoewel die skool met 'n paar moontlikhede kan help, moet gesinne dit self bestuur.

Hier by die skool sal 'n eksamenatmosfeer heers en alles sal in plek geplaas word om 'n positiewe geleentheid vir alle leerders te skep sodat hulle die eksamen suksesvol kan voltooi.

Dit is noodsaaklik om steeds aan buitemuurse bedrywighede deel te neem, daarom moet daar iewers in die dagbeplanner meer tyd vir akademiese werk ingeruim word. Agt/nege uur slaap is ononderhandelbaar en behoort reël nr. 1 te wees.

Oefening bly 'n noodsaaklike deel van die program en moet deelname aan buitemuurse bedrywighede gedurende die eksamen vervang. Met inagneming van al hierdie faktore het ons 'n voorgestelde daaglikse program saamgestel om u te help:

• Word wakker en maak gereed	06:00 tot 06:30
• Hersiening	06:30 tot 07:00
• Ontbyt	07:00 tot 07:30
• Gaan skool toe	07:30
• Eksamen	08:00 tot 12:00
• Gaan huis toe en eet middagete	12:00 tot 13:00
• Rus en speel/oefen	13:00 tot 14:00
• Studietyd 1	14:00 tot 15:00
• Rus en Studietyd 2	15:30 tot 16:30
• Gesinstyd/oefening	16:30 tot 18:30
• Studietyd 3	18:30 tot 19:30
• Badtyd	19:30 tot 20:00
• Stiltetyd/Bybelstudie	20:00 tot 21:00
• Slaap	21:00 tot 06:00

Hierdie is slegs 'n voorgestelde rooster en moet by u gesin se styl, behoeftes en vereistes aangepas word. U kan self besluit oor u eie persoonlike tydraamwerk, met inagneming van u kind se behoeftes, asook u eie rol in die proses.

Buitemuurse kleredrag

Daar is onder ons aandag gebring dat daar 'n behoefte bestaan vir 'n warm Sunridge-top. Die leerlinge het gevra vir 'n kappietop of wollerige top. Ons het prosedures gevolg en in hierdie verband met die SBL geskakel. Ons was in staat om 'n baie netjiese, sterk en gewilde top met handelsmerk te bekom, wat as deel van ons buitemuurse kleredrag gebruik kan word. Die koste is gemiddeld R280 per top.

Dit sal nie deel van formele skooldrag wees nie, maar sal wel vir buitemuurse bedrywighede gebruik word (sport/kultuur en toere), aangesien ons geen algemene skoolsweetpak het nie.

Ons het u terugvoer nodig ten einde die SBL in staat te stel om die besluit te neem. Indien u enige beswaar het, stuur asb. voor 12:00 op 5 November 2018 'n e-pos na wendy@sunridge.co.za.

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Sonskvnaroete



M DE VRIES
Skoolhoof



Dear Parents,

As we move forward, we have carefully planned to ensure a smooth and successful end to the 2018 academic year. The exam time table, work to be revised and studied, together with all other relevant information will be sent to you soon.

As in the past we have drawn up a possible programme for the examinations as well as practical support to work out a daily schedule for your child to follow. Proper planning and timeless preparation will ensure a successful and less stressful exam. We understand the challenges at home and dealing with them we believe we can support you with sound advice.

A revision timetable should be worked out for upcoming exams and it's advisable that it be put in place to allow your child to ease into the exams.

Although the above is more important for Grade 4 - 7 learners, we believe that a very relaxed but firm guidance programme should also be introduced to the Grade 1 - 3 learners to support them to learn and master this skill timeously.

This skill will be part of your school career and with good support can be a positive experience which will minimise the stress on children and parents alike. Although the school can assist with a few possibilities, families need to manage it themselves.

At school we will create the exam atmosphere and put everything in place to create a positive opportunity for all learners to complete the exams successfully.

To continue to participate in extra mural activities is essential and to create more time for academic work should be found elsewhere in your daily planner. Eight/Nine hours sleep is not negotiable and should be set as rule number 1.

Exercise during exams should replace participation in extra mural activities but stay an essential part. With all of this in mind we have set this proposal as a daily programme to support you:

• Wake up & get ready	06:00 - 06:30
• Revision	06:30 - 07:00
• Breakfast	07:00 - 07:30
• Go to school	07:30
• Examination	08:00 - 12:00
• Go home & have lunch	12:00 - 13:00
• Rest & play time/Exercise	13:00 - 14:00
• Study session 1	14:00 - 15:00
• Rest & play time	15:00 - 15:30
• Study session 2	15:30 - 16:30
• Family time /Exercise	16:30 - 18:30
• Study session 3	18:30 - 19:30
• Bath time	19:30 - 20:00
• Quiet time/ Bible Study	20:00 - 21:00
• Sleep	21:00 - 06:00

This is not cast in stone and should be adapted to your family style, needs and to what you feel is the correct programme. You need to take your child's individual needs into consideration - your role in the process and time frames is entirely up to you.

School Clothing

It has been brought to our attention that there is a need for a Sunridge "warm top". The children asked for a "hoody" or a "fleecy top". We followed procedures and liaised with the SGB in this regard. We have sourced a very neat, strong, branded top to incorporate it into our school wear. The average cost would be R280 per top.

This will not be part of formal school wear, it is intended for extra mural activities (sport/cultural or tours) as we have no general school tracksuit.

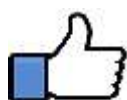
Following procedure to allow the SGB to make the decision we need your input. Should you have any objections please send an e-mail to wendy@sunridge.co.za before 12:00 on 5 November 2018.

Sunshine greetings



M DE VRIES
Principal

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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

BIATHLON: The following athletes represented EP at the Biathlon Inter Provincial on Saturday: **Elmé Vermaak** (Gold medal u/9), **Kadin Kretzmanm** (Bronze medal u/11), **Francois Vosloo** (Bronze medal u/13), **Ethan Els**, **Charl Geissler**, **Hanré Vermaak**, **Simon Landsberg**, **Rico le Roux**, **Minette van Zyl**, **Marony Jacobs**, **Daniel Jacobs**, **Milla Delport**, **Mari Geissler** and **Caitlin Rademakers**. The following athletes also took part - **Wihan Muller**, **Steven Scheffer**, **Alouise Vosloo** (Development) and **Ryan Landman** and **Christian Theron** (school team).

VOORTREKKERS: Ruan Erskine het by die Nasionale Voorslag Toetskamp 'n silwer voorslagtoekenning verwerf.

ATHLETICS: Congratulations to all athletes who have competed in the various meets. **Zadriaan Gouws** attained the following results - 1st places in the boys 1500m and 1000m and 2nd place in the boys 800m. **Mia-Cara Hart** attained 2nd place in the 800m.

ARCHERY: Seth Humple represented the EC at the NASP-SA Inter Provincial Championships.



John Dory's
FISH • GRILL • SUSHI

Our prefects will be 'shadow' waiting at



Monday, 29 October 2018

From: 18:00 ~ 21:00

Let's join in the fun!



FOR SALE



Twizza
Feel the beat, love the flavour

Tiger
Wheel & Tyre



Tavcor Commercial Vehicles
Delivering the Benchmark.



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Die inhoud van die advertensies wat in die nuusbrieff verskyn, weerspieël nie noodwendig die siening en goedkeuring van die skool nie.*

2018 YEAR BOOK

TO ADVERTISE IN THE YEAR BOOK PLEASE CONTACT
WENDY GARDNER

wendy@sunridge.co.za

OPTIONS AND PRICES

FULL PAGE COLOUR ADVERT	R4,000.00
1/2 PAGE COLOUR ADVERT	R2,000.00

ONE ONLY!

(FIRST COME, FIRST SERVED)

**FULL PAGE COLOUR ADVERT ON THE BACK
COVER OF THE YEAR BOOK R5,000.00**

**ALL PAYMENTS AND ARTWORK TO BE
RECEIVED BY FRIDAY, 9 NOVEMBER 2018**

NAME ONLY ON THE BOTTOM OF THE PAGE R250.00

ALL OPTIONS INCLUDE A YEAR BOOK



PHOTO GALLERY / FOTOGALLERY



FOCUS ON: *Tennyson Mazorodze*

EARLY LIFE: I was born in 1997 in Bulawayo, Zimbabwe.

FAMILY Life: : I am one of four children (2 brothers and 2 sisters). My 10 year old sister is disabled and is with my parents in Zimbabwe. I live in Walmer Township with my sister, and my brother lives in Johannesburg.

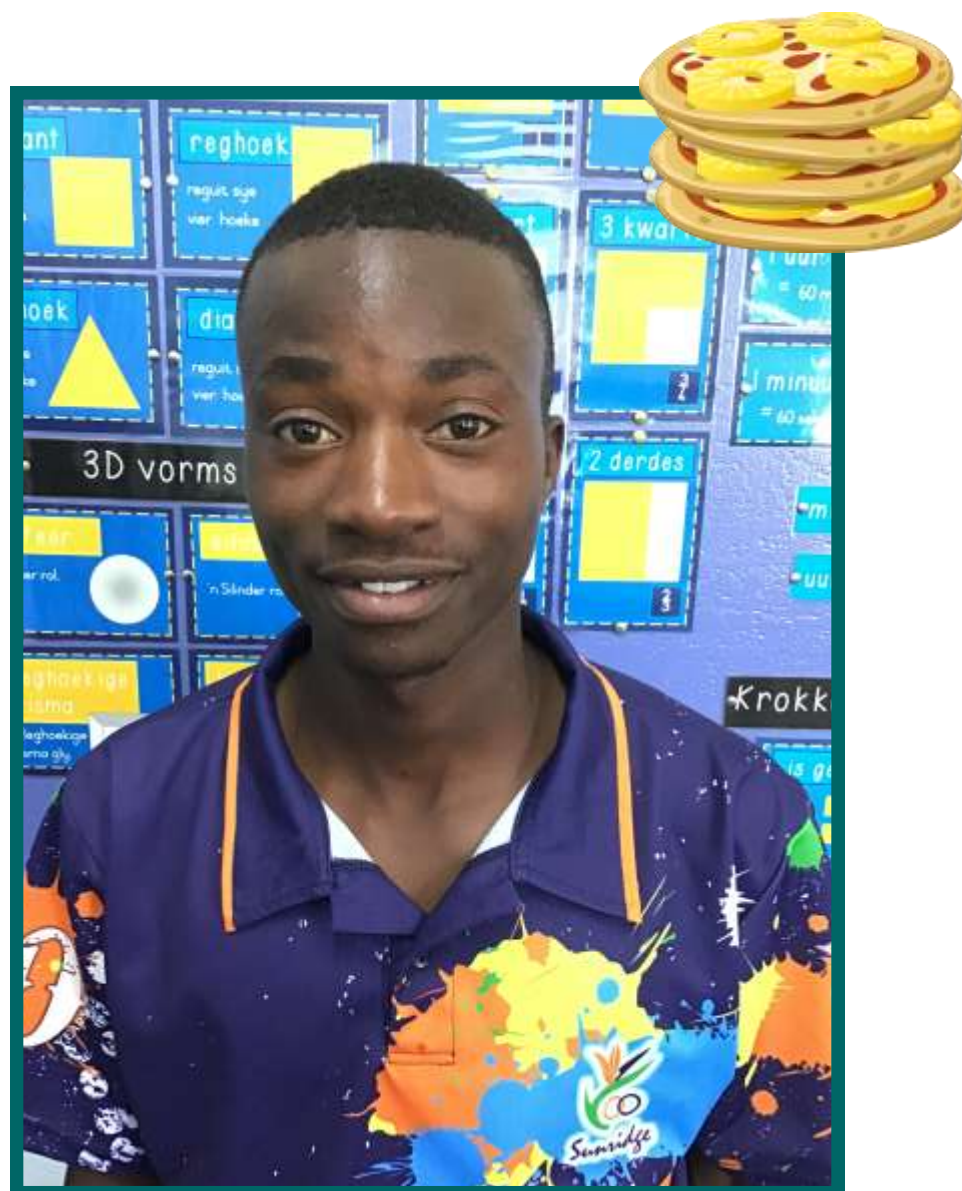
CAREER LIFE: There are no jobs in Zimbabwe so I moved to South Africa in 2017. I was doing garden jobs when I met Mr Tiaan Vermaak - he arranged this job for me and I started at Sunridge in April this year. I have never been so lucky in my life.

ACCOMPLISHMENTS: This is my first real job.

INTERESTING FACTS ABOUT YOURSELF: The caretaker, Uncle Gerald, said my name is too long and difficult to say so gave me the name Ten cents!

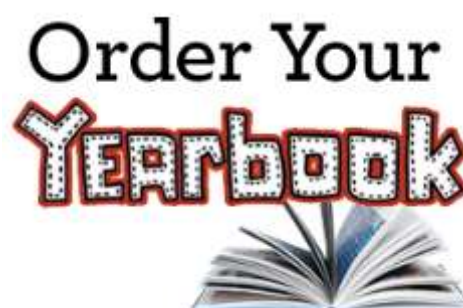
Please answer the following five questions:

1. Have you accepted a dare that you later regretted and what was it? No
2. What is your favourite flavour pizza? Hawaii
3. Do you have any strange phobias? No
4. What is your favourite cereal? Cornflakes
5. Choose a movie title for the story of your life. Born Free



SPORT FIXTURES / WEDSTRYDDATUMS
DATE/DATUM: 29 OCTOBER/ OKTOBER - 3 NOVEMBER 2018

MAANDAG	KRIEKET: O/13B vs CHARLO (HOME)
TUESDAY	CRICKET: MINI CRICKET: u/9A & B - DR VILJOEN (HOME) u/11B vs ST JOSEPHS U/10A vs HARVEST CHRISTIAN (HOME) BOYS TENNIS: vs CHARLO (HOME)
WOENSDAG	KRIEKET: o/13A vs GREY A (TUIS) o/13C vs GREY E (WEG) o/9A vs PRIORY (WEG)
THURSDAY	u/10B vs LORRAINE (AWAY) u/11A vs HANDHAAF (HOME) u/11B vs MÔREWAG (AWAY) u/11C vs TJAART VAN DER WALT (AWAY) GIRLS TENNIS: 1st TEAM vs COLLEGIATE A (AWAY) u/10 vs COLLEGIATE A (AWAY)
VRYDAG	INTERHUIS-ATLETIEK GR 3 - 7 EN GEKOSE GR 2'S KRIEKET: o/13A vs HOLY CROSS (TUIS) TENNIS: MATCH POINT TOERNOOI @ GRAAFF-REINET
SATURDAY	C AGE GROUP GALA AT KABEGA PRIMARY U/9A & B HERBIE MINI CRICKET FESTIVAL @ HERBERT HURD E-WASTE TECHNOLOGIES AFRICA TOP 10 ATHLETICS MATCH POINT TOERNOOI @ GRAAFF-REINET



SPORT RESULTS / UITSLAE

CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	CLARENDON	Won by 7 wickets	LEANDER VAN ROOYEN
U/13A	WESTERING	Won by 6 wickets	DAYLON MYNERS
U/13A	STIRLING	Lost by 36 runs	OWEN MITCHELL
U/13C	GREY E	Lost by 95 runs	NATHAN BRADLEY
U/13C	CAPE RECIFE A	Won by 120 runs	GARETH MACLEAR
U/11A	VERKENNER	Won by 9 wickets	ZAC ZIETSMAN
U/11C	THEODOR HERZL	Won by 6 wickets	PIERRE BARNARD
U/10A	WESTERING	Lost by 19 runs	LEHAN BARNARD
U/9A	CLARENDON	Lost by 9 wickets	JEAN CAPES
MINI 9A			
MINI 9B			



CHESS			
TEAM	OPPONENT	SCORE	PLAYER OF THE MATCH
JUNIOR			
JUNIOR			



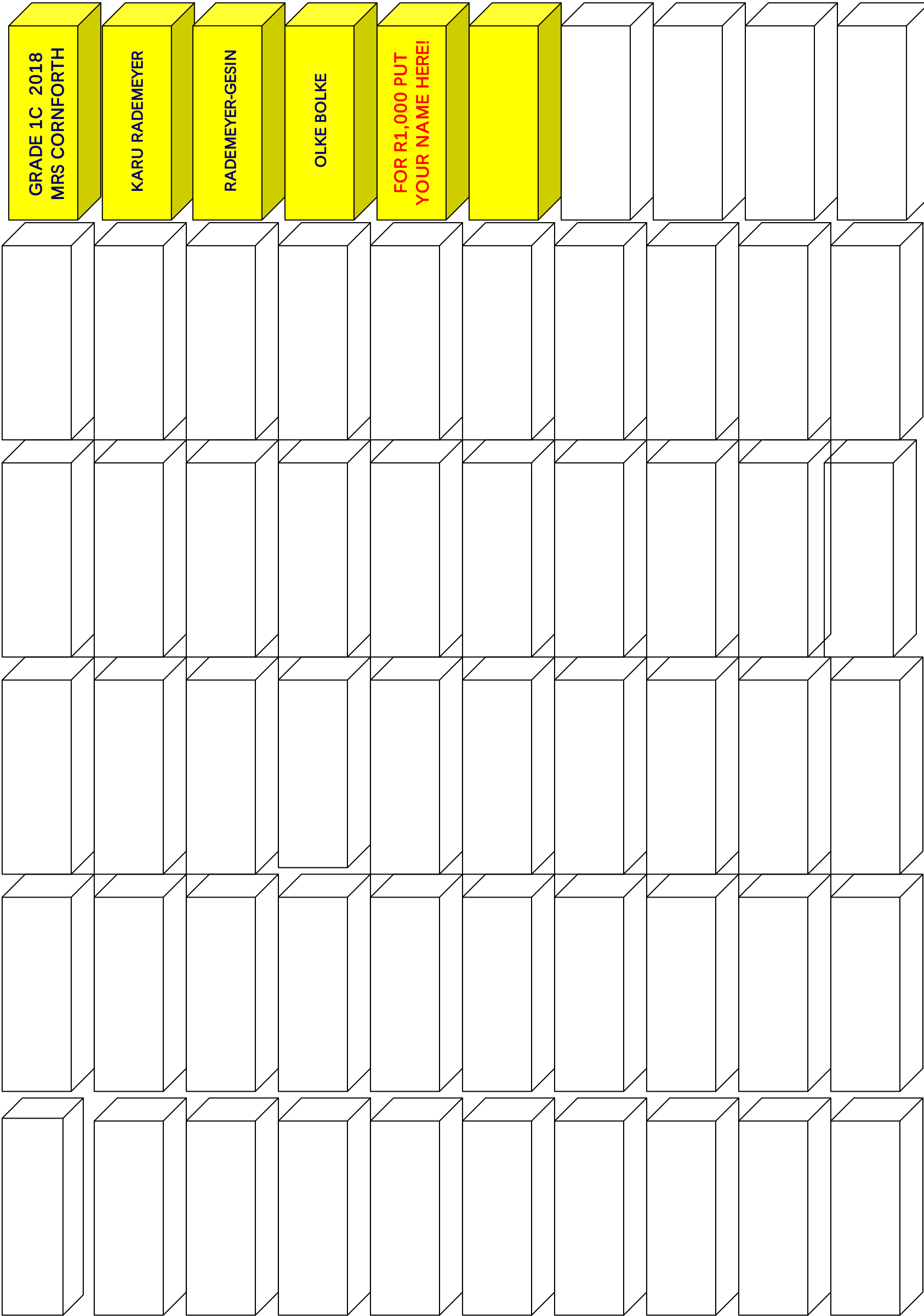
BOYS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST			

GIRLS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST	COLLEGIATE B	25 - 19	ANé RETIEF
U/10	NEWTON PARK A	12 - 6	THERESE OTTO

PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!



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ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	STOKES FAMILY KAI	WATERS FAMILY MICAYLA	HEATHER ARNOTT	FERRARIS FAMILY NATALIE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	SMAILES FAMILY CHRISTOPHER & STEVEN	VORSTER FAMILY FRANCOIS & HEINRICH	MISS C ARNOTT	SLABBERT FAMILY CORNÉ & TWANÉ
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	BUYS FAMILY EMILY	VAN DER WATT FAMILY HANRI	MISS C ARNOTT	ALLOWAY FAMILY MONIQUE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	NEL FAMILY CHRISTIAAN & HANRI	JANSE VAN RENSBURG TARA AND RONIN	MISS C ARNOTT	VERSTER FAMILY MINYONNE & ZEYTKA
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	HANBIDGE FAMILY RYAN	KRUGER FAMILY CARUS & MIEKE	MOOLMAN FAMILY TANIELLE & CLARISE	EVERTSE FAMILY JEVANKA
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	DIELMANN FAMILY KARL	CORNELIUS FAMILY NICOLE	EVANS FAMILY MADISON & KYRA	OPPERMAN FAMILY LANCE & DYLAN
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	BEEFORTH FAMILY ALEX, AMBER & JASMINE	IBHAYI WINDSCREEN SERVICES	VAN DER MERWE FAMILY	WESSELS FAMILY LEANDRI
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	PARKER FAMILY MAXINE	MINNIE FAMILY LYDIA	LANDMAN FAMILY CARLA & LEAH	EICHBAUER FAMILY JADE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	GWM EVERTSE FAMILY	VAN JAARSVELD FAMILY RUAN & STEPHAN	VOLLENHOVEN FAMILY JARED	CLARK FAMILY REECE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	FERRARIS FAMILY NATALIE	WEYERS FAMILY MARJA & ANYA	FERREIRA FAMILY EZA & LOREN	ALEX JAMNECK SUNÉ DU PREEZ

PER PILLAR ~ R1,000.00 ~ PER PILAAR

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GRADE 1 CORNFORTH 2017	HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
GRADE 3 VD MESCHT CLASS OF 2017	GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
GRADE 7 BRADSHAW CLASS OF 2017	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
GRADE 4 SMITH CLASS OF 2017	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
JUDE ERASMUS HEAD BOY 2017 SUNRIDGE 50TH	HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
COETZER FAMILIE MILA & ZANIKE	HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
Karlle Janse van Rensburg Graad 1 2017	HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
MRS HUGO CLASS OF 2017	GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
SIMON GREYLING HOOFSEUN 2018	HEATHER GESIN LIZE	STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
CHLOé CRITCHLOW HEAD GIRL 2018	COETZER FAMILY LUKE AND JESSICA	STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES