

SUNRIDGE
VANDAG



SUNRIDGE
TODAY

2 March / Maart 2017

Geagte Ouers

Wonderlik om te sien hoe ons kinders die jaar aanvat en op verskeie gebiede presteer en hulself geniet. Ons kinders is werklik bevoorreg om aan soveel ongelooflike geleenthede blootgestel te word. Dankie aan die personeel en ouers wat so fantasties saamwerk om dit aan ons kinders te bied.

Dit is ongelooflik om te hoor hoe dit daar buite gons oor dit wat Sunridge bied en oor ons kinders se optrede en prestasies. Dit is werklik besonders om die positiewe gevoel van ons gemeenskap te beleef en dan weer te besef watter wonderlike skool Sunridge is.

Dit is dan vanuit die ervaring en beleving dat ek al die positiewe en deelnemende ouers hartlik bedank vir hulle aandeel om saam met ons opvoeders die pad te stap en die toekoms vir ons kinders te skep.

Julle is besig om saam 'n nalatenskap neer te lê wat Sunridge op die volgende vlak plaas. Ons merk ook meer en meer die samewerking wat aan onderwysers op verskeie vlakke gegee word en sien die verbetering en verandering in ons kinders.

Na byna 30 jaar in onderwys is dit aangenaam om weer die positiewe ingesteldheid van ouers en die respek te beleef wat die professie toekom. So baie hoor ons van volwassenes wat na hulle hoërskole en selde tot nooit na hulle laerskool verwys. Hierdie verskynsel is normaal, maar ek besef vandag dat die fondasie wel in my laerskool gelê is, groot geraak onder die beskermende vlerk van my junior primêre juffrouens met my senior onderwysers wat my reg voorberei het vir die hoërskool en alles wat sou volg. Dit is die onbaatsugtige geduld van onderwysers met liefde vir kinders wat ten spyte van alles die deurslag gee.

Ouers en grootouers - nooit kan ons hulle vergeet wat stil ons ondersteun het en die pad saam met elke onderwysers oor die jare gestap het nie. Dankie aan alle ouers wat die pad stap, ons bid vir julle en julle geduld en krag wat so uiters noodsaaklik is.

Die belangrikste is dat ons almal en veral kinders uit foute leer - foute gaan gemaak word. Die toets is egter die wyse waarop ons dit gaan aanvaar. Ons is en sal nooit verdoem nie, kinders maak foute, volwassenes maak foute, die konsep is dat ons dit moet erken, hanteer en aanbeweeg.

Emosie staan egter meestal in die pad van die eenvoudige konsep en as kinders lankal weer saamspeel, worstel ons as volwassenes nog met die probleem. Dankie vir u ondersteuning en begrip vir die ongelooflike taak wat ons onderwysers het.

"I think the guys who are really controlling their emotions.....are the ones that are going to win." Tiger Woods

Dear Parents

It is wonderful to see how our children seize the year, excelling on different levels and enjoying themselves. Our children are indeed privileged to be exposed to so many wonderful opportunities. Thank you to staff and parents who work together so well to offer these opportunities to our children.

It is incredible to hear the buzz outside the school about what we offer at Sunridge and about the way our children behave and their achievements. It is so special to experience the positive vibe in our community and to realize once more how wonderful our school is.

It is with this knowledge and experience in mind that I would like to thank all positive and supportive parents who reach out to our educators and help them to create the future for our children.

You are creating a legacy which will take Sunridge to the next level. We are also increasingly aware of the co-operation with teachers on different levels and we see the change and improvement in our children.

After almost 30 years in education it is so good to experience the positive mind set of parents and the respect which the profession is due. We often hear that adults speak about their high schools but seldom about their primary schools. This phenomenon is the norm but I realize today that the foundation was laid in my primary school years, under the protective wing of my junior primary teachers, while my senior primary teachers prepared me for high school and everything that was to follow. It is the selfless patience of teachers and their love for children which is the deciding factor at the end of the day.

We always remember the silent support of parents and grandparents, and the road walked with every teacher over the years. Thank you to all the parents who walk the road with us, we pray for you and for the patience and strength that you need.

Most important is that all of us and especially children learn from our mistakes. Mistakes will be made, but the test is in the way we deal with them. We will never condemn children or adults for making mistakes – we should acknowledge and deal with them and then move on.

Emotions generally get in the way of this simple concept and long after children have started playing together again we as adults still battle with the problem. Thank you for your support and understanding of the incredible task that our teachers have.

"I think the guys who are really controlling their emotions.....are the ones that are going to win." Tiger Woods



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Sonskyngroete / Sunshine Greetings

M DE VRIES
Skoolhoof / Principal



LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

MATHS: Devon Lister came second in the Maths Olympiad held at DF Malherbe

BIATHLON: At the EP Biathlon Championships the following results were attained: Gold Medals - Kerri - Lee Barnard (u/13), Francois Vosloo (u/11) & Daniel Jacobs (u/8). Silver Medals - Jean Capes u/8) & Elmé Barnard (u/8). Bronze Medal - Marony Jacobs (u/9).

The following learners have been selected for the EP team taking part in the SA Championships in Paarl in April - Kerri-Lee Barnard, Francois Vosloo, Kyle Callaghan, Jeandré Hattingh, Xander Myburgh, Marony Jacobs, Karla Myburgh, Izaan Lamprecht, Milla Delpont and Zanike Coetzer.

ATHLETICS: Karli Slabbert took part in the Metro High School Championships and came 2nd in the 100m—she will now compete in the EC Championships. The following athletes have qualified for the EC Primary School Championships in Cra-dock: Thriscka Stapelberg, Chelsea Street, Francois Vosloo, Lara Kleinhans, Anika de Ridder and Divan Lamprecht

ANIMAL CARE WEEK/DIERESORGWEEK

Thank you very much to our amazing parents who contributed so generously to our Animal Care Week. We received a huge amount of food, blankets etc. The amount of R7931.25 was raised, which was rounded off to R8000. The money and food was distributed among AWS, AACL, Save-a-Pet and CatCare. Thanks to our parents this was a huge success and the animal care societies were overwhelmed. The prize winners will be announced at assembly.

Baie dankie aan ons wonderlike ouers wat so ruimskoots bygedra het tot die sukses van Dieresorgweek. Ons het 'n reuse-hoeveelheid kos, kombesies ens. ontvang. Die bedrag van R7931.25 is ingesamel, wat ons tot R8000 afgerond het. Die geld en kos is verdeel onder DBV, AACL, Save-a-Pet en CatCare. Danksy ons ouers was hierdie week 'n reuse-sukses en die diersorgverenigings was oorweldig. Die prysweners sal tydens saalbyeenkoms aangekondig word.

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PHOTO GALLERY / FOTOGALERY



FOKUS OP: *Tiaan Vermaak*

VROEË LEWE: Ek het groot geword en bly nog steeds in Port Elizabeth. Ek was in Laerskool Verkenner en Hoërskool Framesby. Ek kan nie aan my grootword dink sonder sport nie. Dit was deel van my hele familie met beide my ouers wat nog kompetend deelgeneem het tot ek nog uit skool was .

GESINSLEWE: Gelukkig getroud vir 30 jaar met een wonderlike seun...wel dit is my ouers. Ek aan die ander kant is nog in die proses om 'n familie te begin, maar moet seker eers 'n lewensmaat vind. Ek is baie geheg aan my familie en is die volgende een om te trou - so hulle wag in spanning.

LOOPBAAN: Dit was bedoel vir my om deel te vorm van Sunridge aangesien ek al van 2011 deel van die "Sonskynfamilie" is. Ek was voorheen net 'n afrigter van sportspanne terwyl ek by Varsity College studeer het. Ek is toe na dit binne die skool betrokke as intern en het nog glad nie teruggekyk nie.

MYLPALE: Mense ken my maar as iemand wat so bietjie hou van rugby... dalk bietjie te veel. Ek was bevoorreg om meeste van my hoogtepunte in my lewe met rugby te ervaar. As 'n speler het ek die OP onder 19- span (2010) verteenwoordig, asook die OP Amateurspan (2014-2016), ek het ook vir Park-rugbyklub se 1ste span gespeel. Ek was ook bevoorreg om as voorspeler van die jaar, speler van die jaar, sportman van die jaar asook waardevolste speler oor 5 jaar erkenning te ontvang oor my 5 jaar wat ek al 1ste span speel.

As afrigter by Sunridge het ek ook verskeie hoogtepunte bereik deur deel te wees van die onder 13A-Rugbyspan as hulpafrigter waar die Super12-titel 3 jaar gewen is (2014,2015,2016) asook 'n 3de plek in 2013. Die span verteenwoordig ook by Wildeklaar-superskole-rugbyweek in Kimberley jaarliks as die enigste laerskool van die Oos-Kaap. Ek was ook betrokke by Park-rugbyklub se onder 21-span wat in 2015 en 2016 die ligawenners was.

INTERESSANTE FEITE OOR MYSELF:

- Ek het op Hoërskool nooit A-span gespeel in enige sport nie
- Ek hou baie van Afrikaanse musiek
- Ek wil graag eendag oorsee gaan en die wêreld sien
- Ek is 'n baie lojale persoon en is baie trots op dit wat vir my belangrik is.
- Goeie sin vir humor op die regte tyd hou 'n mens jonk

Beantwoord asseblief die volgende vyf vrae:

1. AS VOLWASSENE, WIE OF WAT MIS JY DIE MEESTE? Kaalvoetrugby en 'n goeie Springbokspan
2. WAT WAS DIE LAASTE DING WAT JY GEËET HET? Slapchips
3. WAT VERKIES JY: SOMER OF WINTER? Rugbyseisoen...of ek bedoel eintlik winter
4. WAT IS JOU GUNSTELINGNAGEREG? Roomys en sjokoladesous
5. WAT IS JOU GUNSTELINGSPORT OM TE KYK? Rugby, Krieket, Crossfit



SPORT FIXTURES / WEDSTRYDDATUMS
DATE/DATUM: 6 - 11 MARCH / MAART

MAANDAG	KRIEKET: o/13B vs vs GREY D @ GREY MEISIESTENNIS: 1ste SPAN vs COLLEGIATE A
TUESDAY	BOYS MINI CRICKET: u/9A & B vs WILLOW @ WILLOW BOYS TENNIS: 1ST TEAM: vs BLUEWATER BAY A @ BLUEWATER BAY
WOENSDAG	KRIEKET: o/13A vs GREY A @ GREY o/13B vs CLARENDON PARK @ CLARENDON PARK o/13C vs GREENWOOD @ SUNRIDGE o/9 vs LORRAINE @ LORRAINE
THURSDAY	u/10A vs LORRAINE A @ LORRAINE u/10B vs DE VOS MALAN @ SUNRIDGE u/11A vs GREY A @ GREY u/11B vs ALTONA @ ALTONA u/11C vs HANDHAAF @ HANDHAAF GIRLS TENNIS: 1st TEAM vs (match being played on Monday) u/10 vs HERBERT HURD @ HERBERT HURD Framesby Sport Day - u/13A Rugby, Hockey & Netball and u/12A Netball
VRYDAG	AFLOSGALA @ HERBERT HURD
SATURDAY	SA REGIONAL LEVEL 1 AGE GROUP GALA @ NEWTON PARK CRICKET - U/13A & U/11A vs VOLKSKOOL @ SUNRIDGE



ATHLETICS ~ DIRK BRAND ATHLETICS MEETING			
AGE	POSITION	EVENT	NAME
U/9	3RD	60M	IZAAN LAMPRECHT
	2ND	80M	TYLER DOYLE
U/10	2ND	70M HURDLES	CHELSEA STREET
U/11	2ND	70M HURDLES	GISELLE PHEIFFER
	1ST	LONG JUMP	INGE VAN EYK
	2ND	70M HURDLES & 80M	LUCCA WIEHART
	3RD	SHOT PUT	HERMANUS STEYN
	3RD	70M HURDLES	DEVON WILKEN
	1ST	SHOT PUT	KAYLA STRYDOM
U/12	3RD	100M	ANIKA DE RIDDER
	1ST	75M HURDLES	
	2ND	75M HURDLES	LARA KLEINHANS
	1ST	100M AND 150M	DIVAN LAMPRECHT
	2ND	JAVELIN	
	1ST	75M HURDLES	FRANCOIS VOSLOO
	2ND	LONG JUMP	
	2ND	75M HURDLES	KYLE MASTERS
	3RD	150M	
U/13	1ST	75M HURDLES	THRISCKA STAPELBERG
	2ND	100M	
	3RD	200M & LONG JUMP	
	2ND	800M	KERRI-LEE BARNARD
	3RD	1500M	
	2ND	200M & HIGH JUMP	MATTHEW COETZEE
	1ST	80M HURDLES	
	3RD	800M	LIHLE ANTONIE



ATHLETICS ~ PE WEST ATHLETICS MEETING			
AGE	POSITION	EVENT	NAME
U/9	3RD	80M	TYLER DOYLE
U/10	2ND	70M HURDLES	CHELSEA STREET
U/11	2ND	70M HURDLES	GISELLE PHEIFFER
	3RD	LONG JUMP	INGE VAN EYK
	1ST	70M HURDLES & 80M	LUCCA WIEHART
	3RD	SHOT PUT	KAYLA STRYDOM
U/12	1ST	75M HURDLES	ANIKA DE RIDDER
	2ND	75M HURDLES	LARA KLEINHANS
	1ST	100M	DIVAN LAMPRECHT
	2ND	150M	
	1ST	75M HURDLES	FRANCOIS VOSLOO
	2ND	75M HURDLES	KYLE MASTERS
U/13	1ST	75M HURDLES	THRISCKA STAPELBERG
	3RD	100M	
	2ND	800M	KERRI-LEE BARNARD
	2ND	HIGH JUMP & 80M HURDLES	MATTHEW COETZEE

ATHLETICS ~ METRO ATHLETICS MEETING			
AGE	POSITION	EVENT	NAME
U/10	2ND	70M HURDLES	CHELSEA STREET
U/11	3RD	70M HURDLES	GISELLE PHEIFFER
U/12	2ND	75M HURDLES	ANIKA DE RIDDER
	1ST	75M HURDLES	LARA KLEINHANS
	1ST	JAVELIN	DIVAN LAMPRECHT
	1ST	75M HURDLES	FRANCOIS VOSLOO
U/13	1ST	75M HURDLES	THRISCKA STAPELBERG
	3RD	800M	KERRI-LEE BARNARD
	3RD	80M HURDLES	MATTHEW COETZEE

WELL DONE TO ALL OUR ATHLETES!
BAIE GELUK AAN AL ONS ATLETE!



SPORT RESULTS / UITSLAE



CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	JEFFREYS BAY	Won by 7 wickets	STEFAN SCHOLTZ
U/13A	KCPC	Won by 3 wickets	DIVAN LAMPRECHT
U/13B			
U/13C	GREY	Lost by 90 runs	CALVIN BOTHA
U/11A	KCPC	Won by 3 wickets	ROCHÉ KAPP
U/11A	JEFFREYS BAY	Won by 10 wickets	HERMANUS STEYN
U/11B			
U/11C			
U/10A	GREY 10 C	Won by 7 wicket	CHRISSTIAN VILJOEN
U/10B	GREY	Won by 2 wickets	LUKE VAN RENSBURG
U/9 HARD BALL	SUMMERWOOD	Won by 6 wickets	JAUNDRÉ VAN ROOYEN
U/9A			
U/9B			

BOYS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST	GREY A	17 - 32	KYLE MASTERS



GIRLS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1st	COLLEGIATE B	36 - 7	ANKE SCHEFFER
U/10	CLARENDON B	12 - 3	ANÉ RETIEF

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Ons doelwit : 200 pilare!

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ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	FERRARIS FAMILY NATALIE	WEYERS FAMILY MARJA & ANYA	FERREIRA FAMILY EZA & LOREN	ALEX JAMNECK SUNÉ DU PREEZ

OOV/ PTA

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	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
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