

Dear Parents

In previous newsletters I have addressed the issue of social media (especially the Digital Age) and kindly requested parents to take control or at least have an active interest in their children's usage of this important aspect of the modern world. While I still focus on other dangers and their impact on relationships and behaviour the following was recently published:

The digital age is having a detrimental effect on children's visual abilities as well as other aspects of their physical and mental development.

"After 30 years of specialised work with vision-related problems in children, Port Elizabeth optometrist Robert Nettl says he has seen a frightening escalation in these problems this year and that urgent intervention is needed."

A very interesting article with statistics (on the side) revealing the impact on our children. This makes a teachers job even more difficult and adds to the numerous other challenges they face every day. While we had a strict "NO" cell phone policy at school we find that some parents do not always support us. Applying rules at home in this regard is now fast becoming a necessity.

Tablets and cell phones are very useful tools and we cannot wish them away, control of these however is becoming a reality facing parents as this will influence your child's future whether you like it or not. The *critical* issue is that it is your responsibility to do so and that you cannot wait for someone else to do it for you.

Please encourage family time where you make time to talk to your child and allow them to talk to you. Doing something together is of utmost importance and an ideal time is during the preparation of supper, washing dishes or having a meal.

Boundaries need to be set on how we use our digital devices, what we say on social media and even more frightening what we watch on TV. Please be aware that not all cartoons or children orientated programs are suitable. Age restriction and the practical implementation thereof is also a vital aspect: what children watch on TV might shock you or perhaps we have already lost the moral value argument without even knowing it?

You might find that you are a prisoner of the modern world losing the beauty of sunset, sunrise, clouds, wild life, trees, flowers and most important your family.

We will always find a reason to use our phones; always find an excuse for not showing respect and/ or for violating rules or policies. As a well-known professor put it: "The excuses have become more creative and then we even believe them ourselves."

This is a mouthful and we definitely need time to reflect on it and to evaluate our own situation. This will take time and a strong will to change and to implement creative measures which will be sustainable and beneficial for our children and their future.

I would like to challenge all families to apply one rule : If we all start the day by making our own bed, we will have one task successful completed every day - it's always nice to get into a made up bed at night.

Alarming statistics pinpoint extent of problems

GRADE 1

Reading problems:
Boys 75%
Girls 36%

Reversing numbers and/or letters:
Boys 56%
Girls 38%

Trouble copying words from the blackboard:
Boys 77%
Girls 57%

GRADE 2

Reading problems:
Boys 53%
Girls 43%

Reversing numbers and/or letters:
Boys 40%
Girls 19%

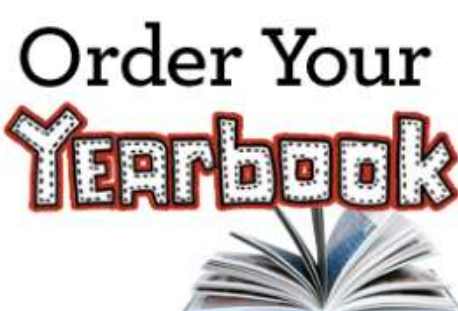
Trouble copying words from the blackboard:
Boys 73%
Girls 84%

GRADE 3

Reading problems:
Boys 52%
Girls 34%

Reversing numbers and/or letters:
Boys 19%
Girls 39%

Trouble copying words from the blackboard:
Boys 64%
Girls 61%



Sunshine greetings



M DE VRIES
Principal



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Geagte Ouers

In vorige nuusbriewe het ek die kwessie van sosiale media (en veral die Digitale Era) aangespreek en ek rig 'n vriendelike versoek aan ouers om beheer te neem van, of ten minste 'n aktiewe belangstelling te toon, in hul kinders se gebruik van hierdie belangrike aspek van die moderne wêreld. Terwyl ek steeds op ander gevare en kritieke impak op verhoudings en gedrag fokus, is die volgende artikel onlangs gepubliseer:

“Die digitale era het 'n nadelige uitwerking op kinders se visuele vermoëns, asook ander aspekte van hul fisiese en geestelike ontwikkeling. Ná 30 jaar van gespesialiseerde werk in verband met sigverwante probleme by kinders, sê Port Elizabeth oogkundige Robert Nettl dat hy vanjaar 'n merkbare toename in hierdie gevalle gesien het en dat dringende ingryping noodsaaklik is.”

'n Baie interessante artikel met statistieke (hier langsaan) wat die impak op ons duidelik maak. Dit maak 'n onderwyser se werk net nog moeiliker en dra by tot verskeie ander uitdagings wat hulle van dag tot dag moet trotseer. Hoewel ons 'n streng “GEEN” selfoon-beleid het, ondervind ons dat ouers ons nie ondersteun nie. Om reëls in hierdie verband tuis toe te pas, word nou 'n werklikheid.

Tablette en selfone is baie handig en hoewel ons dit nie kan wegwens nie, word die beheer daarvan 'n realiteit wat ouers in die gesig staar, aangesien dit u kind se toekoms gaan beïnvloed, of u daarvan hou of nie. Die kern van die saak is dat dit u verantwoordelikheid is en dat u nie kan wag vir iemand anders om verantwoordelikheid te neem nie.

Moedig asseblief gesinstyd aan wanneer u tyd inruim om met u kind te gesels en hom/haar toelaat om met u te gesels. Dit is uiters belangrik om dinge saam te doen en die ideale geleentheid is terwyl u aandete voorberei, skottelgoed was of saam aansit vir ete.

Ons moet grense stel aan hoe ons digitale toestelle gebruik, wat ons op sosiale media kwytraak en, selfs meer nadelig, die TV-programme wat ons kyk. Nie alle strokiesprente of programme wat op kinders gerig is, is geskikte kykmateriaal nie. Ouderdomsbepenkings en die praktiese implementering daarvan is uiters belangrik. Ons mag geskok wees oor watter TV-programme kinders kyk – of het ons dalk reeds die morele waardes-argument verloor sonder dat ons daarvan bewus is? U mag dalk vind dat u 'n gevangene van die moderne wêreld is en reeds die skoonheid van 'n sonsondergang, sonsopkoms, wolke, diere, bome, blomme en belangrikste van alles, u gesin, verloor het.

Ons sal altyd 'n rede vind om ons foon te gebruik; altyd 'n verskoning vind om nie respek te betoon nie en om reëls en beleide te verontagsaam. 'n Bekende professor het gesê: “Die verskonings raak meer kreatief en uiteindelik glo ons dit self.”

Dit is 'n mondvul en ons het beslis tyd nodig om hieroor te besin en ons eie situasie te evalueer. Dit sal tyd en 'n definitiewe wil tot verandering verg, asook om kreatiewe maatreëls in plek te stel wat volhoubaar en tot voordeel van ons kinders en hul toekoms sal wees.

Intussen daag ek elke gesin uit om aanvanklik net een reël toe te pas. Laat elkeen sy eie bed opmaak as die eerste takie vir elke dag. Dan sal een takie elke dag suksesvol afgehandel wees en dit is ook baie lekker om saans in 'n opgemaakte bed te slaap.

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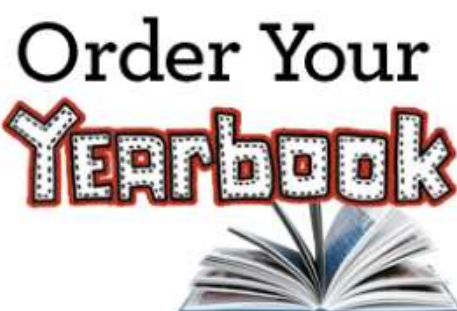
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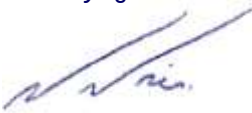
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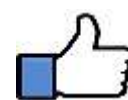
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Sonskyngroete



M DE VRIES
Skoolhoof



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LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, **official results** must be emailed to wendy@sunridge.co.za within **one week** of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne **een week** na wendy@sunridge.co.za gestuur word.*

RHYTHMIC GYMNASTICS: The following learners represented the Eastern Cape at the SA Gym Games: **Nathan Flugel** (silver medal for trampoline) and **Kristin Conradie**.

SOCCER: At the Caledonian Football Club Brodie Collett U12 B Team received the award for Most Improved Player of the Year.

BIATHLE & TRIATHLE: **Marony Jacobs** represented South Africa at the Triathle and Biathle World Championships in Spain. She finished 7th and 12th overall in her age group.

LASER RUN: **Marony Jacobs** representing South Africa team (6th overall u/11) and **Kerri-Lee Barnard** (18th overall u/15) and **Lara Kleinhans** (11th overall u/13) representing the SA Invitation team competed in the Laser Run World Championships in Cape Town.

INDOOR HOCKEY: **Zeytka Verster** has been selected to represent the u13 PE Vipers franchise at the Pro Series Indoor National Tournament in Cape Town in December.



Sunridge Primary School
Presents

50
1967 2017
Golden years

Thursday, 26 October, 2017
Friday, 27 October, 2017

ART EXHIBITION • 5PM
CONCERT • 7PM

Tickets available at school office • R50 pp

NB
No tickets
will be sold
at the door.

Geen
kaartjies
sal by die
deur
verkoop
word nie.

LW



Tavcor Commercial Lounge



Greyvensteins
ATTORNEYS

www.greyvensteins.co.za



Greyvensteins



LegalExperts

*The content of adverts placed in the newsletter does not necessarily reflect the views or approval of the school.
Die inhoud van die advertensies wat in die nuusbriëf verskyn, weerspieël nie noodwendig die siening en goedkeuring van die skool nie.*

PHOTO GALLERY / FOTOGALERY

INTERHOUSE CRICKET



**ENTRY FORMS AVAILABLE
FROM MS NEETHLING**

riette@sunridge.co.za
or from the school office



Sunridge Primary School

**PTA RICO CLOTZ MEMORIAL
Night Race**



5km Family Run / Walk

Friday, 20 October 2017

Sunridge Primary School

17:30

ENTRY FEE:

ADULTS ~ R30.00

SCHOLARS ~ R20.00

GREAT PRIZES TO BE WON !

LUCKY DRAW PRIZES

PRIZE GIVING AT 18:30 ON THE SCHOOL FIELD

ENTRIES CLOSE WEDNESDAY, 18 OCTOBER 2017



**Cold drinks and
Boerewors rolls will be on sale**

SUNRIDGE PTA

Sunridge Primary School
Presents

50
1967 2017
Golden years

Thursday, 26 October, 2017
Friday, 27 October, 2017

ART EXHIBITION • 5PM
CONCERT • 7PM

Tickets available at school office • R50 pp

Order Your
YEARBOOK




SUNRIDGE PRIMARY SCHOOL


MySchool

KIDS!
GET FREE CHOCOLATES
THIS CHOCTOBER



CALLING ALL KIDS! GET A FREE CHOCOLATE IN 3 EASY STEPS:

- 1  Collect till slips from any MySchool partner store between 1 and 31 October.
- 2  Write your name, class and MySchool card number on the back.
- 3  Hand in your slips to the front office of your school.

Hurry! The first 60 learners will get a FREE bar of chocolate!
Plus the class with the most till slips will win a whole box of chocolates.

Make Every Swipe Count!
T&Cs apply. Visit www.myschool.co.za/terms

 use your card at our partner outlets www.myschool.co.za
    

FINAL EXAM SCHEDULE

 NOVEMBER 2017 EXAMINATION TIME TABLE				
Date	Grade 4	Grade 5	Grade 6	Grade 7
Wednesday 8 Nov	English Written Work	English Written Work	Leader Development Course - Compulsory	English Written Work
Thursday 9 Nov	Afrikaans Written work	Afrikaans Written work	School Rules Development Course - Compulsory	Afrikaans Written work
Monday 13 Nov	Afrikaans Language	Afrikaans Language	PSW	Afrikaans Language
Tuesday 14 Nov	Mathematics	Mathematics	SS Geography	SS Geography
Wednesday 15 Nov	English Language	English Language	Home Language (English) Paper 2 (Language and Comprehension) Common Exam	English
Thursday 16 Nov	SS Geography	SS Geography	NS / Technology	LO
Friday 17 Nov	Home Language Comprehension	Home Language Comprehension	Home Language (Afrikaans) and First Additional Language (Afrikaans) Paper 2 (Language and Comprehension) Common Exam	SS History Afrikaans Comprehension
Monday 20 Nov	SS History	SS History	Mathematics Common Exam	Mathematics Common Exam
Tuesday 21 Nov	First Additional Language Comprehension	First Additional Language Comprehension	SS History	NS
Wednesday 22 Nov	NS/Technology	NS/Technology	Home Language (English) Paper 3 (Written work) Common Exam	Technology
Thursday 23 Nov	PSW	PSW	Leader Development and School Rules Development Paper	EMS English Comprehension
Friday 24 Nov	Mathematics Problem Solving	Mathematics Problem Solving	Home Language (Afrikaans) and First Additional Language (Afrikaans) Paper 3 (Written work) Common Exam	Creative Arts

FINALE EKSAMENROOSTER

NOVEMBER 2017 EKSAMENROOSTER				
Datum	Graad 4	Graad 5	Graad 6	Graad 7
Woensdag 8 Nov	English Written Work	English Written Work	Leierontwikkelingskursus - Verpligtend	English Written Work
Donderdag 9 Nov	Afrikaans Stelwerk	Afrikaans Stelwerk	Skoolreëls Ontwikkelingskursus - Verpligtend	Afrikaans Stelwerk
Maandag 13 Nov	Afrikaans Taal	Afrikaans Taal	PSW	Afrikaans Taal
Dinsdag 14 Nov	Wiskunde	Wiskunde	SW Aardrykskunde	SW Aardrykskunde
Woensdag 15 Nov	English Language	English Language	Home Language (English) Paper 2 (Language and Comprehension) Departementele Eksamen	English
Donderdag 16 Nov	SW Aardrykskunde	SW Aardrykskunde	NW / Tegnologie	LO
Vrydag 17 Nov	Huistaal Begrip	Huistaal Begrip	Huistaal en Eerste Addisionele Taal (Afrikaans) Vraestel 2 (Taal en Begrip) Departementele Eksamen	SW Geskiedenis Afrikaans Begrip
Maandag 20 Nov	SW Geskiedenis	SW Geskiedenis	Wiskunde Departementele Eksamen	Wiskunde Departementele Eksamen
Dinsdag 21 Nov	Eerste Addisionele Taal Begrip	Eerste Addisionele Taal Begrip	SW Geskiedenis	NW
Woensdag 22 Nov	NW/Tegnologie	NW/Tegnologie	Home Language (English) Paper 3 (Written work) Departementele Eksamen	Tegnologie
Donderdag 23 Nov	PSW	PSW	Leierontwikkelings- en Skoolreëls Ontwikkelingsvraestel	EBW English Comprehension
Vrydag 24 Nov	Wiskunde Probleemoplossing	Wiskunde Probleemoplossing	Huistaal en Eerste Addisionele Taal (Afrikaans) Vraestel 3 (Stelwerk) Departementele Eksamen	Kreatiewe Kunste

SPORT FIXTURES / WEDSTRYDDATUMS
DATE/DATUM: 23 - 28 October/ Oktober 2017

MAANDAG	KRIEKET: o/13B vs CHARLO (HOME)
TUESDAY	BOYS MINI CRICKET: U/9A & B vs VERKENNER (AWAY) BOYS TENNIS: 1ST TEAM vs HERBERT HURD A (HOME)
WOENSDAG	KRIEKET: o/13A vs o/13B vs GREY 13C (HOME) o/13C vs o/9 vs PRIORY (AWAY)
THURSDAY	u/10A vs SUMMERWOOD (AWAY) u/10B vs ASTRA (AWAY) u/11A vs WESTERING (HOME) u/11B vs HERBERT HURD (AWAY) u/11C vs CLARENDON PARK (AWAY) GIRLS TENNIS: 1st TEAM vs HERBERT HURD A (AWAY) u/10 vs CHARLO (AWAY)
VRYDAG	WESTERING PRO CRICKET TOURNAMENT - U/13A
SATURDAY	C AGE GROUP GALA @ HERBERT HURD U/9A & B CURRO MINI CRICKET FESTIVAL SONOP SEVENS CRICKET TOURNAMENT - U/13B WESTERING PRO CRICKET TOURNAMENT - U/13A WOW NASIONALE SPELKOMPETISIE - STELLENBOSCH MATHS FUN DAY - DF MALHERBE



SPORT RESULTS / UITSLAE

CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	CLARENDON PARK	Won by 3 wickets	STEFAN SCHOLTZ
U/13B			
U/13C	ALTONA	Won by 6 wickets	CHARL HARMSE
U/11A			
U/11B			
U/11C			
U/10A			
U/10B			
U/9 HARD BALL	WOODRIDGE	Won by 8 wickets	TRAVIS PHEIFFER
U/9A MINI	WESTERING	28 - 14	TIAN VAN NIEKERK
U/9B MINI	WESTERING	4 - 4	RYAN MEAD



BOYS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST	ST GEORGES	31 - 17	JEANDRÉ HATTINGH



GIRLS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1st			
U/10			

PER PILLAR ~ R1,000.00 ~ PER PILAAR

Our aim : 200 pillars!

Ons doelwit : 200 pilare!

ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	STOKES FAMILY KAI	WATERS FAMILY MICAYLA	HEATHER ARNOTT	FERRARIS FAMILY NATALIE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	SMAILES FAMILY CHRISTOPHER & STEVEN	VORSTER FAMILY FRANCOIS & HEINRICH	MISS C ARNOTT	SLABBERT FAMILY CORNé & TWANé
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	BUYS FAMILY EMILY	VAN DER WATT FAMILY HANRI	MISS C ARNOTT	ALLOWAY FAMILY MONIQUE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	NEL FAMILY CHRISTIAAN & HANRI	JANSE VAN RENSBURG TARA AND RONIN	MISS C ARNOTT	VERSTER FAMILY MINYONNE & ZEYTKA
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	HANBIDGE FAMILY RYAN	KRUGER FAMILY CARUS & MIEKE	MOOLMAN FAMILY TANIELLE & CLARISE	EVERTSE FAMILY JEVANKA
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	DIELMANN FAMILY KARL	CORNELIUS FAMILY NICOLE	EVANS FAMILY MADISON & KYRA	OPPERMAN FAMILY LANCE & DYLAN
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	BEEFORTH FAMILY ALEX, AMBER & JASMINE	IBHAYI WINDSCREEN SERVICES	VAN DER MERWE FAMILY	WESSELS FAMILY LEANDRI
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	PARKER FAMILY MAXINE	MINNIE FAMILY LYDIA	LANDMAN FAMILY CARLA & LEAH	EICHBAUER FAMILY JADE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	GWM EVERTSE FAMILY	VAN JAARSVELD FAMILY RUAN & STEPHAN	VOLLENHOVEN FAMILY JARED	CLARK FAMILY REECE
ANTONIOU FAMILY JHON-NICLAS	ANTONIOU FAMILY JHON-NICLAS	FERRARIS FAMILY NATALIE	WEYERS FAMILY MARJA & ANYA	FERREIRA FAMILY EZA & LOREN	ALEX JAMNECK SUNé DU PREEZ

PER PILLAR ~ R1,000.00 ~ PER PILAAR

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GRADE 1 CORNFORTH 2017	HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
GRADE 3 VD MESCHT CLASS OF 2017	GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
GRADE 7 BRADSHAW CLASS OF 2017	THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
GRADE 4 SMITH CLASS OF 2017	HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
JUDE ERASMUS HEAD BOY 2017 SUNRIDGE 50TH	HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
	HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
	HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
	GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
	HEATHER GESIN LIZE	STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
	COETZER FAMILY LUKE AND JESSICA	STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES