



10 November 2016

Dear Parents

With the exams finally upon us we need to stay focused on the task ahead. This is always a difficult time of the year with not only studies to focus on. Breaking news on state capture or Donald Trump as new president of the USA and redeployment of educators must not influence our learners.

Exams, a topic we seldom see as positive, a controversial one and sometimes one we tend to rather turn a blind eye to. We must encourage our children to look forward to the exams. This is an attitude to be embedded from an early age in our childrens' lives. It's to be seen as the time you are afforded the opportunity to show how well you learnt and what you accomplished throughout the year.

If you have done your share it's just a case of reporting back. Yes, I know it's not that simple and that it is a stressful time, mum and dad are studying just as hard and our patience is tested to breaking point. Striving for the best achievement possible is as important as *the wish* to do well!

Fear of failure is looming around every exam day and the uncertainty of the outcome eats into us. Water that has passed under the bridge can never pass under it again. You cannot undo what was not done or what was done throughout the year. The future is now, so do your best and put the past behind you.

It is my task to ensure the best possible environment during the examination for children and teachers alike. A possible study timetable is on the D6 communicator – Newsletter, 10 October 2013 ; adapt it to fit your household. We create sufficient time for learners to rest, study, eat, play and sleep so that they can enter the exams in the right mind set.

I wish all children the best for the exams, I pray for calmness and irrespective of the outcome for the blessing of our Lord on each one of them. Should your best be 50% let it be 50%, should it be 90% then let it be 90%. In primary school the best outcome is to progress to the next grade as well as possible - we still have time to develop skills and to prepare for high school. Let's do this in a positive and uplifting manner.

Best of luck to all.

New Concept Study Time Table

12:00 Fetch from school
 12:15 Undress and relax – play and get rid of extra energy
 12:45 Lunch time
 13:15 Relax and get your mind ready – music might help
 13:30 Study session 1
 14:30 Something to drink - Relax and play time
 15:00 Study session 2
 16:00 Something to eat and drink - Relax and play time
 16:30 Study session 3
 17:15 Family time - exercise and take a shower / supper / chat with mum and dad
 19:15 Study session 4
 19:45 Me time is on - get ready to hit the bed
 20:30 Hit the pillow (Grade 6 to 7 might fit in another study session)
 8 to 9 hours of sleep is important
 06:00 Rise and shine - greet the day with a smile
 06:30 A recap of the work if needed
 07:00 Breakfast is the most important meal of the day
 07:30 Off to school

The intake of fluids is important for the brain and light but healthy snacks while studying is also something to think about.

This is quite a steep time table but a good bench mark for grade 7's. Remember that you can adopt and include preparation for subjects to come.



Follow us on
FACEBOOK!

Sunshine Greetings

M DE VRIES
Principal



Geagte Ouers

Noudat die eksamen uiteindelik begin het, moet ons fokus op die taak voorhande. Dit is altyd 'n moeilike tyd van die jaar met nie net studies wat ons aandag vereis nie. Die nuus oor staatskaping, Donald Trump wat die nuwe President van die VSA is of herontplooiing van onderwysers moet ons leerlinge nie van stryk bring nie.

Eksamen is 'n omstrede onderwerp wat selde in 'n positiewe lig beskou word en soms is ons geneig om dit te ignoreer. Ons moet ons kinders aanmoedig om na die eksamen uit te sien. Hierdie ingesteldheid moet reeds vroeg in ons kinders se lewe vasgelê word. Dit moet beskou word as 'n geleentheid om bewys te lewer van hoeveel jy geleer het en wat jy gedurende die jaar bereik het.

As jy jou deel gedoen het, is dit net 'n kwessie van verslag doen. Ja, ek besef dit is nie so eenvoudig nie en dat dit 'n spanningsvolle tyd is met ma en pa wat net so hard leer en almal se geduld wat tot die uiterste beproef word. Die strewe na die beste prestasie is net so belangrik soos die hoop om goed te presteer!

Die vrees vir mislukking gooi 'n skadu oor elke eksamendag en die onsekerheid knaag voortdurend aan ons. Met die water wat verby is, sal die meul nooit weer maal nie. Wat deur die loop van die jaar gebeur het, kan nie ongedaan gemaak word nie. Die toekoms is nou, doen dus nou jou bes en los die verlede waar dit hoort.

Dit is my taak om gedurende die eksamen die beste moontlike omstandighede vir ons kinders en onderwysers te verseker. 'n Konsep-studierooster is op die D6 Communicator - die Nuusbrieff van 10 Oktober 2013 beskikbaar – pas dit gerus aan om u huishouding te pas. Ons voorsien voldoende tyd vir leerlinge om te rus, studeer, eet, speel en slaap so dat hulle die eksamen met die regte ingesteldheid tegemoet kan gaan.

Ek wens al ons kinders die beste toe vir die eksamen, ek bid vir kalmte en ongeag die uitkoms bid ek hulle almal die seën van die Here toe. Indien 50% die beste is wat jy kan behaal, dan is dit 50%, indien 90% jou beste is, laat dit 90% wees. In die laerskool is die beste uitkoms om so goed moontlik na die volgende graad te vorder; ons het nog tyd om ons vaardighede vir hoërskool te slyp. Kom ons doen dit op 'n positiewe en bemoedigende wyse.

Alles van die beste vir almal.

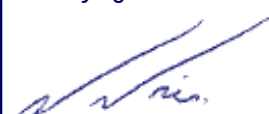
Nuwe Konsep-Studierooster

12:00 Haal by skool
12:15 Verkleed en ontspan - speel en raak van opgehoopte energie ontslae
12:45 Middagete
13:15 Ontspan en berei geestelik voor - musiek mag dalk help
13:30 Studiesessie 1
14:30 Ietsie om te drink
Ontspan en speel
15:00 Studiesessie 2
16:00 Ietsie om te eet en drink
Ontspan en speel
16:30 Studiesessie 3
17:15 Gesinstyd - ontspan en stort/geniet aandete/gesels met ma en pa
19:15 Studiesessie 4
19:45 Tyd vir jouself - maak gereed vir bed
20:30 Val in die bed (Gr 6 en 7 kan dalk nog 'n studiesessie inpas)
8 tot 9 uur slaap is belangrik
06:00 Opstaantyd - begroet die dag met 'n glimlag
06:30 Hersiening van werk indien nodig
07:00 Ontbyt is die belangrikste ete van die dag
07:30 Skool toe

Die inname van vloeistof is belangrik vir die brein en ligte maar gesonde versnaperinge terwyl 'n mens studeer, is ook iets om te oorweeg.

Dit is nogal 'n besige rooster, maar 'n goeie maatstaf vir Gr 7. Onthou 'n mens kan die rooster aanpas om ook vir toekomstige vakke voorbereiding te doen.

Sonskyngroete


M DE VRIES
Skoolhoof

LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

ATHLETICS: Well done to all our athletes who competed in the BAY GAS athletics meeting.

BALLET: Taylor Wilson achieved an 'A' in the National Society of Dance Teachers Dancers Badge Tests level 2



**SCHOOL CLOSURES AT 12:00 FROM
MONDAY, 14 NOVEMBER UNTIL 6 DECEMBER.**

**SKOOL SLUIT OM 12:00 VANAF
MAANDAG 14 NOVEMBER TOT 6 DESEMBER.**

**ALL EXTRAMURAL ACTIVITIES END TODAY
ALLE BUITEMUURSE AKTIWITEITE EINDIG VANDAG**

Imagine
With all
your mind.
Believe
With all
your heart.
Achieve
With all
your might.



THE BAY **GAS** COMPANY

**Louw
Lochner**
P R O P E R T I E S



Tavcor Commercial Principals Lounge

CREATIVE INNOVATIVE EVENTS
ANGELIC VONDERS



Greyvensteins
A T T O R N E Y S

www.greyvensteins.co.za

Greyvensteins

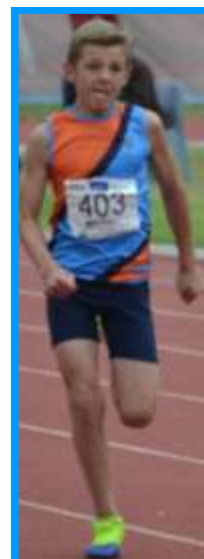
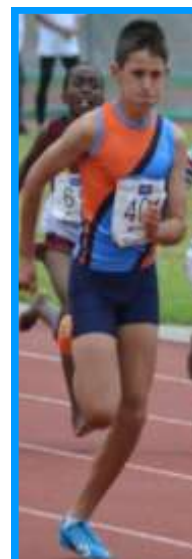
LegalExperts

*The content of adverts placed in the newsletter does not necessarily reflect the views or approval of the school.
Die inhoud van die advertensies wat in die nuusbrief verskyn, weerspieël nie noodwendig die siening en goedkeuring van die skool nie.*

PHOTO GALLERY / FOTOGALERY



THE BAY GAS COMPANY





NOVEMBER 2016 ~ EXAMINATION TIME TABLE

NOVEMBER 2016 ~ EKSAMENROOSTER



Date/Datum	Gr 4	Gr 5	Gr 6		Gr 7
Wednesday/Woensdag 9 Nov	English Written Work	English Written Work	Home Language (English) Written Work		English Written Work
Thursday/Donderdag 10 Nov	Afrikaans Stelwerk	Afrikaans Stelwerk	Eerste Addisionele Taal (Afrikaans) Huistaal (Afrikaans) Stelwerk		Afrikaans Stelwerk
Monday/Maandag 14 Nov	Afrikaans Taal	Afrikaans Taal	Life Skills Lewensvaardighede		Afrikaans Taal
Tuesday/Dinsdag 15 Nov	Mathematics Wiskunde	Mathematics Wiskunde	Home Language Language Huistaal Taal		Mathematics Wiskunde
Wednesday/Woensdag 16 Nov	English Language	English Language	First Additional Language Language		English
Thursday/Donderdag 17 Nov	SS Geography SW Aardrykskunde	SS Geography SW Aardrykskunde	NS / Technology NW/Tegnologie		LO
Friday/Vrydag 18 Nov	Home Language Comprehension Huistaal Begripstoets	Home Language Comprehension Huistaal Begripstoets	SS SW	Geography Aardrykskunde History Geskiedenis	SS History Afrikaans Begripstoets SW Geskiedenis
Monday/Maandag 21 Nov	SS History SW Geskiedenis	SS History SW Geskiedenis	Home Language Comprehension Huistaal Begripstoets		NS NW
Tuesday/Dinsdag 22 Nov	First Additional Language Comprehension Eerste Addisionele Taal Begripstoets	First Additional Language Comprehension Eerste Addisionele Taal Begripstoets	Mathematics Wiskunde		Technology Tegnologie
Wednesday/Woensdag 23 Nov	NS Technology NW Tegnologie	NS Technology NW Tegnologie	First Additional Language Comprehension Eerste Addisionele Taal Begripstoets		SS Geography SW Aardrykskunde
Thursday/Donderdag 24 Nov	PSW	PSW	Leadership Development Leierskaps- ontwikkeling		EMS English Comprehension EBW
Friday/Vrydag 25 Nov	Mathematics Problem Solving Wiskunde Probleemoplossing	Mathematics Problem Solving Wiskunde Probleemoplossing	School Rules Development Skoolreëls Ontwikkeling		Creative Arts Skeppende Kunste

PTA - Sunridge - OOV

AGM / AJV

Notice is hereby given that the Annual General Meeting of the PTA is to be held on Monday, 28 November 2016 at 18:00 in the Strelitzia.

Should you wish to serve on the PTA, please complete the nomination form and return it no later than 14:00 on Monday, 28 November 2016 (nominees must please attend the meeting).

Kennis word hiermee gegee dat 'n Algemene Jaarvergadering van die OOV op Maandag 28 November 2016 om 18:00 in die Strelitzia sal plaasvind.

Indien u bereid is om op die OOV te dien, voltooi asseblief die onderstaande nominasievorm, en stuur dit voor 14:00 op Maandag 28 November 2016 terug skool toe (benoemdes moet asseblief die vergadering bywoon).

WENDY GARDNER
PTA SECRETARY/ OOV-SEKRETARESS

2016 -11-10

AGENDA

1. Welcome/ Welkom
2. Apologies / Verskonings
3. Minutes of Previous Meeting/ Notule van vorige jaarvergadering
4. Matters Arising / Sake uit notule
5. **Chairman's Report / Voorsitter se verslag**
6. **Financial Report / Finansiële verslag**
7. Election of New Committee / Verkiesing van nuwe komitee
8. General / Algemeen

PTA NOMINATION FORM - 2017 - OOV-NOMINASIEVORM

I, / Ek _____ herewith declare myself available

for election to the PTA committee / verklaar hiermee myself beskikbaar vir verkiesing tot lid van die OOV-Bestuur.

Tel. no / Telno.:

Email/E-pos:

Name and grade of child / children:

Naam en graad van kind / kinders:

_____ Gr. ____

_____ Gr. ____

SIGNATURE / OUER SE HANDTEKENING : _____

DATE / DATUM: _____

SPORT FIXTURES / WEDSTRYDDATUMS
DATE/DATUM: 14 - 19 November 2016

MAANDAG	BOYS MINI CRICKET: u/9A & B vs
TUESDAY	BOYS MINI CRICKET: u/9A & B vs BOYS TENNIS: 1ST TEAM: vs
WOENSDAG	KRIEKET: o/13A vs o/13B vs o/13C vs
THURSDAY	u/10A vs u/10B vs u/11A vs u/11B vs u/11C vs GIRLS TENNIS: 1st TEAM vs u/10 vs
VRYDAG	
SATURDAY	B AGE GROUP GALA @ NEWTON PARK



SPORT RESULTS / UITSLAE

BAY GAS ATHLETICS MEETING

LOREN FERREIRA	3RD	HURDLES & LONG JUMP
	1ST	RELAY
JARED REES	1ST	100M, 200M & RELAY
CJ VERMAAK	1ST	400M & RELAY
	2ND	800M
KAI STOKES	1ST	RELAY
MILA COETZER	2ND	RELAY
	3RD	400M
CLARISE MOOLMAN	1ST	200M & 400M
	2ND	RELAY
TANIELLE MOOLMAN	1ST	800M
	2ND	400M & RELAY
KARLI SLABBERT	2ND	LONG JUMP & RELAY
	3RD	100M & 200M
MATTHEW COETZEE	1ST	150M
	3RD	100M
KERRI-LEE BARNARD	2ND	1200M
THRISCKA STAPELBERG	2ND	75M HURDLES
	3RD	100M
DIVAN LAMPRECHT	1ST	100M & RELAY
	3RD	80M
FRANCOIS VOSLOO	1ST	15M HURDLES, 80M & RELAY
KYLE MASTERS	1ST	RELAY
	2ND	75M HURDLES
ANIKA DE RIDDER	2ND	70M HURDLES
	3RD	RELAY
ILZE HATTINGH	3RD	1200M
	3RD	RELAY
LARA KLEINHANS	1ST	70M HURDLES
	3RD	RELAY
CHANTÉ GELDENHUYS	3RD	RELAY
SUZANNE VLOK	2ND	100M
KYLE CALLAGHAN	1ST	RELAY
	2ND	100M
DEKLAN COETZEE	1ST	RELAY
	3RD	80M
DEVON WILKEN	1ST	80M & RELAY
	3RD	100M
DU PREEZ VERMAAK	1ST	RELAY

THE BAY COMPANY

GAS

THE BAY COMPANY

THE BAY COMPANY

GAS

THE BAY COMPANY

SPORT RESULTS / UITSLAE



CRICKET			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	OUTENIQUA	Won by 4 wickets	MARNUS WINTER
U/13A	CLARENDON PARK	Won by 5 wickets	CORNÉ JORDAAN
U/13C			
U/11A	KPC	Won by 7 wickets	GABRIEL SLABBERT
U/11A	OUTENIQUA	Won by 6 wickets	DIVAN LAMPRECHT
U/11B	FRANS CONRADIE A	Lost by 72 runs	HENNIE BOTES
U/11C	SYDENHAM A	Lost by 5 wickets	KYLE BONTHUYS
U/10A	GREENWOOD	Won by 9 wickets	PIETER LAFRAS AYLWARD
U/10B	CHARLO A	Lost by 2 wickets	DEWAN WESSELS
U/9A	KABEGA	17.5 - 9	ZAK BOSHOFF
U/9B	KABEGA	18 - 16.5	LUKE VAN RENSBURG
U/9A	CHARLO	21 - 8	TIMOTHY TREU
U/9B	CHARLO	21 - 7	BEN COLLETT
U/9A	PARSONS HILL	70 - 4	MARCO JANSE VAN RENSBURG
U/9A	MT PLEASANT	13 - 10	JUSTIN TERBLANCHE
U/9B	PARSONS HILL	26 - 11	RICO LE ROUX
U/9B	ALTONA	22.6 - 5.5	CAYDEN ESZTERGOMI



BOYS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
1ST			

GIRLS TENNIS			
SPAN	TEEN	TELLING	SPELER VAN DIE WEDSTRYD
JOCELYN MARAIS TOURNAMENT			
1ST	STELLENBOSCH	0 - 16	LEANÉ ENGELBRECHT
1ST	VOLKSKOOL	5 - 11	MILLA OTTO
1ST	UNION	12 - 4	ANKE SCHEFFER
1ST	WILLEM POSTMA	7 - 9	LEILA NEL
U/10	CHARLO A	4 - 9	CARIKE MARAIS

THE BAY

GAS

COMPANY



BADGE HOLDER BALKIEHOUEUR

R90.00

AVAILABLE AT THE OFFICE
BESKIKBAAR BY DIE KANTOOR



Ons doelwit : 200 pilare!

OOVI/PTA

Our aim : 200 pillars!

PER PILLAR - R1,000.00 - PER PLAAR

Ons doelwit : 200 pilare!

		HEUGH FAMILY ANDREW & JASON	HOLLY & CLAIRE SUTTON	JOSHUA CHOWLES SHAUN FORD	NELL FAMILIE DéAN & LEAH	SMAILES FAMILY CHRISTOPHER & STEVEN
		GRADE 3 HUGO CLASS OF 2016	ALCOCK FAMILY LAUREN & JAIME	JUFFROU SAAYMAN SE GRAAD 1 KLAS 2014	GR 7 2012 PETERS, SNYMAN, GROVES, POTGIETER, FRIEND, WILLIAMS & FERREIRA	GR 6 2012: ANTONIOTTI, NEETHLING, LANGENHOVEN, VOSLOO & POTGIETER
		THE ELLIOTT FAMILY KEEGAN AND ANDI	LIZE-Mé OTTO HOOFDOGTER 2015	DIVAN & IZAAN LAMPRECHT	TAIT GESIN STEPHEN & MEGAN	U/11A RUGBY 2012 COACHES N SNYMAN & C DE BEER
		HARRIS FAMILY DAVID & JUDY	OTTO GESIN LIZE-Mé, MILLA & THERESE	KLAAS FAMILY HLUMELO DEPUTY HEADBOY 2014	STRYDOM FAMILY MEGAN & MINKE	STOCK FAMILY CANDICE & NICOLA
		HARRIS FAMILY CHELSEA	INCKE VAN DER WATT	GREYLING FAMILIE JEAN-PIERRE & SHANELL	SLABBERT FAMILY JORDYN-LEE GR 7 2012	IN MEMORY OF MR R CLOTZ GR 7 2012
		HARRIS FAMILY LEXI	STAPELBERG FAMILY	LUKE WILSON GRADE 7 - 2014	SLABBERT FAMILY GABRIEL GR 3 2014	WARD FAMILY MATTHEW
		HARRIS FAMILY AYVA	STAPELBERG FAMILY	THE TALBOT FAMILY THABISO - GR 5R	GELDENHUYS GESIN LIANCA & CHANTé	VAN HUYSTEEN FAMILY TYLA & KEEGAN
		GRAAD 7 HATTINGH 2016	STAPELBERG FAMILY	TER HERINNERING AAN SARIE MARAIS	RETIEF GESIN ANé & LIZE	MEGHAN WILLIAMS
			STAPELBERG FAMILY	TER HERINNERING AAN HENRY VAN HEERDEN	KLEINHANS GESIN LARA	HOFFMANN FAMILY KAYLA
			STAPELBERG FAMILY	MRS RICHARDSON GR 2 CLASS OF 2015	ROYLE FAMILY JORDAN, DAMON & ASHTON	IBHAYI WINDSCREEN SERVICES