



16 August / Augustus 2024

Dear Parents

As Sunridge moves forward into the future we embrace challenges presented as education is our passion and our mission is to create the future. Working with educators is the only way forward and when invited to a meeting with your class teacher, subject head, head of department or deputy principal it must be seen as an opportunity because it is the line of communication. We kindly request parents to attend meetings if requested - it is the correct thing to do.

This is how we get involved in our children's school life and we will sometimes see things that happen at school or home in a different light. This can be academic or disciplinary in nature and although the majority of parents support this channel, there are others who do not. Mistakes are a part of life and a learning process. How we as educators and parents deal with them is important and our responsibility. Our children are one of the best investments in the future.

It is normal to defend yourself but wise to listen first, be open minded and part of a productive and educational interaction. An invitation to discuss issues and find solutions is way better than to deal with them when it is too late. Sometimes it is not what we want to hear and the solution might not be to our liking. To follow and obey rules and policies is always the best option.

Please engage in the line of communication when requested or invited and use the well-established channels. Skipping these channels would only waste valuable time.

Clever kids or obedient parents and teachers - who is really in charge?

We all know cell phones are not allowed at school and with new technology there are now smart watches and devices with sim cards that perform the same functions. These fall under the same policy and are not allowed. It is simple - communication with any electronic device to access a phone call or post a message on any social media platform is not permitted at school. The way these boundaries are tested starts at home.

Recent research revealed that the average nine-year old child in SA spends on average six hours a day on cell phones. The other findings about what they watch is shocking and morally degrading. We understand that in most cases both parents are at work and that families are under pressure BUT we have to make a stand because what we put in is what we will get out!

This does not only apply to our children because adults are in the same boat - have a look around, people are glued to their devices.

Thank you to all the parents who support us and share our concerns and endeavors to protect our children and society. Those who follow the news will also support us and understand why we keep the gates closed and do not want people on our premises.

"The creative adult is the child who has survived." Ursula K. Le Guin

Sunshine greetings
M DE VRIES
Principal



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Geagte Ouers

Sunridge beweeg vorentoe en ons gryp die uitdagings aan, want die onderwys is ons passie en ons missie is om die toekoms te bou. Om met die onderwysers saam te werk, is al uitweg en wanneer u na 'n vergadering met die klasonderwyser, vakhoof, departe-mentshoof of adjunkhoof genooi word, moet dit as 'n geleentheid beskou word, want dit is die kommunikasielyn. Ouers word vriendelik versoek om vergaderings by te woon wanneer dit aangevra word, want dit is die regte ding om te doen.

Op hierdie wyse raak ons by ons kinders se skoollewe betrokke, want partykeer sien ons dinge wat by die huis of by die skool gebeur in 'n ander lig. Dit kan akademies of dissiplinêr van aard wees en, hoewel die meerderheid ouers hierdie kanaal ondersteun, is daar ook ander wat dit nie ondersteun nie. Foute is deel van die lewe en 'n leerproses. Hoe ons as opvoeders en ouers dit hanteer, is belangrik want dit is ons verantwoordelikheid. Ons kinders is een van die beste beleggings in die toekoms.

Dit is normaal om jouself te verdedig, maar dit is wys om eers met 'n oop gemoed te luister en deel te wees van 'n produktiewe en opvoedkundige interaksie. Dit is veel beter om 'n uitnodiging te aanvaar om probleme en oplossings aan te spreek, as om te wag tot dit te laat is. Soms is dit nie wat ons wil hoor nie en die oplossing val dalk nie in ons smaak nie – om reëls en beleide te gehoorsaam, is egter altyd die beste opsie.

Raak asseblief by die kommunikasielyn betrokke wanneer u versoek of genooi word en maak van die goed gevestigde kanale gebruik. Om hierdie kanale te probeer omseil, is net 'n vermorsing van kosbare tyd.

Slim kinders of gehoorsame ouers en onderwysers – wie is werklik in beheer?

Ons almal weet selfone word nie by die skool toegelaat nie en met nuwe tegnologie is daar ook slimhorlosies en toestelle met simkaarte wat dieselfde funksies verrig. Dit word deur dieselfde beleid gedek en word nie toegelaat nie. Dis tog eenvoudig – kommunikasie d.m.v. enige elektroniese toestel om 'n oproep te maak of 'n boodskap op enige sosiale media-platform te plaas, is nie by die skool toelaatbaar nie. Die manier waarop hierdie grense getoets word, het sy oorsprong by die huis.

Onlangse navorsing toon dat die deursnee negejarige kind in Suid-Afrika gemiddeld ses uur per dag op die selfoon deurbring. Die ander bevindings waarna hulle kyk, is skokkend, want dit is moreel vernederend. Ons begryp dat albei ouers in die meeste gevalle werk en dat gesinne onder druk verkeer, MAAR ons moet standpunt inneem, want wat 'n mens insit, gaan jy uitkry!

Dit is egter nie net op ons kinders van toepassing nie, want volwassenes is in dieselfde bootjie. Kyk 'n bietjie rond – mense is aan hul toestelle vasgegom.

Baie dankie aan al die ouers wat ons ondersteun en saam met ons oor ons kinders kwel en hulle en ons samelewing probeer beskerm. Diegene wat die nuus volg, sal ons ook ondersteun en begryp waarom ons die hekke gesluit hou en nie mense op ons perseel wil toelaat nie.

Sonskyngroete

M DE VRIES
Skoolhoof



Follow us on
FACEBOOK!

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FACEBOOK!

LEARNER ACHIEVEMENTS / LEERDERPRESTASIES

*If not a school event, official results must be emailed to wendy@sunridge.co.za within one week of the event.
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na wendy@sunridge.co.za gestuur word.*

TENNIS: Stefan van Molendorff represented the EC at the SA Primary Schools Inter-provincial. He won 15 out of the 11 matches he played.

DANCE: Friendly City Dance Festival: Lienke Peens gold - Ballet Classical Solo, Demi- Character Solo and National Solo. Anika Steyn high silver - Group Dance Amateur Contemporary, gold - Modern Solo Character and Modern Solo Straight. Trophy - sectional winner 9-10 years. Isabella and Gabriela Cumberlege each received gold - Novice ballet solo, Novice Modern Solo and National Group Dance, silver - National solo. Anri van Zyl gold - Modern Solo and Modern Straight, silver - Contemporary Group (open mixed ages).

ATHLETICS: Ninke Scholtz has been selected for the EP Cross Country team to compete at SA Nationals in September.



Support our Sunridge golf day!
Exciting news!

Efficient Insure sponsors the following prize towards our golf day: R100 000 for the first hole-in-one (T&C apply)

Remember, any Sunshine Family member can contribute!!



ANY CASH DONATIONS
WELCOME!

R1000+ CASH DONATION:
child's name and/or business logo on
display banner
(complete form on link)

MARKETING OPPORTUNITIES STILL AVAILABLE!!

Anel @ anel.ferreira@ninetyone.com or Lizelle @ Lfarchitects@hotmail.com

**The prefects hope to see you there on Friday, 30 August
Be part of this fun event!**

Thank you to all our sponsors



Johan van Rensburg



Thank you to all our sponsors



Enrico Els

Grant Hartney



Thank you to all our sponsors



Louis Fourie



WEBER INDUSTRIES
SOLID WOOD FURNITURE

Thank you for your cash donations

Marlien en Lianie Grobler

Christiaan Barnard



ANY CASH DONATIONS WELCOME!

R1000+ CASH DONATION:
child's name and/or business logo on display banner

PHOTO GALLERY / FOTOGALLERY



KNOW YOUR STAFF

Staff Member: *Riette Neethling*

Early Life: I was born in Durban, whereafter we moved to a small town, Volksrust. We moved to Port Elizabeth in 1999.

Family Life: I have a wonderful Mom and Dad, I could not have asked for better. I have one brother who is a teacher at Westview school. I am engaged to Jarryd and we have been together for 15 years.

Career Life: I attended Framesby High School and studied education at NMMU. I started teaching at Sunridge in 2011

Accomplishments: Being a teacher.

Interesting facts about yourself: I am allergic to seafood and absolutely hate avocado's and olives. I also eat way to much chocolate.

Please answer the following questions:

- 1. What was your favourite TV show when growing up?** As a kid, I loved Recess and Sabrina.
- 2. Do you have any strange phobias?** I have a weird fear of deep water. I can swim but the thought of what's below makes me uneasy.
- 3. Are you addicted to any strange hobbies/activities?** I find gym and activities like running and cycling enjoyable. It allows me to feel energised and less stressed.
- 4. If you could have any one superpower, which would you choose?** I'd choose the power to fly. It would be incredible to travel the world and have a bird's eye view.
- 5. What is the first thing you notice about people?** I often notice a person's eyes first. They can tell you a lot about how someone is feeling.
- 6. What was the worst punishment you received in school?** The worst punishment I received was getting a ruler over my knuckles because I could not sit still.
- 7. What or who are you a secret fan of?** I'm a secret fan of cheesy 80s music.
- 8. What are the three things you still want to do in your life?** Travel overseas, complete an Ironman and learn to speak a new language.
- 9. What is the worst pet you have ever had?** I had a goldfish that never seemed to like me; it always swam away when I tried to feed it.
- 10. What do you prefer?** A. Beach or Bush B. Braai or Pizza C. Winter or Summer D. Movies or Series



KEN U PERSONEEL

FOKUS OP: *Marney Jooste*

VROEËRE LEWE: Ek is gebore en getoë in Pretoria. Ek was in Laerskool Stephanus Roos en Hoërskool Overkruin in die noorde van Pretoria.

GESINSLEWE: Albei my ouers en twee van my oumas was onderwysers, so onderwys is beslis in my bloed. Ek is in 2012 getroud en ek en Mnr Jooste spog met drie lewenslustige spruite. Ons oudste Christo in Gr 9 in Framesby, Cilliers die middelman en kleinsus Rieke in Gr 3 is beide in Sunridge.

LOOPBAAN: Ek het deur Noordwes Universiteit (Pukke) my B. ed Intermediêre graad voltooi en toe begin werk as Gr 5 Engels Eerste Addisionele Taal onderwyseres by my "ou" laerskool. Ek het vir sewe jaar hier skoolgehou en toe saam met my moeder Biekie skool, 'n super oulike kleuterskooltjie begin en daar gewerk by die Gr RR maats totdat ons gesin in Oktober 2019 na Port Elizabeth verhuis het. Ek is nou reeds ampterties 5 jaar by Sunridge as Gr 6 voogonderwyseres.

PRESTASIES: My grootste prestasie is my drie pragtige kinders (elke ma se uilskuikens is mos maar vir haar pragtige papegaaie) en my huwelik van vyftien jaar waar ek en Mnr Jooste darem nog so deur die warrelwind van werk en ouerskap nog so bietjie van mekaar hou.

INTERESSANTE FEITE OOR MYSELF: Ek hou nie van jellielekkers nie, maar jy kan my omkoop met 'n pak Ghostpops. Ek lees graag tot in die vroeë oggendure veral speurverhale.

Beantwoord asseblief die volgende vrae:

1. **Wat was jou gunsteling TV-program toe jy grootgeword het?** Ek het graag "Murder she wrote" en Ally McBeal gekyk.
2. **Het jy enige vreemde fobies?** Ek het nie 'n besondere liefde vir geitjies en spinnekoppe nie.
3. **Is jy verslaaf aan enige vreemde stokperdjies/ aktiwiteite?** My enigste stokperdjie is om my kinders se buitemuurse aktiwiteite by te woon.
4. **As jy enige superkrag kan hê, wat sou jy kies?** Ek sou onsigbaar wou wees wanneer ek dit verkies.
5. **Wat is die eerste ding wat jy van 'n mens raaksien?** Of hul oë opreg en vriendelik is wanneer hul my groet.
6. **Wat was die ergste straf wat jy op skool gekry het?** Ons moes tydens 'n veldskool in Graskop, PT doen 2:00 die oggend toe ons nie wou bedaar en slaap nie, dit was bitter koud ☺
7. **Wat, of wie, is jy 'n geheime aanhanger van?** The Block en Masterchef Australia.
8. **Wat is die drie dinge wat jy nog in jou lewe wil doen?** Ek en Mnr Jooste wil graag Las Vegas besoek en die kinders Disney World toe neem.... Ons sal wel die "Lotto" moet wen om dit in ons leeftyd te kan bekostig. Ek wil sodra Rieke deur Graad 4 is verder studeer.
9. **Wat is die ergste troeteldier wat jy ooit gehad het?** Ons huidige SPCA brakkie, sy is 'n meester in gate grou, gewoonlik onder deur die muur wat veroorsaak dat ons gereeld agter haar aanhardloop.
10. **Wat verkies jy?** A.Strand of **Bos** B.Braai or **Pizza** C.Winter of **Somer** D. Flieks of **Reekse**



Mnr /Mej Sonskynkaar tjies - Mr /Miss Sunshine tickets

MMS-kaartjies is by die skoolkantoor te koop van
06:30 tot 14:30 daagliks (Vrydae tot 13:00).

MMS tickets are on sale at the school office from
06:30 until 14:30 every day (Fridays until 13:00).



Sunridge
presents
Mr. and Miss Sunshine 2024
dressed in
A SPLASH OF COLOURS
on
3 Sept - Gr.1 to 3 ★ **4 Sept - Gr. 4 to 7**
at
18h30
tickets available at the office from
1 August 2024



RUGBY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A			
U/13B	NEWTON PARK	47 - 5	LENNOX O'LINSKY
U/13C			
U/11A			
U/11B	NEWTON PARK	50 - 0	MALAN MULLER
U/11C			
U/11D			
U/9A			
U/9B			
U/9C			
U/8 BLUE			
U/8 ORANGE			
U/7 BLUE			
U/7 ORANGE			



NETBALL			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A			
U/13B			
U/13C			
U/12A			
U/12B			
U/12C			
U/11A			
U/11B			
U/11C			
U/10A			
U/10B			
U/10C			
U/9A			
U/9B			
U/8A			
U/8B			
U/7A			
U/7B			



BOYS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A			
U/14B	CLARENDON	0 - 8	JONATHAN CLARKE
U/14C	LORRAINE D	6 - 1	REGHARDT VAN ZYL
U/14D	LORRAINE C	0 - 4	ETHAN NIENABER
U/11A			
U/11B			
U/9A			
U/9B			
U/8A			
U/8B			
U/7A			

GIRLS HOCKEY			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/14A			
U/14B			
U/14C	LORRAINE B	1 - 0	ARICIA DU TOIT
U/14D			
U/11A			
U/11B			
U/10A			
U/10B			
U/10C	PRIORY	0 - 3	CINTA JACOBSON
U/10D	PRIORY	5 - 2	HANNAH PABST
U/9A	SUMMERWOOD	4 - 1	VIVIAN KOCKOTT
U/9B	SUMMERWOOD	2 - 1	IVANKA LEE
U/9C	WILLOW ACADEMY	0 - 0	PEYTON TROLLIP
U/9D	WILLOW ACADEMY	1 - 2	HOLLI ZEVENSTER
U/8A			
U/8B			
U/7A			



TENNIS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
1ST TEAM MIXED	HERBERT HURD A	26 - 2	ANDRÉ STRYDOM
1ST TEAM MIXED	MT PLEASANT A	19 - 9	TIENKE GERBER



CHESS RESULTS			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
SENIOR			
JUNIOR			

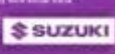
AUGUST SPECIALS

XL6 FROM ONLY **R4899*** PER MONTH
1.5 GL

INCLUSIVE
R10 000 WORTH OF GENUINE SUZUKI ACCESSORIES



Models shown may vary from actual stock

Tavcor 

10% DEPOSIT REQUIRED / 35% BALLOON
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 3523)

Jimmy FROM ONLY **R6999*** PER MONTH
5-door 1.5 GL

INCLUSIVE
FREE UPGRADE TO ALL-TERRAIN TYRES, TOWBAR AND RUBBER CARPETS



Models shown may vary from actual stock

Tavcor 

0% DEPOSIT REQUIRED / 48 MONTHS / GUARANTEES FUTURE VALUE
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 3523)

Baleno FROM ONLY **R3899*** PER MONTH
1.5 GL

INCLUSIVE
WIND DEFLECTORS AND ALLOY WHEELS FITTED



Models shown may vary from actual stock

Tavcor 

10% DEPOSIT REQUIRED / 35% BALLOON
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 3523)

Swift FROM ONLY **R3519*** PER MONTH
1.2 GL

INCLUSIVE
WIND DEFLECTORS AND ALLOY WHEELS FITTED



Models shown may vary from actual stock

Tavcor 

10% DEPOSIT REQUIRED / 35% BALLOON
T.B.C. applies A & B. Tavcor Motor Group (Pty) Ltd. an authorised financial services provider (FSP No. 3523)

PRICE LIST 2024

NEW ITEMS FOR SALE	PRICE
BLAZERS	R630.00/ R655.00
SCHOOL DRESSES (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R310.00 / R430.00
L/ SLEEVE NAVY SCHOOL JERSEYS (24, 26, 28, etc)	R265.00/ R295.00
POCKET BADGES FOR BOYS SUMMER SHIRTS	R30.00
LONG GREY SCHOOL SOCKS (9-12, 13-3, 4-7, 8-10, 10-12)	R70.00
BOYS TIE	R120.00
PT GOLF SHIRT (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L , XL, 2XL)	R195.00 / R210.00
HOUSE SHIRTS (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL ,2XL)	R195.00/ R210.00
RIPSTOP JACKETS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R360.00/ 450.00
RIPSTOP PANTS (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R270.00/ R315.00
GIRLS PT SHORTS	R160.00 / R175.00
BOYS PT / RUGBY SHORTS	R170.00 / R180.00
GIRLS HOT PANTS	R100.00
NAVY STOCKINGS (5-6, 7-8, 9-10, 11-12, S, M, L)	R85.00
POLAR FLEECE BLANKETS	R175.00
GR 7 NAVY PULLOVER (87, 92, 97, 102)	R210.00
GR 7 WHITE PREFECT PULLOVER (87, 92, 97, 102)	R255.00
RAMBLE SCHOOL BAG BRANDED	R720.00
RAMBLE SCHOOL BAG UNBRANDED	R700.00
LETTER LADY JUNIOR BAG	R410.00 (sold out)
SPORT TOG BAG	R310.00
RAMBLE DUAL SPORT BACK PACK (TENNIS/HOCKEY)	R350.00
SCHOOL PEAK CAPS	R80.00
ORANGE SCHOOL SILICONE SWIMMING CAP	R60.00
GIRLS/ BOYS BLUE HOCKEY SOCKS	R85.00
U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS	R85.00
WHITE ANKLE NETBALL/ TENNIS SOCKS	R60.00
U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS	R60.00
BOYS CRICKET SHIRTS (SUBLIMATED)	R295.00/ R305.00
RUGBY JERSEYS (SUBLIMATED)	R380.00/ R390.00
BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)	R300.00/ R305.00
BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)	R230.00/ R240.00
GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)	R300.00/ R305.00
GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)	R220.00/ R230.00

TERMS AND CONDITIONS

- DEBIT OR CREDIT CARD PAYMENTS
- ALL PRICES SUBJECT TO CHANGE - PRICES ABOVE VALID WHILE STOCKS LAST
- ANY ITEMS RETURNED MUST BE IN THE ORIGINAL PACKAGING WITH LABELS AND INVOICE
- 30 DAY EXCHANGE POLICY